



Royal College of Psychiatrists

**Physician Associates in Mental Health
Employers Seminar**

Friday 6 March 2020, London

BOOKLET

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General Information

Certificates

Certificates of attendance will be emailed to delegates after the conference. Please check your junk inbox as the email will come from noreply@rcpsych.ac.uk. Please add this to your safe sender list.

Accreditation

This event is eligible up to 4 CPD hours, subject to peer group approval.

Sessions

All sessions will take place on the first floor.

Registration desk

The registration desk will be located in the reception area on the ground floor.

Feedback

A detailed online feedback form can be found at <https://www.surveymonkey.co.uk/r/PAEMPLYRS>

All comments received remain confidential and are viewed in an effort to improve future meetings. If you wish to tweet about the event use @RCPsych.

Lunch and refreshment breaks

Lunch and refreshment breaks will be served in 1.2-1.4, on the first floor.

Queries

Please come to the conference registration desk on the ground floor if you require any assistance.

Cloakroom

The cloakroom can be found on the first floor, on the left near the entrance to Room 1.1.

Multi-faith room

This is located on the lower ground floor. Please ask a member of staff for access.

General Information

Fire exit

There is no scheduled fire alarm test for today. If the alarm sounds, please take the stairs to reception and out through the front doors (where you came in this morning). Then turn left and the assembly point is on the corner of Prescott Street and Chamber Street. There's an alternative exit at the back of the building. Diagrams can be seen on the fire route plans around the room.

Wifi

Network: RCPsych-Wifi Password: RCP19@w1f1

Speaker presentations

Delegates will be emailed a weblink for the conference evaluation feedback form and speaker presentations (where permission has been given) after the meeting.

Presentation Abstracts and Biographies

Welcome

Professor Wendy Burn

Professor Wendy Burn was appointed as a Consultant Old Age Psychiatrist in Leeds in 1990 and currently works part-time in a community post. She set up the Yorkshire School of Psychiatry and was the first Head of School. She became President of the Royal College of Psychiatrists in June 2017 and demits office in July. She is also the co-chair of the Gatsby / Wellcome Neuroscience Project focusing on the adoption and embedding of new Syllabus for the MRCPsych exam.

Lessons Learned from recruitment and deployment of Physician Associates

Dr Helen Crimlisk and Dr Indira Vinjamuri

Physician Associates have been trained in the UK for over a decade, however, their number has increased in recent years and the Royal College of Psychiatrists has a stated aim that 10% work in mental health services as part of the strategy outlined in the interim People Plan, to address the workforce deficits and to improve patient care.

I will outline briefly who Physician Associates are, what skills they can bring of relevance to mental health services and how to go about employing and supporting them. I will outline our journey so far in Sheffield Health and Social Care NHS Foundation Trust, the challenges we have faced and the benefits we have experienced through employing Physician Associates.

You can read and see more about our experience here: <https://www.hee.nhs.uk/our-work/mental-health/new-roles-mental-health/physician-associates-in-mental-health>

Dr Helen Crimlisk is a Consultant Psychiatrist and Deputy Medical Director at Sheffield Health and Social Care NHS Foundation Trust, Psychiatry Lead at Sheffield Medical School and Associate Registrar for Leadership and Management at the Royal College of Psychiatrists and chair the Leadership and Management Committee which is leading on the development of Physician Associates in Mental Health.

I have led on a number of education and workforce developments locally and nationally, including Physician Associates, Advanced Practice and Peer Worker roles and sit on the South Yorkshire and Bassetlaw Faculty for Advanced Practice. I am involved in supporting Quality Improvement., Service User Engagement & Experience and Leadership initiatives for trainees, SAS doctors and consultants.

Sheffield Health and Social Care Trust works closely with the Physician Associate Schools at Sheffield Hallam University and the University of Sheffield providing teaching and over 40 placement opportunities for PA students alongside 120 medical students from the University of Sheffield.

I have overseen the development of a Programme to support 4 Physician Associates working in mental health and a further 4 are about to start with us in Mar 2020. They work mainly in inpatient settings, where their skills are greatly appreciated supporting patients, doctors and the wider team.

Dr Indira Vinjamuri is a Consultant in General Adult Psychiatry at Mersey Care NHS Trust and Deputy medical director for Medical Education. She oversees undergraduate, foundation and postgraduate psychiatric training. She runs the physician associate student placements in mental health from local universities as well as has been involved in the appointment and management of substantive physician associates in mental health. She is the chair of the specialist advisory committee for general adult psychiatry at RCPsych.

Value of having a PA

Dr Declan Hyland and Mr Mohammed Uddin

I will provide an overview of my experience of supervising a Physician Associate (PA) in the general adult mental health setting. My PA, Mohammed Uddin, will be in attendance and will contribute to the session. Mohammed and I have been working together at Clock View Hospital since August 2018.

Dr Declan Hyland is a Consultant in general adult psychiatry who works in a busy general adult inpatient setting in Liverpool. Having completed his Core and Higher Training in the Mersey region, Dr Hyland has been a Consultant since August 2016.

In addition to his clinical duties, Dr Hyland has a keen interest in both undergraduate and postgraduate medical education.

Dr Hyland is the Deputy Director for Year 4 at Liverpool Medical School and is the undergraduate psychiatry lead for Liverpool. He is involved with question writing and question reviewing for the Medical Schools Council Assessment Alliance (MSCAA). He regularly supervises Year 4 and Year 5 Liverpool medical undergraduates.

Dr Hyland serves as a question writer and question reviewer for the national PA written exam and has been an Examiner for the national PA OSCE exam. He also writes questions and reviewing questions for the University of Liverpool's PA written exam and is an Examiner for Liverpool's PA OSCE exam.

Dr Hyland is a medical appraiser and a CESR Evaluator. He is regularly involved in National Recruitment interviews for Core Training and Higher Training and involved locally with ARCP reviews for Core and Higher Trainees working within Health Education North West (HENW).

Dr Hyland has a long history of actively involvement with the College, beginning with a term served on the Psychiatric Trainees Committee during his Core Training. He is currently appointed Chair of the North West Division and is the College's Specialist Advisor to the Pathfinder Fellowship. He also serves on the MRCPsych Clinical Topics Exam Panel and MRCPsych Quality Assurance Panel and is appointed as a member of the Trainees Support Group.

Away from psychiatry, Dr Hyland has a keen interest in most sports and enjoys going to the theatre and the cinema.

Integrating and Team Dynamics

Dr Ross Runciman and Dr Luke Baker

In this talk we will explore what it is like from our experience of joining new mental health teams and integrating in them.

Dr Ross Runciman is the current Chair of the Psychiatric Trainees' Committee (PTC). The PTC is a committee of trainee representatives from across the UK and is elected by local trainees in each division. He has been a member of the PTC since 2017, being elected Vice-Chair in 2018 and Chair in September 2019.

Dr Runciman graduated from Sheffield University in 2012 undertaking the foundation programme in Sheffield and Rotherham before moving to Gloucestershire for Core Psychiatry Training. After attaining MRCPsych in 2017, he began dual training in General Adult and Old Age Psychiatry in August 2018. Alongside clinical training Dr Runciman is passionate about clinical leadership and quality improvement. He is on the inaugural RCPsych Leadership & Management Fellow Scheme and chairs the Quality Improvement Inspiring & Driving Group (QIIDG) in his local trust.

Outside of work Ross' time is spent being walked by his dogs, Benji, Bowie & Bella in the Cotswolds.

Surg Lt Cdr Luke Baker is the current Vice-Chair of the Psychiatric Trainees' Committee (PTC). He was elected Secretary in 2018 and has represented London trainees since 2017. He has led on multiple projects, including the upcoming cost of training transparency document, workforce opportunities, recruitment and engagement.

Surg Lt Cdr Baker completed the St Andrews - Manchester medical programme. He joined the Royal Navy in his final year of medical school and completed his foundation programme at Frimley Park Hospital. On completion of F2, he completed Initial Officer Training at Britannia Royal Naval College (receiving the Captain's Personal Prize and Top Medical Officer Prize), and then spent about 2 years serving on Ships and Submarines around the world. He has undertaken all of his psychiatric training on the Maudsley Training Programme (receiving the highest mark nationally for general adult training at his ST interviews) and is currently a General Adult ST5 trainee.

Alongside his clinical training, he is currently in his first year of an MBA at the Durham University Business School, having received multiple scholarships.

Surg Lt Cdr Baker is also involved in multiple other committees, enabling him to engage with trainees and colleagues to improve training, trainee representation and patient care. He is the Secretary of the NATO Military Mental Health Panel and Co-Chairs the Higher Trainees' Committee of the Maudsley Training Programme. He launched a brand-new medical education scholarship programme and lecture series last year as the Co-Chair of the AOTP Trainees' Committee. He is passionate about teaching, and has acted as an Educational Supervisor, Firm Head and Balint Group facilitator at King's College London Medical School, has received a teaching excellence nomination and is also on the committee of the Institute of Psychiatry, Psychology and Neuroscience (IoPPN) Summer School.

Surg Lt Cdr Baker enjoys engaging with trainees, medical students and foundation doctors at Summer Schools and Welcome Events. He also enjoys travel, spending time outdoors and adventure training.







