

Better Data Better Care Conference

13 May 2021

Dr Adrian James, President, Royal College of Psychiatrists

About me

- **47th President** after winning the Presidential Election at the start of 2020.
- A **Forensic Psychiatrist** and front-line clinician for 36 years, served as the College Registrar for the previous 5 years
- My **priorities** as President are:
 - Equity between physical and mental health
 - Championing diversity
 - Supporting the workforce
 - Sustainability at the heart of all we do

Why is data important?

- Mental healthcare is uniquely dependent on **detailed patient narrative**.
- Patients' stories and important clinical information can **be fragmented across multiple fields**.
- Clinical interpretation of data enables clinicians to benchmark against their peers, helping to **drive up quality**.
- Currently available **Electronic Patient Records (EPRs)** make recording overly time consuming and difficult to use.
 - Considerable **time spent** entering information.
 - limiting ability to **extract relevant information** needed to monitor and manage the quality of care.

Why is data important?

- Health care **planning and delivery**.
- **Consistent reliable data** for mental health care lags behind other areas of healthcare.
- Reviewing data showing **recruitment, retention** and **morale of workforce, funding available** to deliver mental health services, and **leadership capability** across local areas is essential in understanding why some services are performing well, while others lag behind.



My experiences



- Transformation of cancer services
- Addressing stigma
- Consultations

Mental Health Watch



- Keeps you in touch with **how well mental health system in England is performing**.
- Produced by College and helps **track and analyse trends**, and **inform** about what data is saying.
- Mental Health Watch is a vital tool for **holding the government to account** on ambitions set out in Five Year Forward View for Mental Health and NHS Long Term Plan.
- Ensuring **reality** matches **rhetoric**.
- Relaunching in **June 2021**.

Video of how to use on the site: <https://mentalhealthwatch.rcpsych.ac.uk/video>

Mental Health Watch



New features (subject to roll out going smoothly!)

- New indicators that are **reflective of quality and safety** e.g. Care hours per patient per day
- New indicators that include **comparisons between White and BAME staff groups** taken on the advice of Presidential Leads for Race Equality.
- Making it easier to compare **recovery rates** between population groups.
- Embedding **national target data points** into relevant charts to allow users to see progress more clearly.
- Developing **local area reports**.

Future indicators we'd like to see

NHS Digital and **NHS England/Improvement** should prioritise the collection and recording of data across the following areas during **2021/22**:

1. Referral to treatment waiting times for access to evidence based **perinatal mental health services**.
2. Proportion of cases (adult and children and young people measured separately) who receive mental health treatment following a referral for mental health support from **learning and disability services**.

Future indicators we'd like to see

3. Collection and recording of **routine outcomes measures** for:

- a) perinatal mental health care
- b) children and young people's mental health care
- c) community mental health care
- d) adult crisis and acute mental health care
- e) integrated IAPT service
- f) adult eating disorder services, and
- g) tailored outreach and engagement for flu/COVID-19 vaccination and physical health checks.

RCPsych Research Panel



- Made up of **members** working within the NHS.
- **Quarterly surveys** on views on following areas:
 - Leadership
 - Funding
 - Workforce morale
 - Access & Quality

What next?

- College will shortly be publishing a **Position Statement on Open Data**. It will among several other things that provide **practical advice** including case studies to clinicians on how they can use data most effectively.
- Continuing to call for the **digital transformation** for mental health services.
 - **Remote consultations** – a new way for patients to engage with services on top of face-to-face consultation.
 - **Digital exclusion and inequalities**
 - **Global Digital Exemplars**
 - **Digital Aspirant programme**
 - **Modern electronic patient records**
 - **Mental Health Act assessments**

Any questions?

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