

Monday 15 June

						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge	Hall 13
8.00am 10.00am	Registration										
10.00am 11.15am	Green prescribing is good prescribing: innovations in evidence-based sustainable medicines management	Understanding and treating the Post-COVID Condition(PCC)	From weight management to cognitive enhancement – the use and potential of GLP-1 agonists in psychiatry	Teaching trauma-informed care in displacement and humanitarian contexts	Celebrating the voices of young people to transform mental health research						
11.15am 11.45am	Break – refreshments served in Hall 2					Pitch your poster sessions	Break – refreshments served in Main hall				
11.45am 12.00pm	Welcome address Dr Sridevi Sira Mahalingappa, Congress Co-Chairs and Dr Abdul Raoof, Associate Dean for Advanced Learning and Conferences										
12.00pm 12.45pm	KN1 President's opening lecture Dr Lade Smith CBE, President, Royal College of Psychiatrists										
12.45pm 1.55pm	Lunch – served in Hall 2 (a plain food station will also be available)					Rapid-fire poster presentations	SAS doctors lounge	Student and resident doctors lounge	Fringe: Manasa Chitra	Fringe: Climate Cafe	Fringe: Neurodivergent inclusive mindfulness
2.00pm 3.15pm	Sexting, gaming, self-harm and social media: the impact of young people's digital lives on mental health	Managing extreme risk without restrictions: relational care for patients with complex emotional needs	Pharmacogenomics into clinical practice: development of UK guidelines	Embedding lived-experience of mental health conditions in psychiatry education: from theory to international practice	Better futures: a whole-system, life course approach to promoting healthy life and preventing premature deaths.			Doing doable jobs: a masterclass in coaching and mentoring			
3.15pm 3.25pm	Break – refreshments served in Hall 2										
3.25pm 4.40pm	Electroconvulsive therapy - contemporary relevance and technical advances	"I don't swear" - Tourette syndrome across the lifespan	Learning from preventable deaths - inquests and the coroner's court	Over-involved or under-involved? The relationship between mental health services and the police				What are the differences between systematic, umbrella, scoping and rapid reviews?			
4.40pm 5.10pm	Break – refreshments served in Hall 2					Pitch your poster sessions	Break – refreshments served in Main hall				
5.10pm 5.40pm	KN2										
5.40pm 6.10pm	KN3										
6.15pm 7.30pm	Fringe: Moving pictures: how filmmaking can entertain as well as educate			Fringe: Stand up for mental health!						Fringe: "Is that me, baby?": the false self and the collapse of recognition in Bruce Springsteen's Brilliant Disguise	Fringe: Nature walk (this session will take place outside)

Tuesday 16 June

						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge	
8.00am 9.00am	Registration										
8.00am 8.45am									Fringe: Mindfulness for psychiatrists: reclaiming the present moment		Fringe: Congress 5k run
9.00am 9.30am	KN4										
9.30am 10.00am	KN5										
10.00am 10.30am	Break – refreshments served in Hall 2					Pitch your poster sessions		Break – refreshments served in Main hall			
10.30am 11.45am	Difficult to treat and complex psychosis part one	Turning crisis into care: building responsive mental health services for people with intellectual disability	Hearing voices: understanding hallucinations in deaf people with psychosis	Why equity is important for patient care: leveraging diverse leadership for excellence in clinical practice.	Why we need to take neurodevelopment conditions seriously in psychiatry – a new science perspective			Doing do-able jobs: a masterclass in coaching and mentoring			
11.45am 11.55am	Break – refreshments served in Main hall										
11.55am 1.10pm	Difficult to treat and complex psychosis part two	Sex hormones and mental health across the life course: insights for women and men	Fetal alcohol spectrum disorder. Needs, identification, diagnostic conundrums and interventions.	Update from Lancet Psychiatry Commission on physical health: preventative public mental health	Biological approaches in neuroscience to bridge the translational gap in psychiatry		Nature-based interventions – a walking workshop (spaces on this session are limited)	Confident communication – media and social media training for members			
1.10pm 2.10pm	Lunch – served in Hall 2 (a plain food station will also be available)				Fringe: Parkrun: a global mental and physical health success story)	Rapid-fire poster presentations		SAS doctors lounge	Student and resident doctors lounge	Fringe: No bad writers: unlocking your creative voice at Congress	Examiners lunch (lunch served in room)
2.10pm 2.40pm	KN6										
2.40pm 3.10pm	KN7										
3.10pm 3.40pm	Break – refreshments served in Hall 2					Pitch your poster sessions		Break – refreshments served in Hall 2			
3.40pm 4.55pm	Clinical empathy and mental health care	Technology, young people and mental health: moral panic or need for caution?	Functional, feigned, or medically unexplained? Advances in clinical assessment for psychiatrists	Levelling up - fostering equality, diversity and inclusion in academic psychiatry	Implementing Advance Choice Documents (ACDs) to reduce coercion in care and improve patient experience			Help! Help! I've been asked to peer review a journal paper			
4.55pm 5.05pm	Break – refreshments served in Main hall										
5.05pm 6.20pm	Coercion, dignity, and restrictive practice: integrating lived experience and international law in modern psychiatry	Psychedelic psychiatry - a global update	From disorder to spectrum - changing the AuDHD story: a new neurodiversity paradigm					Workplace violence and aggression in psychiatry; we report on the Royal College Survey, the impact on the workforce and potential support structures for staff			
6.20pm											Fringe: Trials and tribulations: the clinical research board game
6.45pm 7.45pm	AGM										
7.30pm	Student and resident doctor social										

Wednesday 17 June

						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge
8.00am 9.00am	Registration									
8.00am 8.45am							Fringe: Guided yoga: from stress to resilience, to pause and restore	Fringe: Mindfulness for psychiatrists: reclaiming the present moment		
9.00am 9.30am	KN8									
9.30am 10.00am	KN9									
10.00am 10.30am	KN10									
10.30am 11.00am	Break – refreshments served in Hall 2					Pitch your poster sessions	Break – refreshments served in Hall 2			
11.00am 12.15pm	Advances at the interface of neurology and psychiatry	Autoimmune encephalitis in psychiatry: the RCPsych neuropsychiatry faculty guidelines	Gender diversity in the current age: understanding, measuring, and supporting adolescent experiences	Withdrawal symptoms and relapse	Addressing implementation failure for people with learning disability			Doing do-able jobs: a masterclass in coaching and mentoring		
12.15pm 12.25pm	Break – refreshments served in Hall 2									
12.25pm 1.40pm	Advances at the interface of neurology and psychiatry	Is psychopathology dead? Reclaiming the foundations of clinical practice	Child development in war zones: a global perspective	Under 5's mental health – scaling up provision to transform population mental health			Nature-based interventions – a walking workshop (spaces on this session are limited)	Confident communication – media and social media training for members		
1.40pm 2.40pm	Lunch – served in Hall 2 (a plain food station will also be available)					Rapid-fire poster presentations	SAS doctors lounge	Student and resident doctors lounge	Fringe: Knightfulness: the chess challenge and Cabinet of curiosities – show and tell	Fringe: Creative art of the circle - Mandala art as a path to inner harmony
2.40pm 3.10pm	KN11									
3.10pm 3.40pm	KN12									
3.40pm 4.10pm	Break – refreshments served in Hall 2					Pitch your poster sessions	Break – refreshments served in Hall 2			
4.10pm 5.25pm	Advancing suicide prevention through action on domestic abuse	Neurodivergence and addictive behaviours: a contemporary synthesis	Understanding the "ups and downs of dopamine" to prevent risk and inform treatment of psychotic disorders	Embedding research in routine mental health care: a coordinated national approach across psychosis and mood disorders				Research Attachment Programme (RAP): integrating research and clinical training for the next generation of Psychiatrists		
5.30pm	Fringe: "If not now, when?" Raising awareness of young-onset dementia through film and lived experience	Fringe: Finding your voice; how opera can bring playfulness, emotional connection and strengthen morale in mental health teams	Fringe: After the launch: the story beyond the book	Fringe: Nature walk (this session will take place outside)	Fringe: 'Prayers not pills'; an audio play					Fringe: Congress bingo : the mind edition -"test your mind, one square at a time"
8.00pm	Congress Party									

Thursday 18 June

Thursday 18 June											
						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge	
8.00am 9.00am	Registration										
8.00am 8.45am									Fringe: Mindfulness: life step by step - a mindful exploration		
9.00am 9.30am	KN13										
9.30am 10.00am	KN14										
10.00am 10.30am	Break – refreshments served in Hall 2					Pitch your poster sessions	Break – refreshments served in Main hall				
10.30am 11.45am	Spirituality old and new: diverse perspectives on spirituality from assessment to formulation	Difficult-to-treat depression: medication, meditation and transcranial direct current stimulation. Integrating new research into clinical practice.	Fact or fiction: are rates of eating disorders in children and young people really increasing across England, and is 'typical' not so typical after all?	Clinical and cost effectiveness of inpatient mental health rehabilitation provided by the NHS and independent sector; final results and implications of the ACER study							
11.45am 11.55am											
11.55am 1.10pm	Beyond hospital walls: intensive digital and home-based treatment for severe eating disorders across the lifespan	'The right to die debate: taking stock of assisted dying/assisted suicide.'	Precision psychiatry: thinking beyond simple prediction models - enhancing causal predictions	Masterclass in clinical neuropsychiatry of neurorehabilitation and acquired brain injury	Transforming workforce mental health: evidence-based and systemic approaches to supporting healthcare professionals				The RCPsych Leadership and Management Fellowship scheme - got a problem? Come and bring it to an action learning set		
1.10pm 2.10pm	Lunch – served in Hall 2 (a plain food station will also be available)					Rapid-fire poster presentations	SAS doctors lounge	Student and resident doctors lounge		Fringe: Minds, murders, and mysteries: psychiatry through the lens of detective fiction	
2.10pm 2.40pm	KN15										
2.40pm 3.55pm	Improving sleep on inpatient wards	Neuromodulation across the NHS: current uses and future directions	24/7 Neighbourhood mental health: first, do no harm - ideals meets implementation								
Congress ends											