

	Sunday 16 June
5.00pm	Pre-registration
5.00pm – 6.30pm	Welcome drinks reception
6.00pm – 8.00pm	Fringe: Mindmasters

	Monday 17 June				
	Clinical practice	Clinical practice	New science	Education and training	Quality improvement
8.00am – 10.00am	Registration				
10.00am – 11.15am	The sexual and reproductive health needs of people with psychiatric illness (179)	The importance of early childhood to mental health in later life: the case for action (192)	Challenges with adolescent inpatient care and developing the evidence base for alternatives to admission (85)	Help me please! I've been asked to review a paper (234)	Launch of RCPsych guidance for mental health organisations regarding staff support following a patient suicide. A prevention and postvention framework (37)
11.15am – 11.45am	Break				
11.45am – 11.55am	Welcome address				
11.55am – 12.25pm	KN1 President's opening lecture Dr Lade Smith CBE, President, Royal College of Psychiatrists				
12.25pm – 12.55pm	KN2 Age of onset and cumulative risk of mental disorders: a concise update Professor John J. McGrath, Queensland Centre for Mental Health Research, and National Centre for Register-based Research, Aarhus University				
12.55pm – 1.55pm	Lunch				
1.05pm – 1.55pm	Fringe: Unleash the power of media mastery – an introduction to becoming a media spokesperson			Fringe: Climate Café	
1.05pm – 1.55pm	Student and trainee lounge				
1.20pm – 1.50pm	Rapid fire poster presentations				
2.00pm – 3.15pm	Treatment resistant psychosis: part one (50)	Childhood trauma and psychosis: how abuse and neglect contribute to psychotic illness and its treatment outcomes (54)	Sleep, circadian rhythms and mental health (15)	Preparing psychiatrists for 21st Century health care – why is data and digital literacy important? (101)	Getting the right care from the very start - digital psychiatry advances in risk prediction and clinical decision making at first presentation of psychosis (253)
3.25pm – 4.40pm	Treatment resistant psychosis: part two (49)	Just keep swimming: a survival guide for doctors under investigation (35)	Advances in neuromodulation for obsessive-compulsive disorder (277)	Publishing in the College journals: scope, scholarship and success - an educational session for all College members throughout their career (75)	Could it happen here, and would you know? Safety standards in mental health services (257)
4.40pm – 5.10pm	Break				
5.10pm – 5.40pm	KN3 Personality disorders and complex trauma unlocked: how to work with universal emotional needs Professor Emeritus Arnoud Arntz, University of Amsterdam				
5.45pm – 7.00pm	Fringe: Creative arts: an antidote to existential despair			Fringe: Stand up for Mental Health!	

	Tuesday 18 June				
	Clinical practice	Clinical practice	Clinical practice	Psychopharmacology	Policy and media
8.00am – 9.00am	Registration				
8.00am – 8.45am	Fringe:		Fringe:	Fringe: Congress run	
9.00am – 9.30am	KN4 Advancing depression genetics research and putting it to good use Professor Andrew M McIntosh, Division of Psychiatry, University of Edinburgh				
9.30am – 10.00am	KN5 An improbable psychiatrist - a patient's memoir Dr Rebecca Lawrence, Consultant Psychiatrist, NHS Lothian				
10.00am – 10.30am	KN6 The role of Orexin in sleep/wake regulation: a paradigm shift Professor Ramalingam N Chithiramohan MBBS FRCpsych				
10.30am – 11.00am	Break				
11.00am – 12.15pm	Menopause - what EVERY psychiatrist needs to know (246)	Mental health of asylum seekers and refugees: the present challenges and future opportunities - what the psychiatrists need to know (143)	Autoimmune encephalitis for the psychiatrist – findings and proposals from the RCPsych national working group (29)	The art, science and practice of deprescribing antidepressants, benzodiazepines, z-drugs and gabapentinoids in clinical practice: The Maudsley Deprescribing Guidelines approach (25)	England's disordered eating landscape in young people: current challenges and dilemmas (163)
12.25pm – 1.40pm	Eating disorders don't discriminate: food and body image issues in people of colour (5)	Ten things every psychiatrist should (hopefully) know... (152)	Why should research matter to psychiatrists? (141)	The antidepressant controversy (117)	Prioritising care for mental illnesses, in an era of mental wellbeing awareness (241)
1.40pm – 2.40pm	Lunch				
1.40pm – 2.40pm	Fringe: Examiner lunch			Fringe: SIG Freshers Fair	
1.40pm – 2.40pm	Student and trainee lounge				
2.05pm – 2.35pm	Rapid fire poster presentations				
2.40pm – 3.10pm	KN7 The role of stigma in persons with epilepsy - a conversation with an expert by lived experience Professor Kenneth R. Kaufman, MD, FRCPsych, DLFAPA, FAES, Departments of Psychiatry and Neurology, Rutgers Robert Wood Johnson Medical School, New Brunswick, USA; Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King's College London				
3.10pm – 3.40pm	KN8				
3.40pm – 4.10pm	Break				
4.10pm – 5.25pm	Daksha Emson Report - 20 years on - what has been achieved? (265)	Metaphors of the mind from history, music and contemporary neuroscience: implications for clinical practice (67)	Commissioned session	Pragmatic approaches to assessment and management of bipolar disorder (168)	'In sight and in mind' – eliminating out of area treatment and restoring continuity of care (267)
6.00pm – 8.00pm	AGM				
8.30pm	Student and trainee social				

	Wednesday 19 June				
	Clinical practice	Disorders at the interface of neurology and psychiatry	Clinical practice	Education and training	New science
8.00am – 9.00am	Registration				
8.00am – 8.45am	Fringe:	Fringe:	Fringe:	Fringe:	
9.00am – 9.30am	KN9				
9.30am – 10.00am	KN10				
10.00am – 10.30am	Break				
10.30am – 11.45am	Commissioned session	Disorders at the interface of neurology and psychiatry	Integrating genomic medicine into mental health care (171)	Portraying mental illness in literature and memoirs (22)	Severe mental illness: moving the needle on health inequalities and premature mortality. New national findings regarding multimorbidity, diabetes and covid-19 (229)
11.55am – 1.10pm	Metabolic psychiatry: understanding the research and clinical interface between metabolism and mental illness. (9)	Disorders at the interface of neurology and psychiatry	Ethical limits and compassion in action (225)	Supporting all your trainees to pass the MRCPsych examination: making it personal (97)	Advancing dementia care: exploring the roles of artificial intelligence and machine learning in clinical practice (99)
1.10pm – 2.10pm	Lunch				
1.10pm – 2.10pm	Fringe: Unleash the power of media mastery – an introduction to becoming a media spokesperson		SAS Doctors Lounge: Meet the College Officers		Student and trainee lounge
1.35pm – 2.05pm	Rapid fire poster presentations				
2.10pm – 2.40pm	KN11 Don't forget mental illness when we talk about mental health Dr Humphrey Needham-Bennett FRCPsych writing as Dr Ben Cave				
2.40pm – 3.10pm	KN12				
3.10pm – 3.40pm	Break				
3.40pm – 4.55pm	New guidance for self-harm: an opportunity not to be missed (53)	Disorders at the interface of neurology and psychiatry	Implementing measurement-based assessment and care in child and youth clinical settings (100)	Embedding public mental health in training and practice: a primer for clinicians (210)	Neuroscience and mental health - insights from mechanistic studies that will bridge the gap to therapeutic advances (74)
5.05pm – 6.20pm	Gradual reduction and discontinuation of antipsychotic medication in people with schizophrenia and long-term psychosis: results and reflections on the RADAR trial (71)	Disorders at the interface of neurology and psychiatry	Commissioned session	How to grow a psychotherapeutic psychiatrist: research findings and the psychotherapy curriculum for core trainees (55)	Novel treatments for adolescent depression: newly developed interventions addressing health behaviours and co-occurring mental health problems to improve mood for adolescents with depression (220)
6.25pm – 7.40pm	Fringe: Music, medicine, mental health and me		Fringe: Theatre of the Oppressed: using participatory art methodologies to support communities on severe mental illnesses in India and Pakistan		Fringe: Kilts and flings - Learn to Highland Dance
8.00pm	Congress party				

	Thursday 20 June				
	Clinical practice	Clinical practice	Psychopharmacology	Leadership and management	Quality Improvement
8.00am – 9.00am	Registration				
8.00am – 8.45am	Fringe:		Fringe:		Fringe:
9.00am – 9.30am	KN13				
9.30am – 10.00am	KN14 Mental health rehabilitation; what's not to like? Professor Helen Killaspy, Professor of Rehabilitation Psychiatry, Division of Psychiatry, University College London and Honorary Consultant in Rehabilitation Psychiatry, Camden & Islington NHS Foundation Trust				
10.00am – 10.30am	Break				
10.30am – 11.45am	The commercial determinants of mental health: identifying and reversing these (41)	Age, cognition and electro convulsive therapy (89)	Are neurotransmitters passé in psychiatry? A view from the foothill (279)	Co-production made easy. 10 simple rules you can implement today to create patient designed and led care (232)	Rising rates of involuntary detention: is there a solution? (111)
11.55am – 1.10pm	Delivering a whole system approach to mental health rehabilitation for people with complex psychosis (66)	Treatment of gender dysphoria in children and adolescents: a review of the evidence base (13)	Clozapine in the real world: how to improve the use of clozapine in treatment resistant schizophrenia (90)	Shattering glass ceilings: women in leadership (114)	The UCLPartners-PRIMROSE pathway: reducing physical health inequalities in severe mental illness (181)
1.10pm – 2.10pm	Lunch				
1.10pm – 2.10pm	Fringe:			Fringe:	
1.10pm – 2.10pm	Student and trainee lounge				
1.35pm – 2.05pm	Rapid fire poster presentations				
2.10pm – 2.40pm	KN15				
2.40pm – 3.55pm	Gambling disorder: clinical characteristics, screening and treatment (6)	Violence: do we underestimate women? (10)	Commissioned session	RCPsych Act Against Racism – behaviours, competencies and systems to effectively tackle racism in the workplace (258)	Improving mental health outcomes for autistic women (201)