

Monday 15 June

	Hall 1A	Hall 1B	Hall 1C	Hall 3	Hall 11	Hall 2	Hall 4	Hall 12	Riverside balcony	Congress lounge	Hall 13
8.00am 10.00am	Registration										
10.00am 11.15am	S1 From weight management to cognitive enhancement – the use and potential of GLP-1 agonists in psychiatry	S2 Understanding and treating the Post-COVID Condition (PCC)	S3 Celebrating the voices of young people to transform mental health research	S4 Teaching trauma-informed care in displacement and humanitarian contexts	S5 Green prescribing is good prescribing: innovations in evidence-based sustainable medicines management			S6 Many routes, one specialty: SAS careers in psychiatry			
11.15am 11.45am	Break – refreshments served in Hall 2					Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
11.45am 12.00pm	Welcome address Dr Sridevi Sira Mahalingappa, Congress Co-Chair and Dr Abdul Raoof, Associate Dean for Advanced Learning			Keynote overflow room	Keynote overflow room (quiet space)						
12.00pm 12.45pm	KN1 President's opening lecture Dr Lade Smith CBE, President, Royal College of Psychiatrists			Keynote overflow room	Keynote overflow room (quiet space)						
12.45pm 12.55pm	KN2 Welcome address Dr Nick Broughton, National Priority Programme Director for Mental Health, Learning Disability and Neurodevelopmental Conditions			Keynote overflow room	Keynote overflow room (quiet space)						
12.55pm 1.55pm	Lunch – served in Hall 2 (a plain food station will also be available)				Fringe: Manasa Chitra: a UK-India collaboration to unearth and re-exhibit decades of rehabilitation art from NIMHANS	Rapid-fire poster presentations	SAS doctors lounge: Meet the College Officers (lunch served in room)	Student and resident doctors lounge: Meet the PRDC (lunch served in room)	Patient and carer lounge: (lunch served in room)	Fringe: Climate Cafe	Fringe: Neurodivergent inclusive mindfulness
2.00pm 3.15pm	S7 Sexting, gaming, self-harm and social media: the impact of young people's digital lives on mental health	S8 Embedding lived-experience of mental health conditions in psychiatry education: from theory to international practice	S9 The launch of Wim's protocol: lives worth living longer - a holistic, life course approach to healthcare	S10 Managing extreme risk without restrictions: relational care for patients with complex emotional needs	S11 Pharmacogenomics into clinical practice: development of UK guidelines			S12 Doing doable jobs: a masterclass in coaching and mentoring			
3.15pm 3.25pm	Break – refreshments served in Hall 2										
3.25pm 4.40pm	S13 The efficacy and mechanisms of dopaminergic treatments for depression	S14 Over-involved or under-involved? The relationship between mental health services and the police	S15 "I don't swear" - Tourette syndrome across the lifespan	S16 Learning from preventable deaths - inquests and the coroner's court	S17 Electroconvulsive therapy - contemporary relevance and technical advances			S18 What are the differences between systematic, umbrella, scoping and rapid reviews?			
4.40pm 5.10pm	Break – refreshments served in Hall 2					Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
5.10pm 5.40pm	KN3 Flipping the mental health dialogue Dr Mark Rapaport, President Elect, American Psychiatric Association			Keynote overflow room	Keynote overflow room (quiet space)						
5.40pm 6.10pm	KN4 Psychotic illness: what's in a name and the trouble with words Professor Fiona Gaughran, South London and Maudsley NHS Foundation Trust, London			Keynote overflow room	Keynote overflow room (quiet space)						
6.15pm 7.30pm	Fringe: Moving pictures: how filmmaking can entertain as well as educate			Fringe: Stand up for mental health!				Fringe: "Is that me, baby?": the false self and the collapse of recognition in Bruce Springsteen's Brilliant Disguise			Fringe: Nature walk (this session will take place outside)

Tuesday 16 June

	Hall 1A	Hall 1B	Hall 1C	Hall 3	Hall 11	Hall 2	Hall 4	Hall 12	Riverside balcony	Congress lounge	Outside
8.00am 9.00am	Registration										
8.00am 8.45am									Fringe: Mindfulness for psychiatrists: reclaiming the present moment		Fringe: Congress 5k run
9.00am 9.30am	KN5 Complex minds, complex seizures, reducing risk, saving lives: why psychiatry is central to epilepsy in intellectual disability Professor Rohit Shankar MBE, Professor of Neuropsychiatry, Peninsula Medical School (Faculty of Health)			Keynote overflow room	Keynote overflow room (quiet space)						
9.30am 10.00am	KN6 Gastro-psychiatry Dr Calum Moulton, Consultant Psychiatrist, St Mark's Hospital			Keynote overflow room	Keynote overflow room (quiet space)						
10.00am 10.30am	Break – refreshments served in Hall 2					Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
10.30am 11.45am	S19 Difficult to treat psychotic illnesses - part one	S20 Turning crisis into care: building responsive mental health services for people with intellectual disability	S21 Why equity is important for patient care: leveraging diverse leadership for excellence in clinical practice	S22 Why we need to take neurodevelopment conditions seriously in psychiatry – a new science perspective	S23 Hearing voices: understanding hallucinations in deaf people with psychosis			S24 Doing do-able jobs: a masterclass in coaching and mentoring			
11.45am 11.55am	Break – refreshments served in Hall 2										
11.55am 1.10pm	S25 Difficult to treat psychotic illnesses - part two	S26 Fetal alcohol spectrum disorder. Needs, identification, diagnostic conundrums and interventions	S27 Update from Lancet Psychiatry Commission on physical health: preventative public mental health	S28 Sex hormones and mental health across the life course: insights for women and men	S29 Biological approaches in neuroscience to bridge the translational gap in psychiatry		Nature-based interventions – a walking workshop (spaces on this session are limited)	S30 Confident communication – media and social media training for members			
1.10pm 2.10pm	Lunch – served in Hall 2 (a plain food station will also be available) Examiner's lunch will be served in Hall 2				Fringe: parkrun: a global mental and physical health success story	Rapid-fire poster presentations	SAS doctors lounge: Meet the Committee Leadership (lunch served in room)	Student and resident doctors lounge: Meet the College Officers (lunch served in room)	Patient and carer lounge (lunch served in room)	Fringe: No bad writers: unlocking your creative voice at Congress	
2.10pm 2.40pm	KN7 How a neurodevelopmental perspective can inform precision psychiatry in autism Professor Grainne McAlonan, NIHR Maudsley Biomedical Research Centre			Keynote overflow room	Keynote overflow room (quiet space)						
2.40pm 3.10pm	KN8 Anchoring reality: why preserving evidence matters when information is contested Professor Christina Pagel, University College London, President Elect of the UK Operational Research Society			Keynote overflow room	Keynote overflow room (quiet space)						
3.10pm 3.40pm	Break – refreshments served in Hall 2					Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
3.40pm 4.55pm	S31 Functional, feigned, or medically unexplained? Advances in clinical assessment for psychiatrists	S32 Levelling up - fostering equality, diversity and inclusion in academic psychiatry	S33 Implementing Advance Choice Documents (ACDs) to reduce coercion in care and improve patient experience	S34 Clinical empathy and mental health care	S35 Technology, young people and mental health: moral panic or need for caution?			S36 Help! Help! I've been asked to peer review a journal paper			
4.55pm 5.05pm	Break – refreshments served in Hall 2										
5.05pm 6.20pm	S37 From disorder to spectrum - changing the AuDHD story: a new neurodiversity paradigm	S38 Coercion, dignity, and restrictive practice: integrating lived experience and international law in modern psychiatry	S39 Substance use - a 2026 update	S40 Psychedelic psychiatry - a global update	S41 Risk prediction in psychiatry: from early identification to clinical decision making			S42 Workplace violence and aggression in psychiatry			
6.20pm								Fringe: Trials and tribulations: the clinical research board game			
6.45pm 7.45pm	AGM										
7.00pm	Student and resident doctor social (pre-booked tickets only) – PINS Social Club, 45-61 Duke Street, Liverpool, L1 5AP										

Wednesday 17 June

	Hall 1A	Hall 1B	Hall 1C	Hall 3	Hall 11	Hall 2	Hall 4	Hall 12	Riverside balcony	Congress lounge	Hall 13	
8.00am 9.00am	Registration											
8.00am 8.45am									Fringe: Mindfulness for psychiatrists: reclaiming the present moment	Fringe: Guided yoga: from stress to resilience, to pause and restore		
9.00am 9.30am	KN9 Kraepelin and Bleuler revisited: cognition, heterogeneity, and the nature of psychosis Professor Matcheri Keshavan, Professor of Psychiatry, Harvard Medical School			Keynote overflow room	Keynote overflow room (quiet space)							
9.30am 10.00am	KN10 Closing the loop: turning mental health data into clinical action Professor Richard Dobson, King's College London			Keynote overflow room	Keynote overflow room (quiet space)							
10.00am 10.30am	KN11 Preparing trainees for addiction management in India - an experiential account Dr Pratima Murthy, Former Director and Senior Professor of Psychiatry, NIMHANS, Bangalore, India			Keynote overflow room	Keynote overflow room (quiet space)							
10.30am 11.00am	Break – refreshments served in Hall 2						Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
11.00am 12.15pm	S43 Advances at the interface of neurology and psychiatry – part one	S44 Withdrawal symptoms and relapse	S45 Addressing implementation failure for people with learning disability	S46 Autoimmune encephalitis in psychiatry: the RCPsych neuropsychiatry faculty guidelines	S47 Gender diversity in the current age: understanding, measuring, and supporting adolescent experiences			S48 Doing do-able jobs: a masterclass in coaching and mentoring				
12.15pm 12.25pm	Break – refreshments served in Hall 2											
12.25pm 1.40pm	S49 Advances at the interface of neurology and psychiatry – part two	S50 Child development in war zones: a global perspective	S51 Under 5's mental health – scaling up provision to transform population mental health	S52 Is psychopathology dead? Reclaiming the foundations of clinical practice	S53 New mechanisms and treatments for compulsive disorders and symptom domains; towards a precision medicine approach		Nature-based interventions – a walking workshop (spaces on this session are limited)	S54 Confident communication – media and social media training for members				
1.40pm 2.40pm	Lunch – served in Hall 2 (a plain food station will also be available)						Rapid-fire poster presentations	SAS doctors lounge: SAS Career Pathways (lunch served in room)	Student and resident doctors lounge: Meet the Chief Examiner (lunch served in room)	Patient and carer lounge (lunch served in room)	Fringe: Knightfulness: the chess challenge and Cabinet of curiosities – show and tell	Fringe: Creative art of the circle - Mandala art as a path to inner harmony
2.40pm 3.10pm	KN12 Prodromal dementia with Lewy bodies: cognitive, psychiatric and delirium presentations Dr Paul Donaghy, MRC Clinician Scientist Fellow, Newcastle University; Honorary Consultant Old Age Psychiatrist, Gateshead Health NHS Foundation Trust			Keynote overflow room	Keynote overflow room (quiet space)							
3.10pm 3.40pm	KN13 Genetics in psychosis: from discovery to the All Wales Psychiatric Genomics Service Dr Kimberley Kendall, Cardiff University and the All Wales Psychiatric Genomics Service			Keynote overflow room	Keynote overflow room (quiet space)							
3.40pm 4.10pm	Break – refreshments served in Hall 2						Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
4.10pm 5.25pm	S55 Understanding the "ups and downs of dopamine" to prevent risk and inform treatment of psychotic disorders	S56 Embedding research in routine mental health care: a coordinated national approach across psychosis and mood disorders	S57 Advancing suicide prevention through action on domestic abuse	S58 Neurodivergence and addictive behaviours: a contemporary synthesis	S59 Breaking news from clinical trials			S60 Research Attachment Programme (RAP): integrating research and clinical training for the next generation of psychiatrists				
5.30pm	Fringe: "If not now, when?" Raising awareness of young-onset dementia through film and lived experience	Fringe: Finding your voice; how opera can bring playfulness, emotional connection and strengthen morale	Fringe: After the launch: the story beyond the book	Fringe: Nature walk (this session will take place outside)	Fringe: 'Prayers not pills'; an audio play			Fringe: Congress bingo : the mind edition -"test your mind, one square at a time"				
8.00pm	Congress Party (pre-booked tickets only) – Panam, Albert Dock, Liverpool, L3 4AD											

Thursday 18 June

	Hall 1A	Hall 1B	Hall 1C	Hall 3	Hall 11	Hall 2	Hall 4	Hall 12	Riverside balcony	Congress lounge	Hall 13
8.00am 9.00am	Registration										
8.00am 8.45am									Fringe: Mindfulness for psychiatrists: reclaiming the present moment		
9.00am 9.30am	KN14 President's inaugural address Professor Subodh Dave, RCPsych President Elect			Keynote overflow room	Keynote overflow room (quiet space)						
9.30am 10.00am	KN15 Paediatric bipolar disorder: what ALL psychiatrists need to know about timely and accurate diagnosis! Dr Aditya Narain Sharma MD MRCPsych PhD, Clinical Senior Lecturer and Hon Consultant in Child and Adolescent Psychiatry, Newcastle University			Keynote overflow room	Keynote overflow room (quiet space)						
10.00am 10.30am	Break – refreshments served in Hall 2					Pitch your poster sessions	SAS doctors lounge	Student and resident doctors lounge	Patient and carer lounge		
10.30am 11.45am	S61 Difficult-to-treat depression: medication, meditation and transcranial direct current stimulation. Integrating new research into clinical practice.	S62 Fact or fiction: are rates of eating disorders in children and young people really increasing across England, and is 'typical' not so typical after all?	S63 Clinical and cost effectiveness of inpatient mental health rehabilitation provided by the NHS and independent sector; final results and implications of the ACER study	S64 24/7 neighbourhood mental health: first, do no harm - ideals meets implementation	S65 Spirituality old and new: diverse perspectives on spirituality from assessment to formulation			S66 Medical education in psychiatry: from first teaching to leadership			
11.45am 11.55am											
11.55am 1.10pm	S67 'The right to die debate: taking stock of assisted dying/assisted suicide.'	S68 Beyond hospital walls: intensive digital and home-based treatment for severe eating disorders across the lifespan	S69 Transforming workforce mental health: evidence-based and systemic approaches to supporting healthcare professionals	S70 Masterclass in clinical neuropsychiatry of neurorehabilitation and acquired brain injury	S71 Precision psychiatry: thinking beyond simple prediction models - enhancing causal predictions			S72 The RCPsych Leadership and Management Fellowship scheme - got a problem? Come and bring it to an action learning set			
1.10pm 2.10pm	Lunch – served in Hall 2 (a plain food station will also be available)					Rapid-fire poster presentations	SIG fair and lunch (lunch served in room)	Student and resident doctors lounge: Updates in training (lunch served in room)	Patient and carer lounge (lunch served in room)	Fringe: Faculty drop in	Fringe: Minds, murders, and mysteries: psychiatry through the lens of detective fiction
2.10pm 2.40pm	KN16 Advancing the treatment of difficult-to-treat depression: emerging evidence for mindfulness-based cognitive therapy Professor Thorsten Barnhofer, University of Surrey			Keynote overflow room	Keynote overflow room (quiet space)						
2.40pm 3.55pm	S73 Improving sleep on inpatient wards	S74 Beyond burnout: rethinking psychiatrist's wellbeing through creativity, neuroscience and systems design	S75 Demystifying MRCPsych Exams	S76 Neuromodulation across the NHS: current uses and future directions							
Congress ends											

