

## Free Members' Webinar: Caring for Carers in Psychiatry Training and Workforce

27 January 2022

### Resources for doctors in the UK

#### Policies supporting carer roles

GMC Strategy 2021-2025

[https://www.gmc-uk.org/-/media/gmc-site-images/about/how-we-work/corporate-strategy/corporate\\_strategy\\_document\\_final\\_en\\_04122020.pdf?la=en&hash=14FD21EE6A9161A4DB390AE2AFC3C470E50FB12D](https://www.gmc-uk.org/-/media/gmc-site-images/about/how-we-work/corporate-strategy/corporate_strategy_document_final_en_04122020.pdf?la=en&hash=14FD21EE6A9161A4DB390AE2AFC3C470E50FB12D)

Commitment to carers

<https://www.england.nhs.uk/wp-content/uploads/2014/05/commitment-to-carers-may14.pdf>

Carers toolkit

<https://www.england.nhs.uk/wp-content/uploads/2016/09/working-to-support-carers-esy-rd.pdf>

HEE

Ongoing review

<https://www.hee.nhs.uk/our-work/carers-self-care-volunteers-reviews>

NHS staff and learners Mental Wellbeing report

<https://www.hee.nhs.uk/sites/default/files/documents/NHS%20%28HEE%29%20-%20Mental%20Wellbeing%20Commission%20Report.pdf>

HEE workforce strategy 2018-2027

<https://www.hee.nhs.uk/sites/default/files/documents/Facing%20the%20Facts%2C%20Shaping%20the%20Future%20-%20a%20draft%20health%20and%20care%20workforce%20strategy%20for%20England%20to%202027.pdf>

Protection from discrimination as applicable for carers, Equality Act 2010

<https://www.carersuk.org/help-and-advice/work-and-career/other-rights-at-work/discrimination-under-the-equality-act-2010>

#### Working arrangements

Locum and LTFT

[https://www.copmed.org.uk/images/docs/publications/Guidance\\_on\\_Undertaking\\_Additional\\_Work\\_.pdf?fbclid=IwAR3gjRWp20SbkYacO8Ykrfqjll5iFiBPtHfkbL-o6rBNfKRll069mpYK9kl](https://www.copmed.org.uk/images/docs/publications/Guidance_on_Undertaking_Additional_Work_.pdf?fbclid=IwAR3gjRWp20SbkYacO8Ykrfqjll5iFiBPtHfkbL-o6rBNfKRll069mpYK9kl)

Carers passport

<https://www.gov.uk/government/publications/carers-passport>

<https://www.england.nhs.uk/supporting-our-nhs-people/how-to-guides/supporting-our-working-carers/>

## Resources

PSS, Psychiatric training service

<https://www.rcpsych.ac.uk/members/supporting-you/psychiatrists-support-service>

Professional support unit

<https://www.practitionerhealth.nhs.uk/health-education-england>

BMA Wellbeing

<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/counselling-and-peer-support-services>

Charities

<https://doctorshelp.org.uk>