

# Monday 15 June

						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge	Hall 13
8.00am 10.00am	<b>Registration</b>										
10.00am 11.15am	Green prescribing is good prescribing: innovations in evidence-based sustainable medicines management	Understanding and treating the Post-COVID Condition(PCC)	From weight management to cognitive enhancement – the use and potential of GLP-1 agonists in psychiatry	Teaching trauma-informed care in displacement and humanitarian contexts	Celebrating the voices of young people to transform mental health research						
11.15am 11.45am	<b>Break</b> – refreshments served in Hall 2					<b>Pitch your poster sessions</b>	<b>Break</b> – refreshments served in Main hall				
11.45am 12.00pm	<b>Welcome address</b> Dr Sridevi Sira Mahalingappa, Congress Co-Chairs and Dr Abdul Raouf, Associate Dean for Advanced Learning and Conferences										
12.00pm 12.45pm	<b>KN1 President's opening lecture</b> Dr Lade Smith CBE, President, Royal College of Psychiatrists										
12.45pm 1.55pm	<b>Lunch</b> – served in Hall 2 (a plain food station will also be available)					<b>Rapid-fire</b> poster presentations	<b>SAS doctors lounge:</b> Meet the College Officers	<b>Student and resident doctors lounge:</b> Meet the PRDC	<b>Fringe:</b> Manasa Chitra	<b>Fringe:</b> Climate Cafe	<b>Fringe:</b> Neurodivergent inclusive mindfulness
2.00pm 3.15pm	Sexting, gaming, self-harm and social media: the impact of young people's digital lives on mental health	Managing extreme risk without restrictions: relational care for patients with complex emotional needs	Pharmacogenomics into clinical practice: development of UK guidelines	Embedding lived-experience of mental health conditions in psychiatry education: from theory to international practice	Better futures: a whole-system, life course approach to promoting healthy life and preventing premature deaths.			Doing doable jobs: a masterclass in coaching and mentoring			
3.15pm 3.25pm	<b>Break</b> – refreshments served in Hall 2										
3.25pm 4.40pm	Electroconvulsive therapy - contemporary relevance and technical advances	"I don't swear" - Tourette syndrome across the lifespan	Learning from preventable deaths - inquests and the coroner's court	Over-involved or under-involved? The relationship between mental health services and the police	The efficacy and mechanisms of dopaminergic treatments for depression			What are the differences between systematic, umbrella, scoping and rapid reviews?			
4.40pm 5.10pm	<b>Break</b> – refreshments served in Hall 2					<b>Pitch your poster sessions</b>	<b>Break</b> – refreshments served in Main hall				
5.10pm 5.40pm	<b>KN2</b>										
5.40pm 6.10pm	<b>KN3</b>										
6.15pm 7.30pm	<b>Fringe:</b> Moving pictures: how filmmaking can entertain as well as educate			<b>Fringe:</b> Stand up for mental health!						<b>Fringe:</b> "Is that me, baby?": the false self and the collapse of recognition in Bruce Springsteen's Brilliant Disguise	<b>Fringe:</b> Nature walk (this session will take place outside)

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8.00am 9.00am	<b>Registration</b>											
8.00am 8.45am									<b>Fringe:</b> Mindfulness for psychiatrists: reclaiming the present moment		<b>Fringe:</b> Congress 5k run	
9.00am 9.30am	<b>KN4 Complex minds, complex seizures, reducing risk, saving lives: why psychiatry is central to epilepsy in intellectual disability</b> Professor Rohit Shankar MBE, Professor of Neuropsychiatry, Peninsula Medical School (Faculty of Health)											
9.30am 10.00am	<b>KN5 Gastro-psychiatry</b> Dr Calum Moulton, Consultant Psychiatrist, St Mark's Hospital											
10.00am 10.30am	<b>Break</b> – refreshments served in Hall 2					<b>Pitch your poster sessions</b>		<b>Break</b> – refreshments served in Main hall				
10.30am 11.45am	Difficult to treat and complex psychosis part one	Turning crisis into care: building responsive mental health services for people with intellectual disability	Hearing voices: understanding hallucinations in deaf people with psychosis	Why equity is important for patient care: leveraging diverse leadership for excellence in clinical practice.	Why we need to take neurodevelopment conditions seriously in psychiatry – a new science perspective			Doing do-able jobs: a masterclass in coaching and mentoring				
11.45am 11.55am	<b>Break</b> – refreshments served in Hall 2											
11.55am 1.10pm	Difficult to treat and complex psychosis part two	Sex hormones and mental health across the life course: insights for women and men	Fetal alcohol spectrum disorder. Needs, identification, diagnostic conundrums and interventions.	Update from Lancet Psychiatry Commission on physical health: preventative public mental health	Biological approaches in neuroscience to bridge the translational gap in psychiatry		Nature-based interventions – a walking workshop (spaces on this session are limited)	Confident communication – media and social media training for members				
1.10pm 2.10pm	<b>Lunch</b> – served in Hall 2 (a plain food station will also be available)				<b>Fringe:</b> Parkrun: a global mental and physical health success story	<b>Rapid-fire poster presentations</b>		<b>SAS doctors lounge:</b> Meet the Committee Leadership	<b>Student and resident doctors lounge:</b> Meet the College Officers	<b>Fringe:</b> No bad writers: unlocking your creative voice at Congress	<b>Examiners lunch</b> (lunch served in room)	
2.10pm 2.40pm	<b>KN6 Professor Grainne McAlonan, King's College London</b>											
2.40pm 3.10pm	<b>KN7 Anchoring reality: why preserving evidence matters when information is contested</b> Professor Christina Pagel, University College London, President Elect of the UK Operational Research Society											
3.10pm 3.40pm	<b>Break</b> – refreshments served in Hall 2					<b>Pitch your poster sessions</b>		<b>Break</b> – refreshments served in Hall 2				
3.40pm 4.55pm	Clinical empathy and mental health care	Technology, young people and mental health: moral panic or need for caution?	Functional, feigned, or medically unexplained? Advances in clinical assessment for psychiatrists	Levelling up - fostering equality, diversity and inclusion in academic psychiatry	Implementing Advance Choice Documents (ACDs) to reduce coercion in care and improve patient experience			Help! Help! I've been asked to peer review a journal paper				
4.55pm 5.05pm	<b>Break</b> – refreshments served in Hall 2											
5.05pm 6.20pm	Coercion, dignity, and restrictive practice: integrating lived experience and international law in modern psychiatry	Psychedelic psychiatry - a global update	From disorder to spectrum - changing the AuDHD story: a new neurodiversity paradigm					Workplace violence and aggression in psychiatry; we report on the Royal College Survey, the impact on the workforce and potential support structures for staff				
6.20pm											<b>Fringe:</b> Trials and tribulations: the clinical research board game	
6.45pm 7.45pm	<b>AGM</b>											
7.30pm	<b>Student and resident doctor social</b>											

## Wednesday 17 June

						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge
8.00am 9.00am	<b>Registration</b>									
8.00am 8.45am							<b>Fringe:</b> Guided yoga: from stress to resilience, to pause and restore	<b>Fringe:</b> Mindfulness for psychiatrists: reclaiming the present moment		
9.00am 9.30am	<b>KN8 Kraepelin and Bleuler revisited: cognition, heterogeneity, and the nature of psychosis</b> Professor Matcheri Keshavan, Professor of Psychiatry, Harvard Medical School									
9.30am 10.00am	<b>KN9</b>									
10.00am 10.30am	<b>KN10 Preparing trainees for addiction management in India - an experiential account</b> Dr Pratima Murthy, Former Director and Senior Professor of Psychiatry, NIMHANS, Bangalore, India									
10.30am 11.00am	<b>Break</b> – refreshments served in Hall 2					<b>Pitch your poster sessions</b>	<b>Break</b> – refreshments served in Hall 2			
11.00am 12.15pm	Advances at the interface of neurology and psychiatry	Autoimmune encephalitis in psychiatry: the RCPsych neuropsychiatry faculty guidelines	Gender diversity in the current age: understanding, measuring, and supporting adolescent experiences	Withdrawal symptoms and relapse	Addressing implementation failure for people with learning disability			Doing do-able jobs: a masterclass in coaching and mentoring		
12.15pm 12.25pm	<b>Break</b> – refreshments served in Hall 2									
12.25pm 1.40pm	Advances at the interface of neurology and psychiatry	Is psychopathology dead? Reclaiming the foundations of clinical practice	Child development in war zones: a global perspective	Under 5's mental health – scaling up provision to transform population mental health	New mechanisms and treatments for compulsive disorders and symptom domains; towards a precision medicine approach		Nature-based interventions – a walking workshop (spaces on this session are limited)	Confident communication – media and social media training for members		
1.40pm 2.40pm	<b>Lunch</b> – served in Hall 2 (a plain food station will also be available)					<b>Rapid-fire poster presentations</b>	<b>SAS doctors lounge:</b> SAS Career Pathways	<b>Student and resident doctors lounge:</b> Meet the Chief Examiner	<b>Fringe:</b> Knightfulness: the chess challenge and Cabinet of curiosities – show and tell	<b>Fringe:</b> Creative art of the circle - Mandala art as a path to inner harmony
2.40pm 3.10pm	<b>KN11</b>									
3.10pm 3.40pm	<b>KN12</b>									
3.40pm 4.10pm	<b>Break</b> – refreshments served in Hall 2					<b>Pitch your poster sessions</b>	<b>Break</b> – refreshments served in Hall 2			
4.10pm 5.25pm	Advancing suicide prevention through action on domestic abuse	Neurodivergence and addictive behaviours: a contemporary synthesis	Understanding the "ups and downs of dopamine" to prevent risk and inform treatment of psychotic disorders	Embedding research in routine mental health care: a coordinated national approach across psychosis and mood disorders				Research Attachment Programme (RAP): integrating research and clinical training for the next generation of Psychiatrists		
5.30pm	<b>Fringe:</b> "If not now, when?" Raising awareness of young-onset dementia through film and lived experience	<b>Fringe:</b> Finding your voice; how opera can bring playfulness, emotional connection and strengthen morale in mental health teams	<b>Fringe:</b> After the launch: the story beyond the book	<b>Fringe:</b> Nature walk (this session will take place outside)	<b>Fringe:</b> 'Prayers not pills'; an audio play					<b>Fringe:</b> Congress bingo: the mind edition -"test your mind, one square at a time"
8.00pm	<b>Congress Party</b>									

Thursday 18 June

						Hall 2	Hall 4	Hall 12	Congress Cafe	Congress lounge	
8.00am 9.00am	Registration										
8.00am 8.45am									<b>Fringe:</b> Mindfulness: life step by step - a mindful exploration		
9.00am 9.30am	<b>KN13</b>										
9.30am 10.00am	<b>KN14</b>										
10.00am 10.30am	Break – refreshments served in Hall 2					Pitch your poster sessions		Break – refreshments served in Main hall			
10.30am 11.45am	Spirituality old and new: diverse perspectives on spirituality from assessment to formulation	Difficult-to-treat depression: medication, meditation and transcranial direct current stimulation. Integrating new research into clinical practice.	Fact or fiction: are rates of eating disorders in children and young people really increasing across England, and is 'typical' not so typical after all?	Clinical and cost effectiveness of inpatient mental health rehabilitation provided by the NHS and independent sector; final results and implications of the ACER study							
11.45am 11.55am											
11.55am 1.10pm	Beyond hospital walls: intensive digital and home-based treatment for severe eating disorders across the lifespan	'The right to die debate: taking stock of assisted dying/assisted suicide.'	Precision psychiatry: thinking beyond simple prediction models - enhancing causal predictions	Masterclass in clinical neuropsychiatry of neurorehabilitation and acquired brain injury	Transforming workforce mental health: evidence-based and systemic approaches to supporting healthcare professionals				The RCPsych Leadership and Management Fellowship scheme - got a problem? Come and bring it to an action learning set		
1.10pm 2.10pm	Lunch – served in Hall 2 (a plain food station will also be available)					Rapid-fire poster presentations	SIG fair and lunch	Student and resident doctors lounge: Updates in training		<b>Fringe:</b> Minds, murders, and mysteries: psychiatry through the lens of detective fiction	
2.10pm 2.40pm	<b>KN15</b>										
2.40pm 3.55pm	Improving sleep on inpatient wards	Neuromodulation across the NHS: current uses and future directions	24/7 Neighbourhood mental health: first, do no harm - ideals meets implementation								
<b>Congress ends</b>											