



Data driving development: Development driving data in Older Adult Services

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Outline

Examples of data having impact on clinical services

- Dementia diagnostic rates
- IAPT referrals
- Antipsychotic prescribing
- Benchmarking data

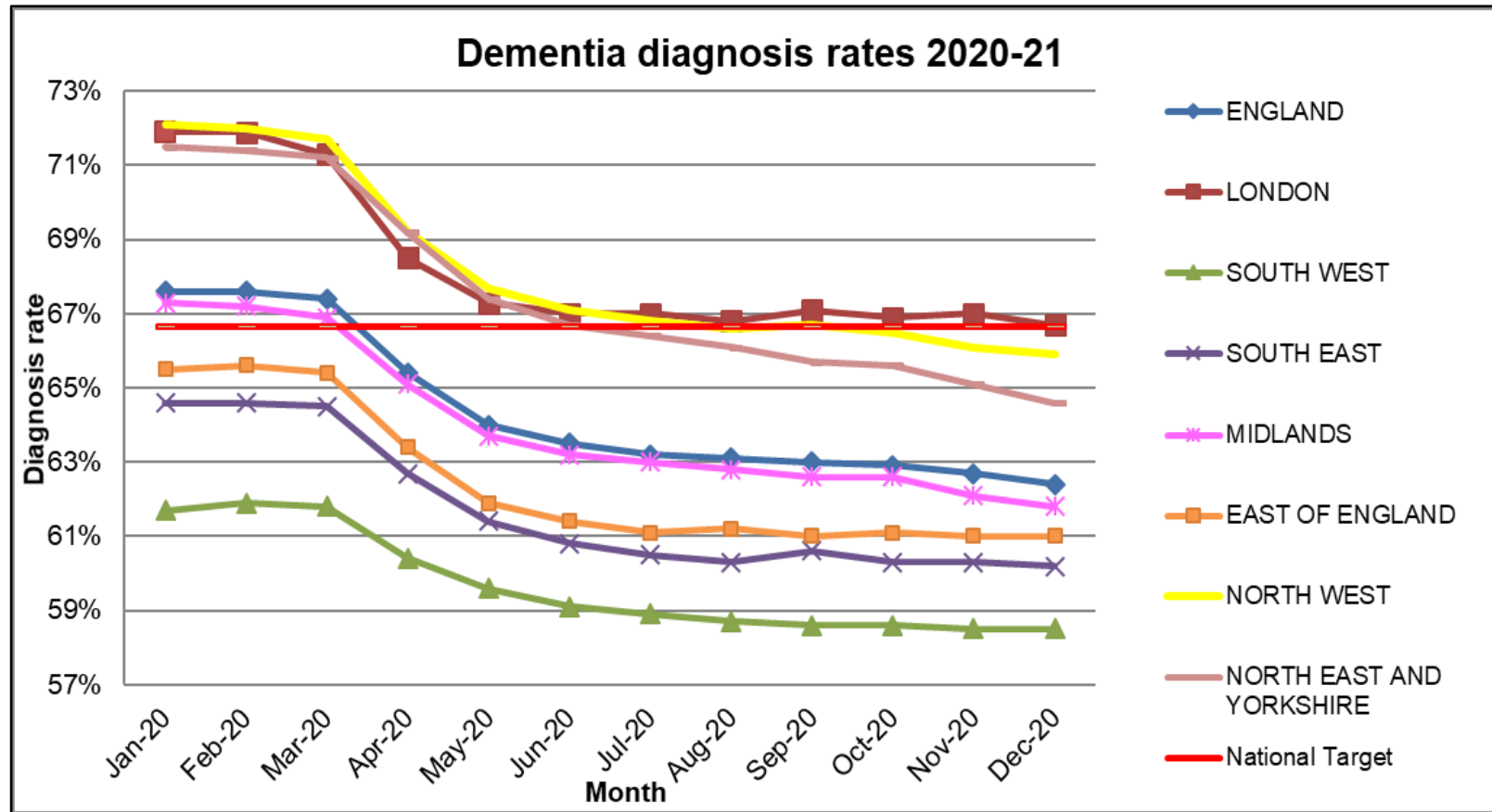
Examples where clinical services will develop data

- Community Mental Health Transformation

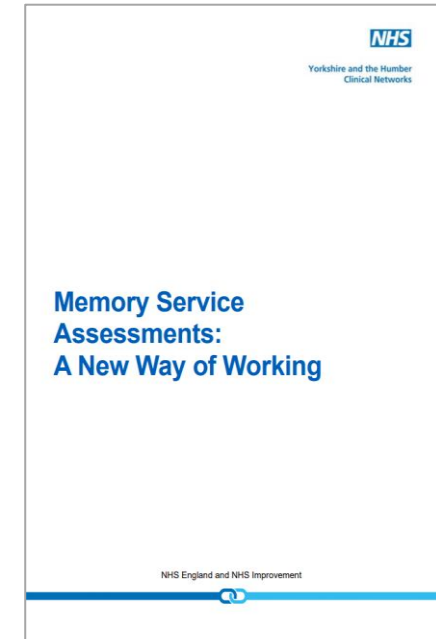
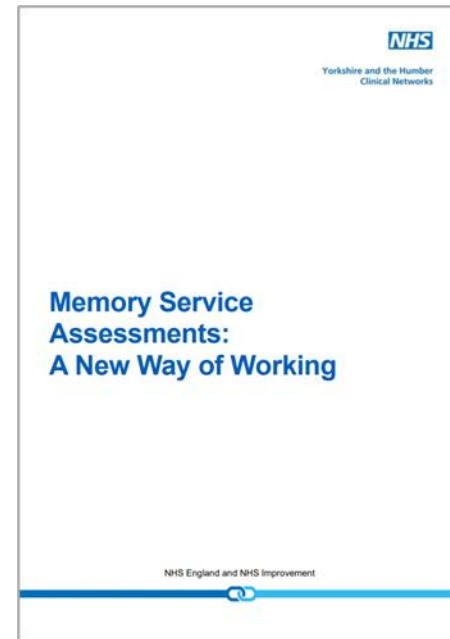
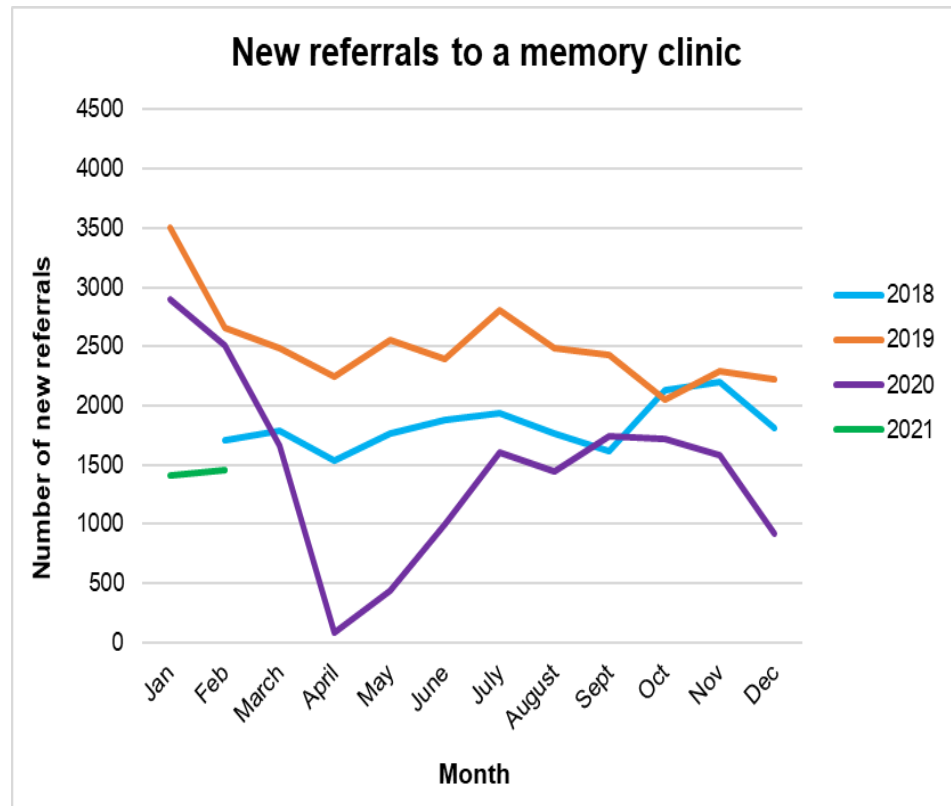
Future of data for Older Adult services



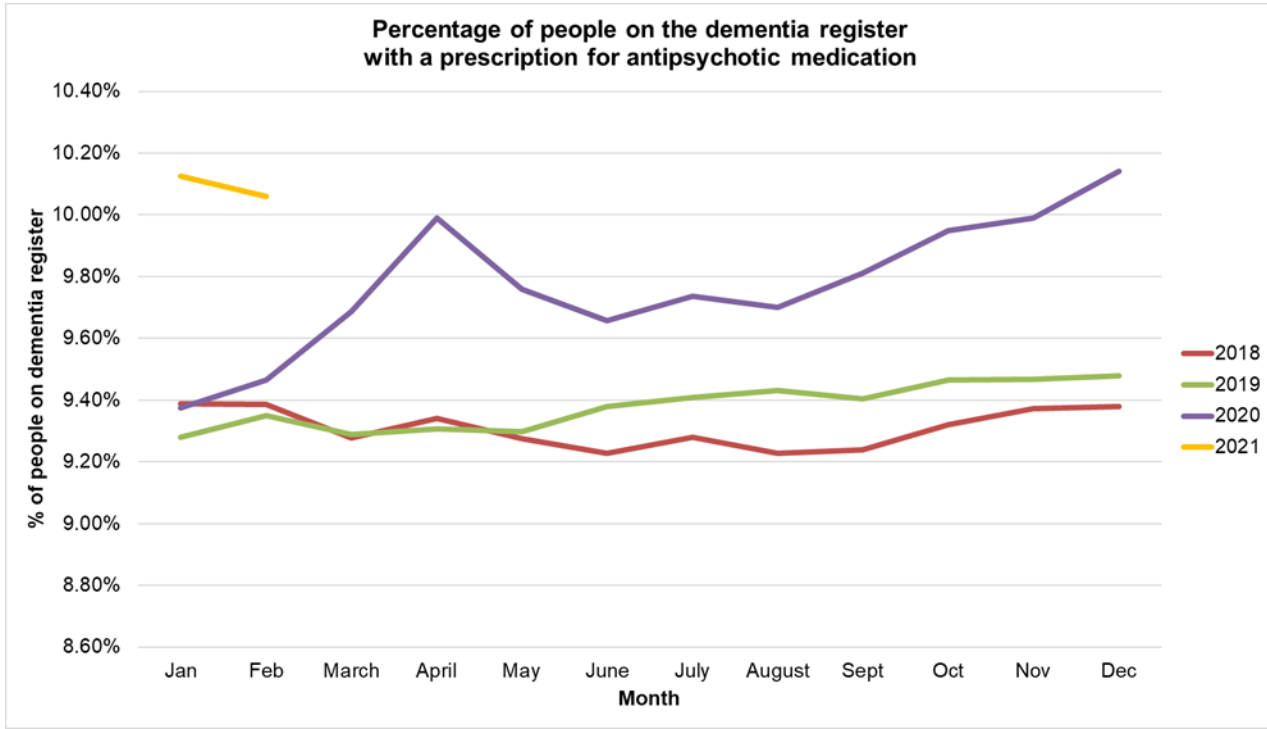
Dementia diagnosis rates



Data changing the ways memory services worked



Antipsychotic prescribing

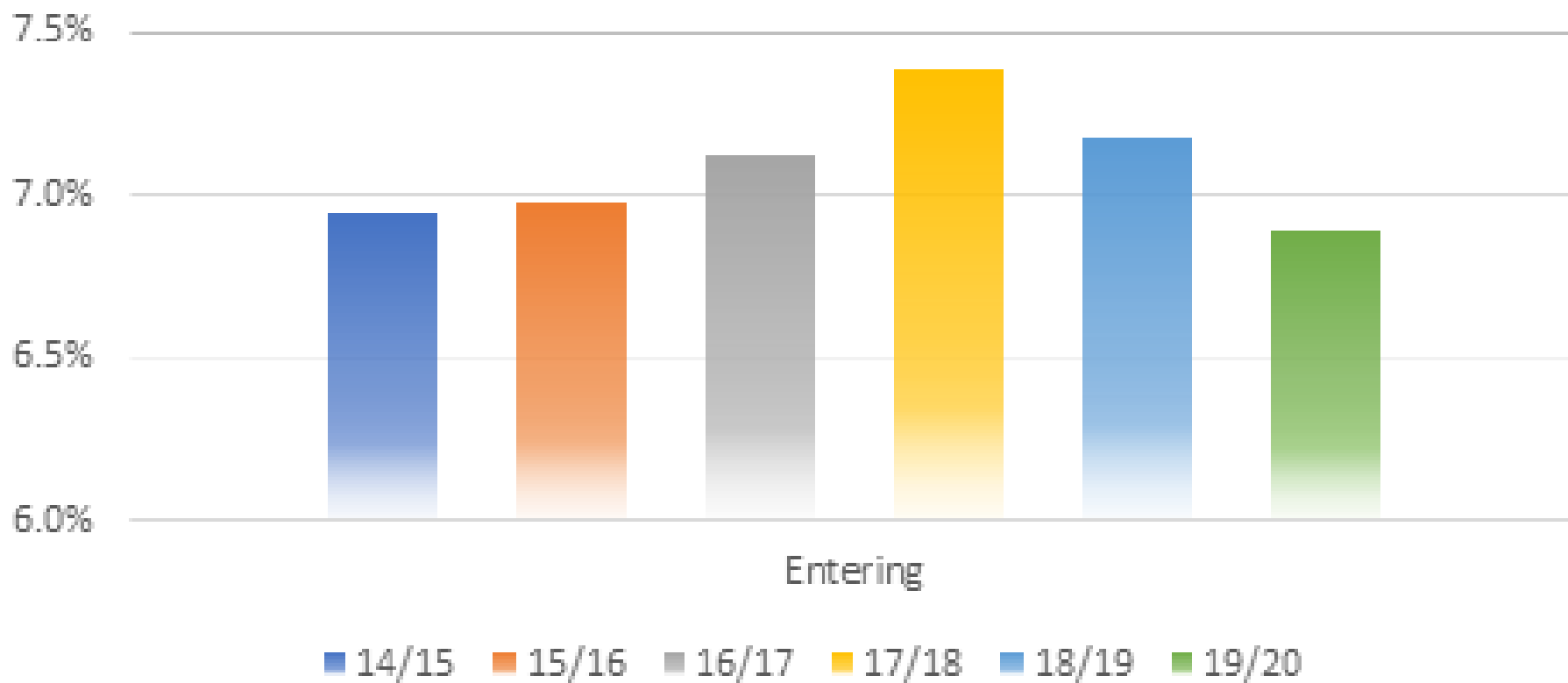


Public Health England: Dementia profile

<https://fingertips.phe.org.uk/profile-group/mental-health/profile/dementia>


Click 'START', switch from 'Overview' to 'Reports', to find the Antipsychotic Factsheet and the Covid impact factsheet



OVER 65 HAVING A FIRST IAPT TREATMENT AS A PROPORTION OF ALL FIRST TREATMENTS







NHS Benchmarking data

- Data from all Mental Health Trusts in England at 31st January 2020.
 - Further data collection conducted between April and November 2020
 - Data analysis included analysis of:
 - **Inpatient services** – activity, workforce and finance data, patient profiling and incident reporting
 - **Community services** – activity, workforce and finance data and patient profiling
 - **Crisis and liaison services** – service model and workforce
- 




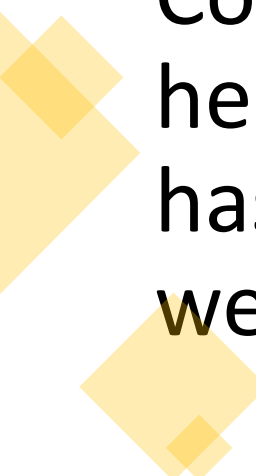
How benchmarking data can drive change in clinical services

- Variation in referrals accepted to **CMHTs- Use locally to compare with other Trusts**
 - Variation in number of contacts services have with patients -**Use locally to compare with other Trusts**
 - Evidence of need to upskill colleagues – **Development of training material**
 - Evidence of lack of access to crisis support for older people – **Use this to develop local services**
- 



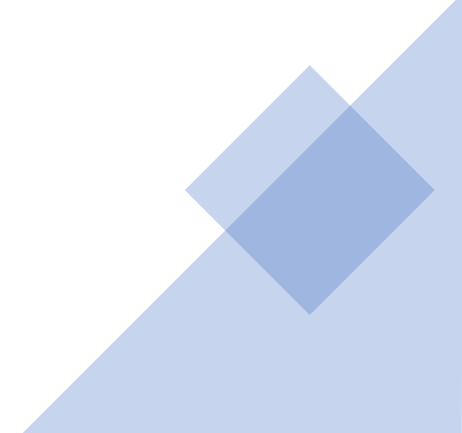
Data influencing the clinical plans for older adult Community Mental Health Services

- Population data – focusing on inequalities
 - Data on current OAMH services
 - Data on current OAMH workforce
- 



How will we know this
Community Mental
health transformation
has worked/is money
well spent ?

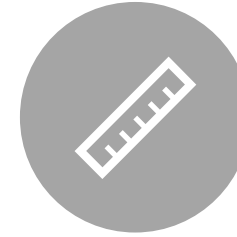
Data will be key

- Has there been improved access?
 - Has there been improved quality of care?
 - Has there been improved outcomes and experience of care?
 - How are we going to measure social interventions ?
 - What about data for older adults around the specialist services (Emotionally complex needs/Personality disorder services; Eating disorders; Rehabilitation) ?
- 

Outcomes: Factors to consider



DOES THE OUTCOME
MEASURE ADDRESS THE KEY
ISSUE?



WHAT DOES IT MEASURE –
SYMPTOMATOLOGY,
FUNCTIONING, EXPERIENCE,
PROCESS



WHO IS IT FOR? IF IT IS FOR
THE PERSON, IS IT ACCEPTABLE
FOR THEM , DOES IT MEASURE
MEANINGFUL CHANGE TO THE
PERSON?



IS THE OUTCOME MEASURE
VALID AND RELIABLE?



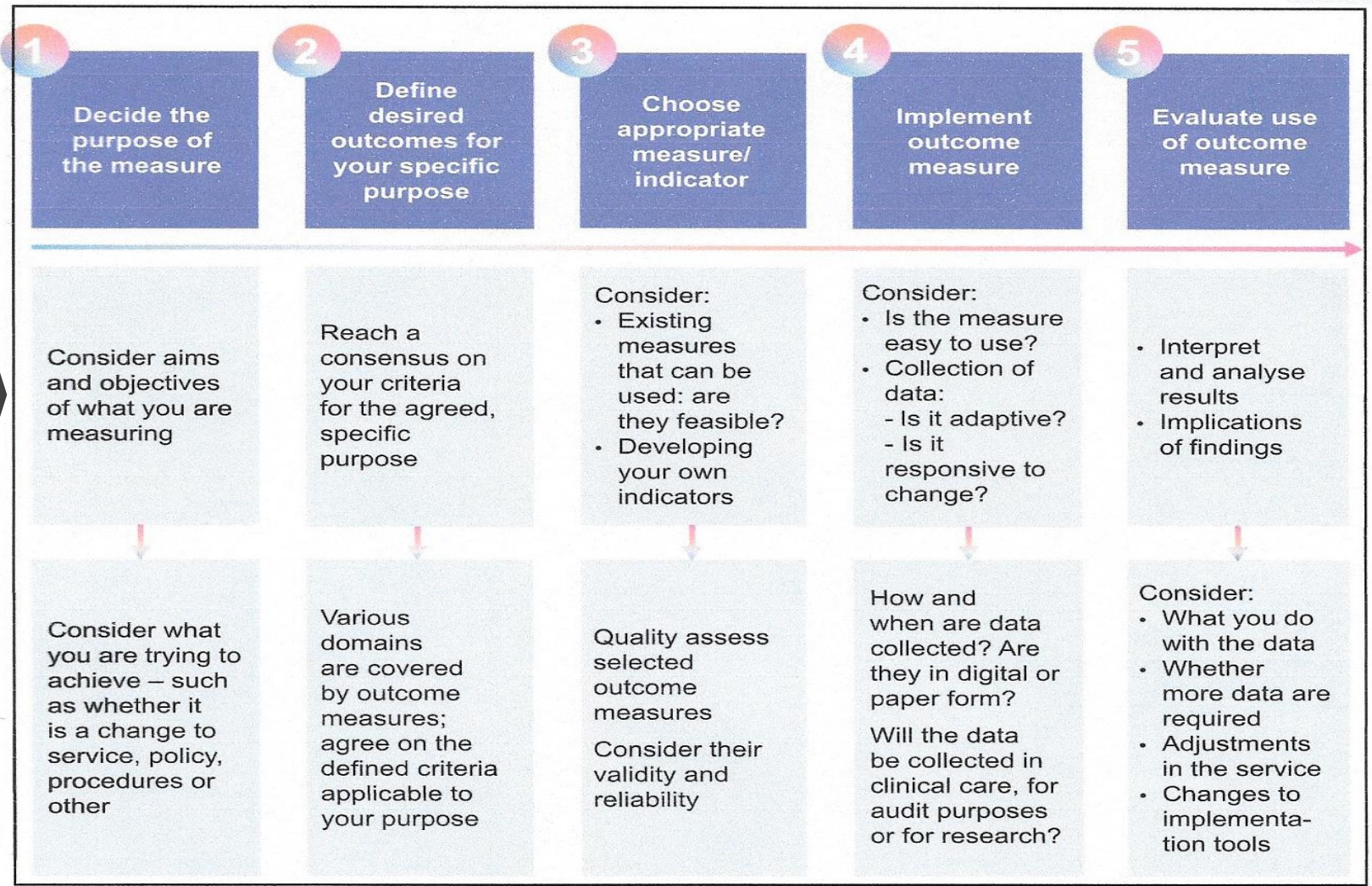
HOW IS IT USED ROUTINELY? IS
IT EASY / HOW LONG DOES IT
TAKE ?



FINANCIAL CONSIDERATIONS
SUCH AS LICENSING, TRAINING
, COSTS, ADDITIONAL TOOLS
REQUIRED.

The Framework for Community Mental Health for Adults and Older Adults: Support, Care and Treatment. Part 2. London: National Collaborating Centre for Mental Health; 2021.

Figure 3: Algorithm for selecting outcome measures



The Future

Record light and record once

- The new CMH service model needs to lead in the development of the data
- Co-production is essential to develop patient focused measures that are meaningful for older adults in your local area
- You will need to **adapt the data** as your services are developed
- Consider what systems or processes will be used to capture the data and what level they will be captured – this will vary between measures.
- Any data recorded has to be useful, relevant, comparable and manageable
- All providers including 3rd sector need to share the measurements and be able to input into the system whilst observing data protection principles

The Future-

It is our chance to improve the care for older adult's with mental health needs

- **Data will be key**
- You are the clinical experts
- You need to be involved

- If you want to discuss anything arising from this presentation please contact me at amanda.thompson@nhs.net

- Thanks to Vicky Cartwright and Alistair Burns for allowing me to use some of their slides