



Programme Overview

*All session times are based on British Summer Time (BST)

JUNE		Clinical Practice	Clinical Practice	Psycho-pharmacology	Leadership and Management	Education and Training	Congress Lounge	RCPsych Lounge <small>(Zoom or Microsoft Teams Meetings)</small>
21	MONDAY							
	(BST)							
08:00 – 09:00		Registration						
09:05 – 09:30		KN1 President's Opening Lecture Chair: Dr Jan Falkowski, Treasurer Royal College of Psychiatrists Speaker: Dr Adrian James, President Royal College of Psychiatrists					—	—
09:30 – 10:00		KN2 Social Justice, Health Equity and COVID-19 Chair: Dr Shubulade Smith, Congress Co-Chair Speaker: Professor Sir Michael G. Marmot MBBS, MPH, PhD, FRCP, FFPHM, FMedSci, FBA Director of the Institute of Health Equity (UCL Department of Epidemiology & Public Health)					—	—
10:05 – 11:20		S1 Trauma, Suicide and Resilience: Lessons from War for Civilian	S2 Health Anxiety: The Silent Epidemic That Can Be Treated Easily	TC1 Treatment Resistant Psychosis Part 1	S3 Leadership Development for Psychiatrists	S4 "How to Be Both": Psychiatrists' Lived Experience of Mental Illness	CL1 Meet the Expert Q&A with Professor Sir Michael Marmot	Specialty Training Drop In (10:00 – 11:00) Ask the Managing Editors (11:30 – 11:45)
11:20 – 11:50		Break						
11:55 – 13:10		S5 The Mental Health of Women and Girls During the COVID-19 Pandemic (Submission from Women and Mental Health Sig)	S6 Addressing Substance Misuse in LGBT+ Communities	TC1 Treatment Resistant Psychosis Part 2	S7 Unmuting and Teaming Up — Reflections on Leadership Challenges as a Mental Health Medical Directors Forum	MC1 Approaches to Managing Bullying and Undermining in the Workplace	CL2 Ethnicity and Mental Illness: Inequality & Inequity	—
13:10 – 14:00		Lunch					Guided Walk	Meet the PTC Officers and Careers Drop In (13:00 – 14:00)
13:30 – 14:00		Maternal and (Peri)Natal Health Rapid Fire Posters	Promoting High Quality Training and Practice: 1 Rapid Fire Posters	Psychosis and Related Experiences Rapid Fire Posters	Workforce Resilience and Well-being: 1 Rapid Fire Posters	—	—	—
14:05 – 14:35		KN3 Coming to Terms with Covid: Many Different Kinds of Love Chair: Professor Femi Oyeboade Speaker: Michael Rosen, Author and Poet					—	Curricula Hour (14:00 – 15:00)
14:35 – 15:05		KN4 Neuroscience of Addiction: Where Are We? Chair: Professor Julia Sinclair, Chair Addictions Faculty, Royal College of Psychiatrists Speaker: Professor Anne Lingford-Hughes, Head, Centre for Psychiatry and Professor of Addiction Biology at Imperial College London					—	Meet the Librarian: Accessing Online Research (14:30 – 15:00)
15:05 – 15:25		Break						
15:25 – 16:40		S8 Did We Do Enough? The Psychosocial Impact of COVID-19 on Healthcare Workers — Evidence, Interventions, and Policy Implications	S9 Towards Sustainable and Scalable Mental Health Services in Africa	S10 Cardiac and Metabolic Parameters and Antipsychotic Drug Treatment	MC2 Lessons in Leadership — Learning from the RCPsych Leadership and Management Fellow Scheme and Beyond	S11 Undergraduate Psychiatry in a Virtual World: A Guide for Educators	CL3 Meet the Expert Q&A with Michael Rosen and Professor Anne Lingford-Hughes	—
16:40 – 16:50		KN5 Chief Executive's Address Chair: Professor Subodh Dave, Dean Elect Royal College of Psychiatrists Speaker: Paul Rees, Chief Executive of the Royal College of Psychiatrists					—	—
16:50 – 17:00		Break						
17:00 – 18:00		Comedy Show Featuring Marcus Brigstocke and Rachel Parris	Cured: Meet the LGBTQ Activists Who Refused to Accept Psychiatry's Mental-Illness Label and Changed History	Salsa Dancing	Tics, Jazz and Civil Rights	Therapeutic Yoga for Mental Well-being	—	—
Legend		● Auditorium	● Poster Hall	● Congress Lounge	● RCPsych Lounge	● Congress Fringe	CL = Congress Lounge, KN = Keynote, MC = Master Class, S = Session, TC = Training Course	

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JUNE		New Science	Disorders at the Interface of Neurology and Psychiatry	Psycho-pharmacology	Policy and Media / Clinical Practice	Congress Lounge	RCPsych Lounge <small>(Zoom or Microsoft Teams Meetings)</small>	
22	TUESDAY <small>(BST)</small>							
08:00 – 09:00							Bringing Your Whole Self to Work	
08:30 – 09:00		New and Emerging Treatments Rapid Fire Posters	COVID-19: Psychiatric Impact on Patients and Services: 1 Rapid Fire Posters	Promoting High Quality Training and Practice: 2 Rapid Fire Posters	Other: 1 Rapid Fire Posters			
09:00 – 09:30		KN6 When We're over Covid- What Have We Learned in Mental Health Chair: Dr John Crichton, Treasurer Elect Royal College of Psychiatrists Speaker: Sir Graham Thornicroft, Professor of Community Psychiatry, King's College London					Let's Talk about CESR <small>(9:00 – 10:00)</small>	
09:30 – 10:00		KN7 Molecular Mechanisms of Gene X Early Adversity Interactions: Implications for Psychiatric Disorders Chair: Professor Ian Jones, Congress Co-chair Speaker: Professor Elisabeth Binder, Director, Dept. of Translational Research in Psychiatry Max-planck Institute of Psychiatry					Meet the Librarian: Accessing Online Research <small>(9:30 – 10:00)</small>	
10:05 – 11:20		S12 Vitamin D: Mind and Body	TC2 Disorders at the Interface of Neurology and Psychiatry	S13 The Art and Science of Deprescribing Psychotropic Medication	S14 Social Media and Mental Health in Young People	S15 Mental Health Care for Underserved Populations — Ethnic, Racial, and Linguistic Inequalities	CL4 Meet the Expert Q&A with Professor Elisabeth Binder	
11:20 – 11:50		Break						
11:55 – 13:10		S16 Latest Developments in the Neurobiology of Obsessive Compulsive Disorder	TC2 Disorders at the Interface of Neurology and Psychiatry	S17 Onset of Effect of Lithium in Affective Disorders	S18 Money and Mental Health — Keeping Up with a Rapidly Changing Policy Environment	MC3 When Depression Is Proving Difficult to Treat	CL5 The College and Looking to the Future	Medical Training Initiative Q&A Session <small>(12:30 – 13:30)</small>
13:10 – 14:00		Lunch					Guided Walk	
13:30 – 14:00		Digital Technology: Advances in Healthcare and Training: 1 Rapid Fire Posters	Brain Development, Biomarkers, and Cognition: 1 Rapid Fire Posters	Service Innovation: 1 Rapid Fire Posters	Medication Management: 1 Rapid Fire Posters	Physical Health: 1 Rapid Fire Posters	Meet the Chief Examiner <small>(13:00 – 14:00)</small>	
14:05 – 14:35		KN8 How Do Antidepressants Work? Chair: Professor Hugo Critchley Speaker: Professor Catherine Harmer, Professor of Cognitive Neuroscience, University of Oxford						
14:35 – 15:05		KN9 Genes, Environment, and Eating Disorders: What the Clinician Needs to Know Chair: Professor Ian Jones, Congress Co-chair Speaker: Professor Cynthia M. Bulik, PhD, University of North Carolina at Chapel Hill and Karolinska Institutet					Curricula Hour <small>(14:00 – 15:00)</small>	
15:10 – 16:25		S19 Neurobiology and Treatment of Addictions: From Substances to Behaviours	TC2 Disorders at the Interface of Neurology and Psychiatry	S20 Maternal Affective Disorders and Neonatal-infantile Development	S21 Psychotherapy Practice: UK and US Perspectives	S22 The Role of Sleep in Mental Health Disorders	CL6 Meet the Expert Q&A with Professor Cynthia Bulik and Professor Catherine Harmer	
16:25 – 16:45		Break						
16:45 – 18:00		S23 Racism, Equity and Mental Health	TC2 Disorders at the Interface of Neurology and Psychiatry	S24 Gambling Disorder in the UK: An Overview of Current Treatment and Policy	S25 180 th Celebratory Session	S26 "We Need to Talk about Weed"— Public Health and Mental Health Implications of High Potency Cannabis	CL7 Research Integrity and Publication Ethics — an International Panel of Editorial Experts: The Big Picture, Small Case Pictures, and How to Create and Ensure a Masterpiece	Specialty Training Drop In <small>(16:00 – 17:00)</small>
Legend		● Auditorium ● Poster Hall ● Congress Lounge ● RCPsych Lounge ● Congress Fringe CL = Congress Lounge, KN = Keynote, MC = Master Class, S = Session, TC = Training Course						

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23	WEDNESDAY <small>(BST)</small>							
08:00 – 08:30		Therapeutic Yoga for Mental Well-being					—	—
08:30 – 09:00		Neurodevelopmental and Impulsive Problems: 1 Rapid Fire Posters	Medication Management: 2 Rapid Fire Posters	Service Innovation: 2 Rapid Fire Posters	Brain Development, Biomarkers, and Cognition: 2 Rapid Fire Posters	Digital Technology: Advances in Healthcare and Training: 2 Rapid Fire Posters	Turtle Song	
09:00 – 09:30		KN10 Untangling Complexity in Our Patients: Trauma and Neurodevelopment Chair: Dr Shubulade Smith, Congress Co-Chair Speaker: Professor Helen Minnis, Child and Adolescent Psychiatry, Institute of Health & Wellbeing, University of Glasgow					—	Specialty Training Drop In <small>(9:00 – 10:00)</small>
09:30 – 10:00		KN11 in Conversation With... Chair: Dr Adrian James, President Royal College of Psychiatrists Speaker: Dr Fiona Godlee, Editor in Chief, the BMJ					—	
10:05 – 11:20		S27 Virtual Reality in Mental Health — Innovation or Gimmick?	MC4 De-prescribing Psychotropic Medication — Learning from a Tale of Two Countries	S28 Improving Quality and Reducing Variation in Mental Health Services	S29 The Changing Landscape of Publishing and Plan S — Where Should I Publish — a Guide for Students, Trainees, and Junior/Senior Researchers	S30 Early Life Stress in Severe Affective Disorders: From Neuroscience to Treatment	CL8 Meet the Expert Q&A with Professor Helen Minnis	—
11:20 – 11:50		Break						
11:55 – 13:10		MC5 Neuromodulation for Mental Illness: An Update	S31 Schools-based Mental Health Research Across the UK	S32 Improving Sexual Safety in Mental Health Inpatient Settings	S33 Research Training: A Session for Medical Students, FY Doctors, and Psychiatry Trainees	S34 Suicide, Mental Capacity and the Law	CL9 Life Course Psychiatric Research: New Horizons, New Perspectives and New Directions	The RCPsych's 3 Year International Strategy – 1 Year In <small>(12:30 – 13:30)</small>
13:10 – 14:00		Lunch					Guided Walk	Update on the RCPsych Equality Strategy and Careers Drop In <small>(13:00 – 14:00)</small>
13:30 – 14:00		Physical Health: 3 Rapid Fire Posters	Service Innovation: 3 Rapid Fire Posters	Obsessive-compulsive Disorders Rapid Fire Posters	Medication Management: 3 Rapid Fire Posters	Promoting High Quality Training and Practice: 3 Rapid Fire Posters	—	—
14:05 – 14:35		KN12 The Social Determinants of Mental Illness Chair: Dr Kate Lovett, Dean Royal College of Psychiatrists Speaker: Dr Vivian Pender, President Elect APA					—	Curricula Hour <small>(14:00 – 15:00)</small>
14:35 – 15:05		KN13 Reflecting and Looking Forward: The Impact of the COVID-19 Pandemic upon Mental Health Chair: Dr Adrian James, President Royal College of Psychiatrists Speaker: Professor Chris Whitty, Chief Medical Officer for England and Chief Medical Adviser to the UK Government					—	Meet the Librarian: Accessing Online Research <small>(14:30 – 15:00)</small>
15:05 – 15:25		Break						
15:25 – 16:40		S35 Neurofeedback, Biofeedback and Body-contingent Approaches to Affective and Neuropsychiatric Symptom Management: New Neuroscience and Clinical Applications	S36 Dimensional and Categorical Psychopathology in Youth: Cognitive and Brain Imaging	S37 'When Times Change, so Must We' — How Clinicians Can Help Patients Have a Better Experience of Mental Health Services	MC6 The Nature of Suicide and Work with Those Bereaved by a Doctors Suicide	S38 Optimising Psychotropic Medication: Making Rational Medication Decisions	—	—
16:40 – 17:00		Break						
17:00 – 18:00		Wine Tasting	From the Back-wards to Community Transformation, Using Music to Explore the Human Experience	Poetry Corner — the Poetry of Disquiet	The Undercroft Trio Recital	How Dance Affects Our Mental and Emotional Health <small>(17:10 - 17:35)</small>	—	—
Legend		<ul style="list-style-type: none"> ● Auditorium ● Poster Hall ● Congress Lounge ● RCPsych Lounge ● Congress Fringe CL = Congress Lounge, KN = Keynote, MC = Master Class, S = Session, TC = Training Course						

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24	THURSDAY							
	(BST)							
08:00 – 09:00	I think this needs a referral to the Conspiracy Clinic ...						—	—
08:30 – 09:00	Workforce Resilience and Well-being: 2 Rapid Fire Posters	Physical Health: 4 Rapid Fire Posters	COVID-19: Psychiatric Impact on Patients and Services: 2 Rapid Fire Posters	Service Innovation: 4 Rapid Fire Posters	Other: 2 Rapid Fire Posters	—	—	
09:00 – 09:30	KN14 Clinging on in Covid Times Chair: Dr Trudi Seneviratne Registrar Royal College of Psychiatrist Speaker: Dr Rachel Clarke, Palliative Care Doctor and Author						—	—
09:30 – 10:00	KN15 Speaking the Unspoken — Culture, Trauma and Perinatal Psychopathology Chair: Dr Regi Alexander, Associate Dean for Advanced Learning and Conferences Speaker: Professor Prabha Chandra, Professor of Psychiatry, National Institute of Mental Health and Neurosciences, Bangalore						—	—
10:05 – 11:20	S39 Complex Journeys from Hospital to Community	S40 Clinical Update on ADHD Across the Lifespan: Bap and Other Guidelines	S41 Activist Psychiatrists and the Climate and Ecological Emergency	S42 Challenging Stigma, Managing Bias and Balancing Risks: Enhancing Clinical Assessment Through the Concept of Epistemic Injustice	MC7 How to Make Friends and Influence People: A Psychiatrists Guide to Lobbying and Campaigning	CL11 Meet the Expert Q&A with Professor Prabha Chandra	Let's Talk about CESR (10:00 – 11:00)	
11:20 – 11:50	Break							Specialty Training Drop In (11:00 – 12:00)
11:55 – 13:10	S43 Different Views on Violence Risk Assessments	S44 Psychopharmacology of Neuropsychiatric Conditions	S45 Better Data, Better Care: Improving Quality of Care Using Data	S46 Developments in Mental Healthcare for Asylum Seekers and Refugees in Western Countries — the Science and the Politics: An International Perspective	S47 Lessons from Volunteering in Humanitarian Psychiatry in Conflict & Disaster Zones	CL12 Child and Adolescent Mental Health in the modern world: trauma, resilience and stories from Palestine	—	
13:10 – 14:00	Lunch						Guided walk	Meet the College Officers and Careers Drop In (13:00 – 14:00)
13:30 – 14:00	Neurodevelopmental and Impulsive Problems: 2 Rapid Fire Posters	Physical Health: 5 Rapid Fire Posters	COVID-19 and Workforce Impact Rapid Fire Posters	Physical Health: 2 Rapid Fire Posters	COVID-19: Psychiatric Impact on Patients and Services: 3 Rapid Fire Posters	—	—	
14:05 – 14:35	KN16 Rapid-acting Antidepressants: New Treatments, New Hope, and New Insights into the Brain Chair: Professor Hugo Critchley Speaker: Dr John Krystal, Robert L. McNeil, Jr, Professor of Translational Research and Professor of Psychiatry and of Neuroscience; Co-Director, Yale Center for Clinical Investigation; Chair, Department of Psychiatry						—	Curricula Hour (14:00 – 15:00)
14:35 – 15:05	KN17 Insight into Neuropsychiatric Disorders from the Study of Rett Syndrome Chair: Dr Regi Alexander, Associate Dean for Advanced Learning and Conferences Speaker: Professor Huda Zoghbi, Professor of Pediatrics, Molecular and Human Genetics, Neurology and Neuroscience at Baylor College of Medicine and Winner of the 2020 Brain Prize						—	
15:10 – 16:25	S48 Medical Psychotherapy and Its Relevance to Modern Psychiatry	S49 Clinical Applications of New Genetic Findings	—	S51 Digital Psychiatry and the Service User Experience in a Pandemic	S52 Learning from the Asylum Era: The Patients' Voice Was Loud and Clear, but Did We Hear It?	CL13 Meet the Expert Q&A with Professor Huda Zoghbi and Dr John Krystal	—	
16:25 – 16:45	Break							
16:45 – 18:00	S53 Religious Delusions and Hallucinations: Significance, Meaning, and Narrative	S54 Care of Adult Mental Ill — Health: Getting It Right from the Start.	—	S56 How to Work with Homeless People	S57 Spotlight on Dual Diagnosis	—	—	
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