RCPsych in Scotland
Winter Conference Conference

29 January 2027 | Radisson Blu Hotel, Glasgow
@RCPsychScot | #ScotWin27

Morning Programme: Chaired by TBC	
09:00 – 09:15	**Arrival / Registration**
09:15 – 09:20	**Welcome and introduction to the day** Dr Vivek Pattan, Academic Meetings Secretary, RCPsych in Scotland
09:20 – 09:35	**Resident Presentation 1: "Title"** Speaker to be confirmed
09:35 – 10:00	**Lived experience** Speaker to be confirmed
10:00 – 10:15	**Resident Presentation 2: "Title"** Speaker to be confirmed
10:15 – 10:45	**Working through: towards a contemporary medical psychotherapy** Dr Adam Polnay, Consultant Psychiatrist in Psychotherapy, The State Hospital (Carstairs), Clinical Lead for the NHS Lothian Psychotherapy Department. Psychotherapy Tutor for the South-East Scotland deanery. Honorary Senior Clinical Lecturer at the University of Edinburgh
10:45 – 11:05	**Comfort Break**
11:05 – 11:35	**Psychopathology, Violence and Risk Assessments: The Practising Psychiatrist's Dilemma** Dr Regi T Alexander FRCPsych, Consultant Psychiatrist, Hertfordshire Partnership University NHS Foundation Trust, Norfolk & Visiting Professor, School of Life & Medical Sciences, University of Hertfordshire.
11:35 – 12:15	**Keynote Presentation – *Challenges for AI in Mental Health: Bias, Trust and the Duty of Care*** Professor Shannon Valor FRSE, Baillie Gifford Chair in the Ethics of Data and AI, The University of Edinburgh | Co-Director, Centre for Technomoral Futures Edinburgh Futures Institute | Co-Director, UKRI BRAID (Bridging Responsible AI Divides) Programme
12:15 – 12:25	**RCPsych in Scotland Business Update** Chaired by Dr Jane Morris, Chair, RCPsych in Scotland
12:25 – 13:20	**Lunch**
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13:20 – 13:35	**Resident Presentation 3: "Title"** Speaker to be confirmed
13:40 – 14:25	**1. Parallel Sessions –** (delegates select one session)

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The RCPsychiS reserves the right to change the programme without prior notice.
1 point per hour of educational activity can be allocated, pending peer group review

Session A	**Measuring and reducing restrictive practice in Scotland** Professor John Crichton, Medical Director, Mental Welfare Commission for Scotland
Session B	**Session to be confirmed** Speaker to be confirmed
14:30 – 15:15	**2. Parallel Sessions –** (delegates select one session)
Session C	**Workshop on digital insomnia CBT-Sleepio** Ian Wood, Nishma Manek, Greig Thomson and Dimitri Gavriloff
Session D	**Do psychiatrists' professional identities predict performance in mental health services?** Graeme Martin PhD, Professor of Management, School of Business, University of Dundee
15:15 – 15:35	**Comfort Break**
15:35 – 16:35	**President's Lecture** Speaker to be confirmed
16:35 – 16:45	**Close and Prizes (including oral presentation from the poster prize winner)**
16:45 – 18:15	**Evening Social & Networking Reception**

The views expressed by speakers during presentations are their own and do not represent the views of the College.



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