

International Congress of the Royal College of Psychiatrists  
1 July – 4 July 2019, London

Monday 1 July 2019

11.00 - 13.00	<b>Registration and coffee</b>
13.00 – 13.05	<b>Welcome Address</b> Dr Regi Alexander, Professor Ian Jones and Dr Lade Smith, Congress Co-Chairs
13.05 – 13.35	<b>Keynote</b> <b>KN1 President's Opening Lecture</b> Professor Wendy Burn, President of the Royal College of Psychiatrists
13.35 – 14.05	<b>Keynote</b> <b>KN2 Does Westminster need more psychiatrists?</b> Chair: Dr Adrian James, Registrar, Royal College of Psychiatrists Dr Sarah Wollaston, Member of Parliament for Totnes and Chair of the Liaison Committee and the Health Select Committee in the House of Commons
14.05 – 14.35	<b>Keynote</b> <b>KN3 A TV Presenter's Perspective</b> Chair: Professor Wendy Burn, President of the Royal College of Psychiatrists Louis Theroux, journalist, author and documentary film maker
14.45 – 16.00	<b>Clinical Practice</b> <b>MC1 Sexual and reproductive health and HIV – your questions answered</b> Chair: Dr Lade Smith, South London and Maudsley NHS Foundation Trust and Institute of Psychiatry, Psychology and Neuroscience <b>Contraception and mental health</b> Dr Usha Kumar (MD, FRCOG, FFSRH), Consultant in Sexual and Reproductive Health at Kings College Hospital NHS Foundation Trust <b>Sexual health and mental health</b> Dr Rudi Pittrof (MSc MRCOG MFSRH Dip GUM, DTM&H FHEA), Consultant in Community Sexual Health and HIV at Guy's and St Thomas Hospital and South London & Maudsley Hospital <b>Delivery of sexual health and contraception services to women with serious mental illness from a service user perspective</b> Expert Patient - Section of Women's Mental Health, Health Service and Population Research Department, Institute of Psychiatry, Psychology and Neuroscience, King's College London

14.45 – 16.00

*Clinical Practice*

**S1 Managing risk in the perinatal period**

Chair: Dr Liz McDonald, Clinical Lead for Perinatal Psychiatry Workforce Development, RCPsych. Hon Consultant Perinatal Psychiatrist, ELFT

**What is new in the somatic treatment of perinatal mental disorders?**

Dr Angelika Wieck, Honorary Consultant Perinatal Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust, Honorary Senior Lecturer, University of Manchester, EPA Section Chair Women's Mental Health and Gender

**Reducing suicide risk in the perinatal period – lessons from the Confidential Enquiries into Maternal Deaths**

Dr Roch Cantwell, Consultant Perinatal Psychiatrist, NHS Gtr Glasgow & Clyde, Lead Clinician, Perinatal Mental Health Network Scotland, Lead Psychiatric Assessor, MBRRACE-UK

**Postpartum Psychosis – identifying and managing women at high risk**

Professor Ian Jones, Director National Centre of Mental Health, Professor of Psychiatry, Cardiff University

*Psychopharmacology*

**TC1 Treatment resistant psychosis 1**

Chair: Dr Fiona Gaughran, National Psychosis Unit, South London and Maudsley Trust

**At last, the relationship between Schizophrenia and Bipolar Disorder begins to clear**

Professor Sir Robin Murray, National Psychosis Unit, South London and Maudsley Trust and Institute of Psychiatry, Psychology and Neuroscience, KCL

**Can we predict antipsychotic response in psychosis?**

Dr Sameer Jauhar, Institute of Psychiatry, Psychology and Neuroscience, KCL

**Hope or Hype in the treatment of schizophrenia**

Professor Sukhi Shergill, National Psychosis Unit, South London and Maudsley Trust and Institute of Psychiatry, Psychology and Neuroscience, KCL

*Leadership and management*

**S2 Telling tales – insights and reflections of a leader**

Chair: Dr Alex Till, Chair of the Royal College of Psychiatrists' Psychiatric Trainees' Committee

Dr Navina Evans, Chief Executive Officer of East London NHS Foundation Trust

Professor Sheila the Baroness Hollins, Cross bench life peer in the House of Lords.

Professor Dinesh Bhugra, President of the BMA Council

Professor Sir Simon Wessely, President of the Royal Society of Medicine

*Ethics*

**S3 Ethical futures in digital mental health: a helpful guide**

Chair: Dr Niall Boyce, Editor, The Lancet Psychiatry, London, UK

**The technological landscape for mental health innovation**

Dr Becky Inkster, Neuroscientist, University of Cambridge & Self-Employed Advisor

**Governance and law in the digital age**

Dr Gerry Craigen, Psychiatrist with a law degree, University of Toronto, University Health Network- Toronto General, Council member - Canadian Medical Protective Association

**Digital psychiatry: discussing the clinical and research implications**

Dr Mariana Pinto da Costa, Unit for Social and Community Psychiatry, Queen Mary University of London, East London NHS Trust

16.00 – 16.25

**Tea**

16.00 – 16.25

**Rapid fire presentations**

16.30 – 17.45

*Clinical Practice*

**S4 Working across boundaries; practical integration of mental health systems**

Chair: Professor Wendy Burn, President of the Royal College of Psychiatrists

**Integrated practice in mental health rehabilitation**

Professor Helen Killaspy, Professor of Rehabilitation Psychiatry, UCL Division of Psychiatry

**Getting It Right First Time (GIRFT) in Mental Health Rehabilitation.**

Dr Sridevi Kalidindi, National Clinical Lead, GIRFT Programme, NHS Improvement; Consultant Psychiatrist, South London and Maudsley Trust; Visiting Senior Clinical Lecturer, Institute of Psychiatry, Psychology and Neuroscience, London UK

**Getting rid of silos: Integration at the patient level**

Dr Rajesh Mohan, Chair, Faculty of Rehabilitation and Social Psychiatry, RCPsych & Consultant Psychiatrist, South London and Maudsley Trust, London UK

*Clinical Practice*

**S5 Safeguarding infants and children in the context of maternal mental health**

Chair: Dr Liz McDonald, Clinical Lead for Perinatal Psychiatry Workforce Development, RCPsych. Hon Consultant Perinatal Psychiatrist, ELFT

**Complex cases: Child Protection and Parenting Assessments in the perinatal context**

Dr Lucinda Green, Consultant Perinatal Psychiatrist - The Priory Group, The Portland Hospital & The Women's Wellness Centre

**Safeguarding children: at the interface of research, policy and practice**

Dr David M Foreman, King's College London and Royal College of Psychiatrists

**Safeguarding children: at the interface of research, policy and practice**

Clare Dolman, mental health researcher and journalist, Patient and Public Involvement Lead for ESMI project; Vice Chair of the Maternal Mental Health Alliance and trustee of the charity APP - Action on Postpartum Psychosis and an Ambassador for Bipolar UK

*Psychopharmacology*

**TC1 Treatment resistant psychosis 2**

Chair: Dr Fiona Gaughran, National Psychosis Unit, South London and Maudsley Trust

**Should we should use clozapine second line?**

Dr James MacCabe, National Psychosis Unit, South London and Maudsley Trust and Institute of Psychiatry, Psychology and Neuroscience, KCL

**Cardiac complications of clozapine**

Professor Theresa McDonagh, Professor of Heart Failure and Consultant Cardiologist, King's College London

**Pharmacological epidemiology – expanding our therapeutic horizons**

Dr Joseph Hayes, Division of Psychiatry, UCL

*Leadership and management*

**S6 Being an NHS chief executive**

Chair: Dr Kate Lovett, Consultant Psychiatrist, Devon Partnership Trust and Dean of the Royal College of Psychiatrists

Ms Lisa Rodrigues, CBE, writer, mental health campaigner and former Chief Executive of Sussex Partnership NHS FT

Mr Paul Jenkins, Chief Executive, Tavistock and Portman NHS Foundation Trust

16.30 – 17.45	<p><b>Ethics</b></p> <p><b>S7 Ethical considerations in clinical care, research and publication</b></p> <p>Chair: Professor Kenneth R. Kaufman, AM, MD, FRCPsych, DLFAPA, FAES; Professor of Psychiatry, Neurology and Anaesthesiology, Rutgers Robert Wood Johnson Medical School; New Brunswick, New Jersey, USA and Visiting Professor, Department of Psychological Medicine at the Institute of Psychiatry, Psychology &amp; Neuroscience, King’s College London and Co-Chair: Professor Sophia Frangou, MD, MSc, PhD, FRCPsych; Professor of Psychiatry; Icahn School of Medicine at Mount Sinai; New York, New York, USA</p> <p><b>Ethical Considerations in Sports Psychiatry: Patient-Athletes with Bipolar Disorder and Comorbidities</b></p> <p>Professor Kenneth R. Kaufman, AM, MD, FRCPsych, DLFAPA, FAES; Professor of Psychiatry, Neurology and Anaesthesiology, Rutgers Robert Wood Johnson Medical School; New Brunswick, New Jersey, USA and Visiting Professor, Department of Psychological Medicine at the Institute of Psychiatry, Psychology &amp; Neuroscience, King’s College London</p> <p><b>Ethical Considerations in Genomic Research</b></p> <p>Thomas G. Schulze, MD; Professor and Director, Institute of Psychiatric Phenomics and Genomics (IPPG), Ludwig-Maximilians-University; Munich, Germany</p> <p><b>Ethical Considerations in Publication</b></p> <p>Professor Kamaldeep S. Bhui, CBE, MBBS, MSc, MD, FRCPsych; Professor of Cultural Psychiatry &amp; Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Hon. Consultant Psychiatrist, East London Foundation Trust, Barts &amp; The London School of Medicine &amp; Dentistry, Queen Mary University of London; London, UK</p>
17.50 – 18.00	<p><b>Keynote</b></p> <p><b>KN4 Chief Executive’s Address</b></p> <p>Chair: Dr Jan Falkowski, Treasurer, Royal College of Psychiatrists</p> <p>Paul Rees, Chief Executive of the Royal College of Psychiatrists</p>
18.00 – 18.30	<p><b>Keynote</b></p> <p><b>KN5 Inflammation and depression</b></p> <p>Chair: Dr Jan Falkowski, Treasurer, Royal College of Psychiatrists</p> <p>Professor Ed Bullmore, Professor of Neuroscience, University of Cambridge</p>
18.30 – 19.00	<p><b>Keynote</b></p> <p><b>KN6 Bodies</b></p> <p>Chair: Dr Joanna Cannon, Author of The Trouble with Goats and Sheep and Three Things About Elsie</p> <p>Dr Sam Guglani, Oncologist and Author of Histories</p>
19.00 – 19.45	<p><b>Welcome reception</b></p>

8.00 – 9.00	<b>Registration and coffee</b>
9.00 – 9.30	<p><b>Keynote</b>  <b>KN7 ADHD genetics in the 21st Century: What does it mean for clinicians?</b>          Chair: Professor Wendy Burn, President, Royal College of Psychiatrists          Professor Anita Thapar, Division of Psychological Medicine and Clinical Neurosciences, Cardiff University</p>
9.30 – 10.00	<p><b>Keynote</b>  <b>KN8 Stopping psychotropic medication – the wrong way and the right way</b>          Chair: Dr Lade Smith, Congress Co-Chair          Professor David Taylor, Director of Pharmacy and Pathology at the South London and Maudsley NHS Foundation Trust and Professor of Psychopharmacology, King's College London</p>
10.10 – 11.25	<p><b>New science</b>  <b>S8 Recent advances in therapeutic strategies for dementia</b>          Chair: Professor John O'Brien, University of Cambridge</p> <p><b>Neuroinflammation as a potential new target for treating Alzheimer's disease and other dementias</b>          Professor John O'Brien, University of Cambridge</p> <p><b>Putting neuroinflammation to the test: treating mild AD with minocycline in the MADE trial</b>          Professor Rob Howard, UCL</p> <p><b>Therapeutic options for Lewy body dementia: what is new?</b>          Professor Ian McKeith, Newcastle University</p> <hr/> <p><b>Disorders at the interface of neurology and psychiatry</b>  <b>TC2 Core skills in neuropsychiatry</b>          Chair: Professor Alan Carson, Professor of Neuropsychiatry, University of Edinburgh</p> <p><b>Neurological Examination for Psychiatrists</b>          Professor Adam Zeman, Professor of Neurology, University of Exeter</p> <p><b>Cognitive Examination: beyond the MMSE</b>          Professor Adam Zeman, Professor of Neurology, University of Exeter</p> <hr/> <p><b>Quality Improvement</b>  <b>S9 Up to standard? Results of 2018/19 national audits of anxiety and depression, first episode's psychosis and psychological therapy services</b>          Chair: Professor Mike Crawford, Director of the College Centre for Quality Improvement</p> <p><b>Quality of acute care for people with anxiety and depression in England</b>          Professor David Baldwin, Professor of Psychiatry, University of Southampton</p> <p><b>Implementing NICE guidelines on the treatment of people with First Episode Psychosis: Are we there yet?</b>          Professor Paul French, Associate Director, Psychosis Research Unit, University of Manchester</p> <p><b>Waiting times, quality of care and outcomes of psychological treatments delivered by secondary care services in England</b>          Dr Lorna Farquharson, Clinical Advisor, National Audit of Psychological Therapies</p>

10.10 – 11.25

*Policy and media*

**S10 Fake views: Comparing the Royal College of Psychiatrists policy development with APA; is there a special relationship?**

Chair: Professor Wendy Burn, President, Royal College of Psychiatrists

**Looking east across the pond: How we develop policy at the Royal College of Psychiatrists**

Dr Adrian James, Registrar, Royal College of Psychiatrists

**Looking west across the pond: How we develop policy at the APA**

Dr Bob Batterson, Speaker of the Assembly of the American Psychiatric Association

**Where were all the women?**

Dr Kate Lovett, Dean, Royal College of Psychiatrists

*Clinical Practice*

**S11 Enhancing cognition to improve outcomes in patients with mood disorders**

Chair: Professor Richard Porter, Department of Psychological Medicine, University of Otago

**Cognitive impairment in mood disorders – assessment and treatment**

Professor Allan Young, Institute of Psychiatry

**Trials of cognition enhancers in mood disorders - methodology and novel agents**

Professor Kamilla Miskoviak, Psychiatric Centre Copenhagen, Copenhagen University Hospital, Rigshospitalet and Department of Psychology, University of Copenhagen

**Cognitive impairment in severe depression – treatment strategies**

Professor Richard Porter, Dept of Psychological Medicine, University of Otago, Christchurch

*Psychopharmacology*

**S12 Assessment, treatment and research in Autism Spectrum Disorders – Discussion of the 2018 BAP consensus guidelines**

Chair: Professor Jeremy Hall, Professor of Psychiatry and Neuroscience, Cardiff University

**Large scale genetic studies of ASD**

Professor David Skuse, Professor of Behavioural and Brain Sciences, UCL

**Psychiatric Comorbidity in Autistic Adults**

Dr Jack F G Underwood, Neuroscience & Mental Health Research Institute, Cardiff University

**Shifting biology in ASD: future treatment prospects**

Professor Grainne McAlonan, Professor of Translational Neuroscience, Deputy Head, Sackler Institute of Translational Neurodevelopment

11.25 – 11.50

**Coffee**

11.55 – 13.10

*Disorders at the interface of neurology and psychiatry*

**TC2 Clinical approaches to jerks, tics and tremors**

Chair: Professor Alan Carson, Professor of Neuropsychiatry, University of Edinburgh

**All you need to know about Tourettes syndrome**

Professor Eileen Joyce, Professor of Neuropsychiatry, University College London

**How to assess tremors and jerks**

Professor Annette Schrag, Professor of Clinical Neurosciences, University College London

*Quality Improvement*

**S14 The national safety improvement programmes: Delivering safety at scale**

Chair: Dr Helen Smith, National Clinical Director Mental Health Safety Improvement Programme

**The National Safety Improvement Programmes: Delivering safety at scale**

Tom Ayers, Director at the National Collaborating Centre for Mental Health

**Delivering safety at scale: Reducing restrictive practice**

Ms Emily Canon, National Collaborating Centre for Mental Health

**Delivering safety at scale: Suicide prevention**

Professor Nav Kapur, National Confidential Inquiry into Suicide and Homicide, University of Manchester

*Policy and Media*

**S15 Reducing premature mortality in people with severe mental illness: action on the major causes**

Chair: Dr Peter Byrne, Consultant Liaison Psychiatrist, Royal London Hospital and Associate Registrar, Public Mental Health Lead, Royal College of Psychiatrists, London

**Reducing SMI smoking rates: lessons from the SCIMITAR trails**

Professor Simon Gilbody, Professor of Psychological Medicine and Health Service Research

**Reducing poverty-inequality: where the evidence leads**

Josefien Breedvelt, Head of Research, Mental Health Foundation

**Multilevel interventions to reduce the drivers of SMI multimorbidity and premature deaths**

Dr Peter Byrne, Consultant Liaison Psychiatrist, Royal London Hospital and Associate Registrar, Public Mental Health Lead, Royal College of Psychiatrists, London

*Clinical Practice*

**MC2 Questions the expert psychiatric witness should refuse to answer**

Chair: Professor Nigel Eastman, Emeritus Professor of Law and Ethics in Psychiatry, St George's, University of London

**Questions the Expert Psychiatric Witness Should Refuse to Answer: Context**

Professor Nigel Eastman, Emeritus Professor of Law and Ethics in Psychiatry, St George's, University of London

**Questions the Expert Psychiatric Witness Should Refuse to Answer: Law**

Professor Keith Rix, University of Chester & Norfolk and Suffolk NHS Foundation Trust

**Questions the Expert Psychiatric Witness Should Refuse to Answer: Ethics**

Dr Gwen Adshead, Consultant Forensic Psychiatrist and Psychotherapist, Southern Health Foundation Trust; CNWL and West London Trusts

11.55 – 13.10	<p><b>Psychopharmacology</b>  <b>S16 BAP: Management of co-morbidity in schizophrenia</b>            Chair: Professor Hamish McAllister-Williams, Newcastle University</p> <p><b>OCD and Schizophrenia</b>            Dr Lynne Drummond, Consultant Psychiatrist and Senior Lecturer, South West London and St George's NHS Mental Health Trust</p> <p><b>Pharmacological Management of Depression in Schizophrenia</b>            Dr Rachel Upthegrove, University of Birmingham</p> <p><b>Schizophrenia- an Anxiety Disorder?</b>            Professor Jeremy Hall, Professor of Psychiatry and Neuroscience, Director, Neuroscience and Mental Health Research Institute, Cardiff University</p>
13.10 – 14.00	<b>Lunch</b>
13.35 – 14.00	<b>Rapid fire presentations</b>
13.35 – 14.00	<b>Meet the lay trustees</b>
14.05 – 14.35	<p><b>Keynote</b>  <b>KN9 The importance and application of neuroscience in psychiatry</b>            Chair: Professor Ian Jones, Congress Co-Chair</p> <p>Professor Jeremy Hall, Professor of Psychiatry and Neuroscience, Director, Neuroscience and Mental Health Research Institute, Cardiff University</p>
14.35 – 15.05	<p><b>Keynote</b>  <b>KN10 Anorexia nervosa, a father and daughter perspective</b>            Chair: Dr Kate Lovett, Dean, Royal College of Psychiatrists</p> <p>Mark Austin, Journalist and television presenter, his daughter Maddy, Expert by experience, Dr Mark Berelowitz, Royal Free London NHS Trust and Rachel Bannister, RCpsych carer representative, Campaigner at Mental Health- Time for Action and Beat (The UK Eating Disorder Charity) Campaigner</p>
15.10 – 16.25	<p><b>New Science</b>  <b>S17 Digital mood disorders: Use of digital technology to understand, assess and treat patients with mood disorders across the life span</b>            Chair: Professor Hamish McAllister-Williams, Newcastle University, Newcastle upon Tyne</p> <p><b>Relationship between sleep and cognition in bipolar disorder assessed using wearable technology</b>            Professor Hamish McAllister-Williams, Newcastle University, Newcastle upon Tyne</p> <p><b>Using a wearable device for automatic detection of speech as a marker of social functioning in late-life depression</b>            Professor John O'Brien, University of Cambridge</p> <p><b>CALM (Collaboratively Augmenting Longitudinal Monitoring) in Early Onset Bipolar Disorder</b>            Dr Aditya Narain Sharma, Newcastle University</p>



15.10 – 16.25

*Disorders at the interface of neurology and psychiatry*

**TC2 Autoimmune psychiatry – is it really a new thing?**

Chair: Professor Alan Carson, Professor of Neuropsychiatry, University of Edinburgh

**Catatonia - a practical guide**

Dr Jonathan Rogers, Academic Clinical Fellow, Institute of Psychiatry, Psychology and Neuroscience, King's College London

**Is it time for psychiatrists start doing lumbar punctures?**

Dr Tom Pollak, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neurosciences. Kings College London

*Quality Improvement*

**S18 Strategies to close the mortality gap: Enough of the what to do, let's think about the how. Lessons learned and recommendations for practice**

Chair: Mr Chris Naylor, Senior Fellow in Health Policy. The King's Fund, London

**Towards shared accountability: aligning the problem, politics, policy and practice**

Dr Mary Docherty, Harkness Fellow in Healthcare Policy and Practice, Columbia University, New York

**Collaborative care: Closing the implementation gap**

Dr Parashar Ramanuj, Imperial College Health Partners

**The Equally Well Initiative: Lessons and next steps**

Ms Elle Todd and Andy Bell, Centre for Mental Health

*Policy and media*

**S19 Cyber World, Social Media, Gaming & Mental health – Are we ready yet?**

Chair: Dr Shahid Latif, Consultant Psychiatrist/ Clinical Director Northampton Health Foundation Trust, Chair RCPsych Transcultural SIG, RCPsych Advisory Appointment Committee and College Assessor, Executive Committee member RCPsych Trent Division

**Social or the Antisocial Media? The silence before the storm!!!**

Dr Khurram Sadiq, Consultant Psychiatrist, Home Treatment Team South Manchester, Greater Manchester Mental Health NHS Foundation Trust

**Modern Day Modern Addictions – A brief understanding**

Dr Yasir Abbasi, Clinical Director for Addiction services Mersey Care NHS Foundation Trust

**Gaming Disorder – A New Frontier...**

Dr Henrietta Bowden-Jones, Consultant Psychiatrist, Director, & Lead Clinician, National Problem Gambling Clinic London, Addictions Directorate, Central North West London NHS Foundation Trust

*Clinical Practice*

**S20 Better out: What all psychiatrists need to know about treatment alternatives to custody**

Chair: Professor Pamela Taylor, Cardiff University

Dr Amanda Thompsell

Chloe Carter, Expert through lived experience

Mignon French JP, Community Sentence Treatment Requirement (CSTR) Programme Manager, On behalf of: Ministry of Justice, Department of Health and Social Care, NHS England, Public Health England

15.10 – 16.25

*Psychopharmacology*

**S21 Management of adverse events associated with psychotropic medication**

Chair: Professor Wendy Burn, President, The Royal College of Psychiatrists

**Akathisia and psychomotor restlessness during antipsychotic drug treatment**

Dr Lade Smith, South London and Maudsley NHS Foundation Trust and Institute of Psychiatry, Psychology and Neuroscience

**Sexual dysfunction and dissatisfaction during SSRI or SNRI treatment**

Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton

**Hypothyroidism and renal problems during lithium treatment**

Dr David Cousins, Institute of Neuroscience, Newcastle University

**Preventing a Crisis Before it Happens: Identifying and Responding to Akathisia**

Ms Wendy Dolin

16.25 – 16.45

**Tea**

16.50 – 18.05

*New Science*

**S22 Is there a role for neuroimaging in delineating disorders or predicting clinical response in depression, alcohol and substance use disorders, or anxiety?**

Chair: Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton

**Utility of pregenual anterior cingulate cortex activity in predicting response to escitalopram treatment in patients with a current major depressive episode**

Dr Beata Godlewska, Department of Psychiatry, University of Oxford

**Investigating the relationship between reward processing and impulsivity using neuroimaging: the potential for predicting relapse in patients with alcohol and poly-drug dependence**

Dr Louise Paterson, Faculty of Medicine, Imperial College London

**fMRI correlates of peak response in the 7.5% CO2 inhalation model of generalised anxiety: a pilot study**

Dr Nathan Huneke, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton

*Disorders at the interface of neurology and psychiatry*

**TC2 The pros and cons of patient engagement**

Chair: Professor Alan Carson, Professor of Neuropsychiatry, University of Edinburgh

**The expert patient- confessions of a dementia doubter**

Professor Rob Howard, Professor of Old Age Psychiatry, University College London

**Digital engagement- the good, the bad and the misogynists**

Dr Andre Tomlin, The National Elf Service

**After the war- are politicians and patients a bit tired of experts?**

Professor Simon Wessely, Regius Professor of Psychiatry, Kings College London

16.50 – 18.05

*Quality Improvement*

**S23 “Want, disease, ignorance, squalor and idleness”: Making it better? Episodes in psychiatric practice, 1880 – 1980**

Chair: Dr Lydia Thurston, CT3, Oxford Health NHS Foundation Trust

**Exhaustion as a cause of death in the pre-neuroleptic era**

Professor Nicol Ferrier, Newcastle University

**Edith, Lily and Louise: three civilian patients and their asylum journeys during the First World War**

Dr Claire Hilton, Queen Mary University of London

**Transition to civilian life from war: UK veterans with post-traumatic illness, 1945 to 1990**

Professor Edgar Jones, Institute of Psychiatry, Psychology and Neuroscience

*Policy and Media*

**S24 Addressing the rising rates of compulsory admissions in England and understanding service users’ and families’ experience of detention**

Chair: Professor Sonia Johnson, Division of Psychiatry University College London

**Understanding variation in rates of detention**

Mr Luke Sheridan Rains, Division of Psychiatry University College London

**Patients’ and Families’ experience of detention**

Dr Sian Oram, Institute of Psychiatry, Psychology and Neuroscience, Kings College London

**Preventing detentions: what works**

Dr Brynmor Lloyd-Evans, Division of Psychiatry – University College London

*Clinical Practice*

**S25 Delivering trauma informed care in psychiatric services**

Chair: Professor Louise Howard, Professor of Women’s Mental Health, King’s College London and Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust

**Why we need trauma informed care in mental health services**

Ms Jemima Olchawski, Chief Executive, Agenda Alliance for Women and Girls at Risk

**Seeing through a trauma lens: the role, value and risks of trauma informed approaches in psychiatry**

Ms Sally Smith, Expert by Experience Coordinator, Tees, Esk and Wear NHS Foundation Trust and Lived Experience Advisor, Adult Mental Health Steering Group, NHS England and Dr Angela Sweeney, NIHR Post-Doctoral Research Fellow, St George’s, University of London

**Implementation of trauma informed care within psychiatric services: challenges and opportunities**

Professor Tim Kendall, National Clinical Director for Mental Health, NHS England

18.10 – 19.30

*Debate*

**S27 Debate: The use of cannabis for recreational purposes should be legalised**

Chair: Professor Sir John Strang, Head, Addictions Department, King’s College, London

**Speaker for the motion**

Baroness Molly Meacher, Chair, House of Lords All Parliamentary Group for Drug Policy Reform

**Speaker against the motion**

Professor Sir Robin Murray, Professor of Psychiatric Research

8.00	<b>Registration and coffee</b>
8.30 – 9.00	<p><i>Keynote</i>  <b>KN11 A Survey and Perspective on Psychiatry in America</b>            Chair: Professor Hugo Critchley, Brighton and Sussex Medical School            Dr Bruce Schwartz, APA President Elect</p>
9.00 – 9.30	<p><i>Keynote</i>  <b>KN12 Towards personalizing depression treatment</b>            Chair: Professor Hugo Critchley, Brighton and Sussex Medical School            Professor Brenda Penninx, Professor of Psychiatric Epidemiology, Vrije Universiteit, Amsterdam</p>
9.40 – 10.55	<p><i>New Science</i>  <b>S28 Depression, fatigue and medically unexplained symptoms: The value of computational models to understanding and treatment</b>            Chair: Professor Hugo Critchley, Brighton and Sussex Medical School</p> <p><b>Understanding emotion, anxiety and affective disorders from the perspective of disordered interoceptive inference</b>            Dr Micah Allen, University of Cambridge</p> <p><b>Functional neurological disorder; from diagnosis to mechanism and treatment</b>            Professor Mark Edwards, St George’s University of London</p> <p><b>Computational psychosomatics, fatigue and depression</b>            Dr Frederike Petzschner, University of Zurich and ETH</p> <p><i>Developmental</i>  <b>S29 Autism, mental health and suicidality</b>            Chair: Dr Ian Hall, Associate Dean for Advanced Learning and Conferences</p> <p><b>Know Your Normal: mental health in young autistic people</b>            Dr Laura Crane, Centre for Research in Autism and Education (CRAE), UCL Institute of Education</p> <p><b>How do we ask the question? Assessing suicidality in autistic people</b>            Dr Sarah Cassidy, School of Psychology, University of Nottingham</p> <p><b>Mental Health in Autism: tale of two cohort studies</b>            Dr Dheeraj Rai, University of Bristol</p> <p><i>Psychopharmacology</i>  <b>S30 Time to change? Defining treatment resistance in mood disorders</b>            Chair: Professor Tony Cleare, Professor of Psychopharmacology &amp; Affective Disorders, Institute of Psychiatry, Psychology and Neuroscience, King’s College London</p> <p><b>Defining treatment resistance and multi-therapy resistance in bipolar depression</b>            Dr Paul Stokes, Clinical Senior Lecturer in Mood Disorders, Institute of Psychiatry, Psychology &amp; Neuroscience, King’s College London</p> <p><b>Multiple-therapy-resistant major depressive disorder: a clinically important concept</b>            Dr Alan Currie, Consultant Psychiatrist, Regional Affective Disorders Service, Northumberland, Tyne and Wear NHS Foundation Trust</p> <p><b>Cognitive subtypes and treatment resistance in cognition for mood disorders</b>            Professor Allan Young, Director, Centre for Affective Disorders, Professor of Mood Disorders, Institute of Psychiatry, Psychology &amp; Neuroscience, King’s College London</p>

9.40 – 10.55

**Education and Training**

**MC3 Blogging and social media**

Chair: Professor Sonia Johnson, Professor of Social and Community Psychiatry, UCL Division of Psychiatry

**The British Journal of Psychiatry**

Dr Derek Tracy FRCPsych, Consultant Psychiatrist & Clinical Director Oxleas NHS Foundation Trust, London; Senior Lecturer, King's College London

**UCL Psychiatry MSc Students**

Dr Sarah Rowe, Lecturer on the MSc in Mental Health Sciences, UCL Psychiatry

**The Mental Elf**

Mr André Tomlin, Founder and Director of the National Elf Service

**Clinical Practice**

**S31 Bulimia nervosa 40 years on (1979 – 2019). What is Russell's legacy?**

Chair: H Lacey, Emeritus Professor, St Georges, London

**The story of an eating disorder. *The Spaces In Between: a memoir***

Caroline Jones, Journalist

**Food reward and addiction**

Dr Tony Goldstone, PsychoNeuroEndocrinology Research Group, Centre for Psychiatry, Division of Brain Sciences, Imperial College London

**New developments in the treatment of disorders of binge eating and bulimia nervosa**

Professor Ulrike Schmidt, Institute of Psychiatry, Psychology & Neuroscience, King's College London

10.55 – 11.25

**Coffee**

11.30 – 12.45

**New Science**

**S32 The limits of discovery: How do we balance the benefits and risks of genetic research in psychiatry?**

Chair: Professor Wendy Burn, President of the Royal College of Psychiatrists

**Investigating the genetic basis of psychosis and schizophrenia**

Professor James Walters, Cardiff University

**Cellular psychopathology: Insights gained from in vitro models into how schizophrenia risk is conferred at a cellular level**

Dr Mandy Johnstone, University of Edinburgh

**Psychiatric genomics research and mental health treatment: Setting the ethical agenda**

Dr Camillia Kong, Institute for Criminal Policy Research, Birkbeck College

**Developmental**

**S33 Neuro-developmental Disorders, Psychopathology and Offending Behaviour**

Chair: Dr Jean O'Hara, National Clinical Director for Learning Disabilities- NHS England, Consultant Psychiatrist, SLaM & Visiting Senior Lecturer, IOPPN

**How does cognitive ability affect the presentation and treatment outcomes of psychopathology?**

Professor Sabyasachi Bhaumik OBE, University of Leicester

**Characteristics of Offenders with Neuro-developmental Disorders**

Dr Jane McCarthy, Waikato Clinical Campus, University of Auckland

**People with autism detained in hospitals for treatment: typologies**

Dr Regi Alexander, Consultant Psychiatrist, Hertfordshire Partnership NHS Trust

11.30 – 12.45	<p><b>Psychopharmacology</b>  <b>S34 BAP: Pharmacological management of suicidality</b>  Chair: Professor Steven Marwaha, Professor of Psychiatry, University of Birmingham</p> <p><b>Lithium and the prevention of suicidality</b>  Professor Allan Young, Centre for Affective Disorders, Institute of Psychiatry, Psychology &amp; Neuroscience, King's College London</p> <p><b>Clozapine, psychosis and suicidality</b>  Dr Rachel Upthegrove, University of Birmingham</p> <p><b>Using data science to understand suicidality</b>  Dr Rina Dutta, Department of Psychological Medicine, Institute of Psychiatry, Psychology &amp; Neuroscience, King's College London</p>
	<p><b>Education and Training</b>  <b>MC4 Build your own – Experiential Simulation Training</b>  Chair: Dr Leonie Williams, South London &amp; Maudsley NHS Trust, London</p> <p><b>The Scope of Simulation Training</b>  Dr Sean Cross, Director Maudsley Learning, South London &amp; Maudsley NHS Trust</p> <p><b>Practical Aspects to Simulation Design and Debrief</b>  Marcela Schilderman, BSc, MBBS, MRCPsych – Psychiatrist and Fellow in Medical Education at Maudsley Simulation, SLaM</p> <p><b>Program Evaluation</b>  Chris Attoe, Head of Research &amp; Development at Maudsley Learning, and Research Lead at Maudsley Simulation, South London &amp; Maudsley NHS Foundation Trust</p>
	<p><b>Clinical Practice</b>  <b>S35 Eating disorders – A lifetime perspective for the generalist</b>  Chair: Dr Dasha Nicholls, Clinical Reader in Child Psychiatry, Faculty of Medicine, Imperial College London, UK</p> <p><b>Eating behaviours in early life</b>  Dr Clare Llewellyn, Associate Professor &amp; Obesity Research Group Leader, University College London, UK</p> <p><b>Neurobiology of eating disorders</b>  Dr Mima Simic, Consultant Child and Adolescent Psychiatrist &amp; Joint Head of the Child and Adolescent, Eating Disorders Service, South London and Maudsley NHS Foundation Trust, London</p> <p><b>Comorbidities in people with eating disorders</b>  Dr Carol Kan, Clinical Lecturer in Eating Disorders, King's College London, UK</p>
11.35 – 13.40	<p><b>S36 Research training: 'The whys and wherefores' – A session for medical students, FY doctors and psychiatry trainees followed by a networking lunch</b>  Chair: Dr Kate Lovett, Dean, RCPsych and Consultant Psychiatrist, Devon Partnership Trust</p> <p><b>Research training – everyone's business</b>  Professor Anne Lingford-Hughes, Imperial College and CNWL NHS Foundation Trust</p> <p><b>Why research matters – a view from mental health service users</b>  Rose Thompson and Angela Kinn, McPin Foundation</p> <p><b>The benefits of clinical research for a trainee and ten top tips for success</b>  Professor Oliver Howes, IoPPN-KCL and Imperial College and Dr Graham Blackman, Institute of Psychiatry, Psychology and Neuroscience, King's College London</p>
12.45 – 13.40	<b>Lunch</b>
13.20 – 13.45	<b>Rapid fire presentations</b>

13.50 – 14.20	<p><b>Keynote</b>  <b>KN13 Development of psychopathology: How can neurocognitive research improve our understanding of environmental risk?</b>            Chair: Dr Regi Alexander, Congress Co-Chair            Professor Essi Viding, Professor of Developmental Psychopathology at University College London</p>
14.20 – 14.50	<p><b>Keynote</b>  <b>KN14 The legacy of Gerald Russell: Eating disorders as Paradigms of Psychosomatic Illnesses</b>            Chair: Dr Ian Hall, Associate Dean for Advanced Learning and Conferences            Professor Janet Treasure, director of the Eating Disorder Unit and Professor of Psychiatry at the Institute of Psychiatry, King's College, London</p>
15.00 – 16.15	<p><b>New Science</b>  <b>S37 Imaging markers of response to lithium in bipolar disorder</b>            Chair: Professor Allan Young, Centre for Affective Disorders, Institute of Psychiatry, Psychology &amp; Neuroscience, King's College London  <b>The shape of things to come: brain structure and response to lithium in bipolar disorder</b>            Dr Letizia Squarcina, IRCCS, Ca' Granda Ospedale Maggiore Policlinico, Milano, Italy  <b>Ahead of the curve: from spectroscopy to lithium imaging in bipolar disorder</b>            Dr Fawzi Boumezbeur, PhD, CEA-NeuroSpin, France  <b>Location, location, location: multimodal and multinuclear lithium imaging in bipolar disorder</b>            David Cousins, Institute of Neuroscience, Newcastle University</p>
	<p><b>Developmental</b>  <b>S38 Thai Cave Rescue – Lessons for our understanding of wellbeing and resilience</b>            Chair: Dr Mark Berelowitz, Royal Free London NHS Trust  <b>How the boys have coped: in the cave, during the rescue, the immediate aftermath, and medium term follow up</b>            Dr Teerakiat Jareonsettasin, MRCPsych, Minister of Education, Thailand  <b>What the experience of the Wild Boars can teach us about our concepts of resilience and wellbeing in the face of adversity</b>            Dr Mark Berelowitz, Royal Free London NHS Trust</p>
	<p><b>New Science</b>  <b>S39 The future is digital... or is it? Challenges and successes in implementing digital technology for people affected by psychosis or bipolar disorder</b>            Chair: Dr Shivanthi Sathanandan, Consultant Psychiatrist, Camden and Islington NHS Foundation Trust  <b>Factors Affecting Implementation of Digital Health Interventions for People with Psychosis or Bipolar Disorder and/or Their Family and Friends</b>            Dr Golnar Aref, UCL &amp; Camden &amp; Islington NHS Foundation Trust  <b>Implementation of web-based supported self-management intervention for relatives of people with psychosis or bipolar (IMPART study (Implementation of A Relatives' Toolkit))</b>            Professor Fiona Lobban, Lancaster University  <b>ARIES study- an App to support Recovery in Early Intervention Services</b>            Professor Sonia Johnson, UCL &amp; Camden &amp; Islington NHS Foundation Trust</p>

15.00 – 16.15

**Education and Training**

**S40 Inclusivity in mind: LGBTQ+ mental health, training and workforce development**

Chair: Mr Jonathan Gibb, University of Manchester, Manchester

**Developing standardised training to recommend cross-sex hormones and surgeries**

Professor Christina Richards, Tavistock and Portman NHS Foundation Trust, London

**How can research involving the experiences of LGBTQ+ people inform clinical practice?**

Dr Katharine Rimes, Institute of Psychiatry, Psychology and Neuroscience, King's College, London

**LGBTIQ+ visibility - how important is it in psychiatry?**

Dr Elinor Hynes, East London NHS Foundation Trust, London

**Clinical Practice**

**MC5 Assessing risk of violence in mental illnesses: Updates and future directions**

Chair: Professor Tom Fahy, Professor of Forensic Psychiatry, Institute of Psychiatry, Psychology and Neuroscience, King's College London

**Update on epidemiology of violence in mental illness**

Dr Daniel Whiting, NIHR Doctoral Research Fellow, University of Oxford

**Developments in methods and approaches to risk assessment**

Seena Fazel, Professor of Forensic Psychiatry and Wellcome Trust Senior Clinical Research Fellow, University of Oxford

**Neurobiological correlates of aggressive behaviour**

Dr Nigel Blackwood, Senior Lecturer in Forensic Psychiatry, Kings College London

16.15 – 16.40

**Tea**

16.45 – 18.00

**Personality Disorders**

**S41 How can Personality Disorder diagnosis be related to treatment (and its outcome)?**

Chair: Professor Conor Duggan OBE, University of Nottingham

**Should we not take the sub-typing of Personality Disorders more seriously in Treatment Selection?**

Professor Conor Duggan OBE, University of Nottingham

**Antisocial PD and Mentalisation Based Treatment (MBT)**

Professor Peter Fonagy, UCL

**The role of formulation in the treatment and management of people with PD**

Dr Caroline Logan, University of Manchester

**Psychopharmacology**

**S42 Can we treat psychosis better?**

Chair: Professor Stephen Lawrie, Chair of Psychiatry and Neuro-Imaging & Head of the Division of Psychiatry

**Neural correlates of treatment response in psychosis**

Dr Sameer Jauhar, Institute of Psychiatry, Psychology & Neuroscience, King's College London

**Optimising drug treatment: using what we've got better.**

Professor Oliver D Howes, Psychosis Studies, Institute of Psychiatry, Psychology & Neuroscience, King's College London

**Conversing with voices: experiences from AVATAR therapy**

Professor Thomas Craig, Principle Investigator of the AVATAR Project



16.45 – 18.00

**Education and Training**

**MC6 Peer reviewing for journals**

Chair: Professor Patricia Casey, Editor BJPsych Advances, Royal College of Psychiatrists, London, Consultant Psychiatrist Mater Misericordiae University Hospital, Dublin Ireland, Professor Emeritus of Psychiatry, University College, Dublin, Ireland

**Principles of peer reviewing**

Professor Patricia Casey, Editor BJPsych Advances, Royal College of Psychiatrists, London, Consultant Psychiatrist Mater Misericordiae University Hospital, Dublin Ireland

**Facilitating group in workshop**

Dr Alexandra Pitman, UCL Division of Psychiatry, Dr Norman Poole, Editor BJPsych Bulletin, Dr Matthew Broome, University of Birmingham, Professor David Skuse, Editor of International Psychiatry and Dr David Reiss, Editor of CPD Online

**A complex paper for review**

Dr Richard Duffy, Dept. of Psychiatry, Mater Misericordiae University Hospital, Dublin, Ireland

**Clinical Practice**

**MC7 Death by discrimination: A global perspective on LGBTQI+ mental health law in low and middle income countries (LMICs)**

Chair: Dr Maire Cooney, Consultant Psychiatrist, NHS Greater Glasgow and Clyde, Hon Sen. Lecturer, University of Glasgow

Professor Michael King, Consultant Psychiatrist and Professor of Psychiatry, University College, London

Dr Bradley Hillier, Consultant Forensic Psychiatrist, Heathrow Immigration and Removal Centres, Central and North West London NHS Trust

Dr Peter Hughes, Consultant Psychiatrist, South West London and St George's NHS Trust

18.00 – 19.00

**Presentation ceremony**

8.00 – 9.00	<b>Registration and Coffee</b>
9.00 – 9.30	<p><b>Keynote</b>  <b>KN15 Modernising the mental health act - yes it's the right thing but can it be achieved?</b>            Chair: Professor Wendy Burn, President, Royal College of Psychiatrists            Professor Sir Simon Wessely, Regius Professor of Psychiatry, Kings College London</p>
9.40 – 10.55	<p><b>New Science</b>  <b>S43 The current state of the art in neuroimaging of bipolar disorder and schizophrenia</b>            Chair: Professor Allan H Young, Director, Centre for Affective Disorders, Institute of Psychiatry, Psychology &amp; Neuroscience (IoPPN), King's College London</p> <p><b>Imaging of people at high risk of bipolar disorder and schizophrenia</b>            Professor Stephen M Lawrie, Chair of Psychiatry and Neuro-Imaging &amp; Head of the Division of Psychiatry</p> <p><b>Development and validation of novel brain imaging phenotypes dissect the heterogeneity in psychosis</b>            Professor Sophia Frangou, Department of Psychiatry, Icahn School of Medicine at Mount Sinai, New York, NY, USA</p> <p><b>Molecular imaging of treatment response in bipolar disorder and schizophrenia</b>            Dr Sameer Jauhar, Institute of Psychiatry, Psychology &amp; Neuroscience, King's College London</p>
	<p><b>Psychopharmacology</b>  <b>S44 Psychopharmacology of neuropsychiatric conditions</b>            Chair: Professor Rafey Faruqui, KMPT &amp; University of Kent</p> <p><b>Psychopharmacology of Brain Injury</b>            Professor Shoumitro Deb, Division of Brain Sciences, Imperial College London</p> <p><b>Psychopharmacology of Neuropsychiatric Aspects of Epilepsy</b>            Dr Niruj Agrawal, Consultant Neuropsychiatrist, South West London and St George's Mental Health Trust, St George's Hospital, London</p> <p><b>Psychopharmacology of Neuropsychiatric Aspects of Movement Disorders</b>            Professor Andrea Cavanna, Consultant in Behavioural Neurology, Birmingham &amp; Solihull Mental Health NHS Trust, University of Birmingham, Aston University</p>
	<p><b>Clinical Practice</b>  <b>S45 Mental health and policing – The problems and the solutions</b>            Chair: Dr Alex Thomson, Central and North West London NHS Foundation Trust</p> <p><b>Can the Criminal Justice System Help Frequent Users of Urgent Mental Health Services?</b>            Dr Emma McAllister, United Kingdom</p> <p><b>Mental Health Policing: Not Just Doing the Wrong Thing Righter</b>            Inspector Michael Brown, West Midlands Police</p> <p><b>Secrets of Success for Street Triage</b>            Dr Andrew Molodynski, Consultant Psychiatrist, Oxford Health NHS Foundation Trust</p>

9.40 – 10.55

*Policy and Media*

**S46 Punching above our weight: how RCPsych is helping transform the system**

Chair: Dr Adrian James, Registrar, Royal College of Psychiatrists

**Prescribing better mental healthcare policy – improving the lives of people with mental illness**

Professor Wendy Burn, President, Royal College of Psychiatrists

**Developing better policy – utilising the passion and expertise of those working in mental health services**

Dr Tim Ojo, Associate Registrar for Policy Support, Royal College of Psychiatrists

**The view from the other side of the lobby – perspectives of a psychiatrist working in Parliament**

Dr Katherine Hay, RCPsych Parliamentary Scholar

*Clinical Practice*

**S47 The role of “community” in community care: Lessons from low and middle income countries**

Chair: Dr Subodh Dave, National Clinical Adviser, Community Mental Health Pathway, National Collaborating Centre for Mental Health and Dr Mrugesh Vaishnav, President of the Indian Psychiatric Society and Director Of the Samvedana Happiness Hospital, Ahmedabad

**‘Family’ as integral Caregivers for delivering Community Care: Indian Experience**

Professor Nitin Gupta, Department of Psychiatry, Government Medical College & Hospital, Chandigarh, India

**Lessons Shared: Community care in LAMI countries**

Professor Dinesh Bhugra, President, BMA

**It takes a village to raise a child**

Dr Oyedeji Ayonrinde - FRCPsych, MBA, Associate Professor Department of Psychiatry, Queen's University, Kingston, Ontario

10.55 – 11.20

**Coffee**

11.25 – 12.40

*New Science*

**S48 Psilocybin with psychological support for the treatment of depression and the re-emerging science of psychedelics**

Chair: Professor Anthony Cleare, Institute of Psychiatry, Psychology and Neuroscience, King's College London

**The evidence base for psychedelics**

Dr James J Rucker, The Institute of Psychiatry, Psychology and Neuroscience at King's College London. The South London and Maudsley NHS Foundation Trust

**Psychedelic therapy- a beginner's guide**

Dr Jonny Martell, Psychedelic Research Group, Imperial College London

**Therapeutic mechanisms**

Dr Robin Carhart-Harris, Head of Psychedelic Research Group, Imperial College London. Associate Professor at University of Oxford and Head of Centre for Psychedelic Research

11.25 – 12.40

**SAS Doctors**

**S49 Calling all SAS doctors**

Chair: Dr Monique Schelhase, Leeds and York Partnership NHS Foundation Trust

**CESR Committee**

Dr Nandini Chakraborty, Chair of the RCPsych CESR Committee

**RCPsych Mentoring Group**

Dr Jan Birtle, Chair of the RCPsych Mentoring Group

**Training and Workforce**

Mr Julian Ryder, Head of Training and Workforce, The Royal College of Psychiatrists

**Psychiatrists Support Service**

Dr Ros Ramsay, Chair of the Psychiatrists Support Service

*Clinical Practice*

**S50 Independent Mental Health Act Review – What it means for Psychiatrists in Practice**

Chair: Professor Sir Simon Wessely/Mr Steve Gilbert

**Mental Capacity and the Mental Health Act – what psychiatrists need to know**

Mr Alex Ruck Keene, Barrister, 39 Essex Chambers and Visiting Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience

**Advance Choice Documents – How do we get these to work?**

Dr Claire Henderson MRCPsych PhD, Clinical Senior Lecturer in Psychiatry, King's College London, Institute of Psychiatry, Psychology and Neuroscience

**A systematic response to improving equality in mental health care – the PCREF (Patient and Carer Race Equality Framework)**

Dr Shubulade Smith, Consultant Psychiatrist and Honorary Senior Lecturer, South London and Maudsley NHS Foundation Trust. Clinical Director of the National Collaborating Centre for Mental Health, Royal College of Psychiatrists

*Policy and Media*

**S51 The new anti-psychiatry: Responding to novel critiques on the legitimacy of psychiatry**

Chair: Professor Rob Poole

**The Power Threat Meaning Framework: A clinical psychologist's critique**

Professor Paul Salkovskis, Director of Oxford Institute for Clinical Psychology and Oxford Cognitive Therapy Centre

**Professionals in conflict and patient's narratives**

Professor Dariusz Galasinski, Professor of Discourse and Cultural Studies, University of Wolverhampton

**A psychiatrist's experience of a cyber-maelstrom**

Professor Linda Gask, Emerita Professor of Primary Care Psychiatry, Manchester University

*Clinical Practice*

**MC8 Brain injury masterclass for general psychiatrists**

Chair: Dr Niruj Agrawal, South West London & St George's MH NHS Trust, London

**mTBI & Concussion**

Dr Nigel King, Oxford Health NHS Foundation Trust & University of Oxford, Oxford

**Emotions, Motivation and Psychosis**

Dr Simon Fleminger, London

**Personality & Behaviour**

Dr Nick Medford, Bethlem Royal Hospital, Kent

12.40 – 13.35

**Lunch**

12.40 - 13.35

**Launch of StartWell for SAS Doctors**

13.10 – 13.35

**Rapid fire presentations**

13.40 – 14.10	<p><b>Keynote</b>  <b>KN16 Cortisol and the brain: look for the pattern not the level</b>            Chair: Professor Anne Lingford-Hughes, Imperial College London            Professor Stafford Lightman, Professor of Medicine, University of Bristol</p>
14.10 – 14.40	<p><b>Keynote</b>  <b>KN17 Psychopathology: the foundational discipline of psychiatry</b>            Chair: Dr Lade Smith, Congress Co-Chair            Professor Femi Oyebode, Professor of Psychiatry, University of Birmingham</p>
14.45 – 16.00	<p><b>New Science</b>  <b>S52 Neuropsychiatry and psychosis today: roles for substance use, learning from viral infections, and linking genes-to-mechanism</b>            Chair: Professor Eileen Joyce, Professor of Neuropsychiatry, University College London</p> <p><b>Substance use and positive symptoms of psychotic disorders</b>            Professor William Honer, Jack Bell Chair in Schizophrenia, University of British Columbia</p> <p><b>Viral infections and mechanisms of illness in psychotic disorders</b>            Professor Ian Everall, Executive Dean, Institute of Psychiatry, Psychology &amp; Neuroscience, King's College, London</p> <p><b>A gateway to understanding psychosis: Studying exercise in mental illness</b>            Professor Peter Falkai, Chair, Department of Psychiatry and Psychotherapy, Ludwig-Maximilians University of München</p> <p><b>Psychopharmacology</b>  <b>S53 Antidepressants: Evidence synthesis and decision-making</b>            Chair: Dr Alexandra Pitman, UCL Division of Psychiatry</p> <p><b>Antidepressants and depression: evidence synthesis and decision making</b>            Professor Andrea Cipriani, University of Oxford</p> <p><b>The PANDA RCT: the effectiveness of antidepressants in UK primary care</b>            Dr Gemma Lewis, UCL Division of Psychiatry</p> <p><b>Minimal clinically important differences and clinical guidelines</b>            Professor Glyn Lewis, UCL Division of Psychiatry</p> <p><b>Clinical Practice</b>  <b>S54 Wounded Healers: The mental health of healthcare professionals</b>            Chair: Professor Jamie Hacker Hughes, University of Hertfordshire</p> <p><b>Professionalism, ethics and self-care for medical practitioners</b>            Dr Kym Jenkins, Royal Australian and New Zealand College of Psychiatrists</p> <p><b>Supporting mental health professionals in reaching decisions about sharing their own mental distress</b>            Dr Katrina Scior, University College London</p> <p><b>The Wounded Healer: An innovative anti-stigma programme targeted at healthcare professionals and students</b>            Dr Ahmed Hankir, Senior Research Fellow, Centre for Mental Health Research in association with Cambridge University</p>

	<p><i>Policy and Media</i></p> <p><b>S55 What place does Prevent have in psychiatric practice</b> Chair: Professor Clare Gerada, Medical Director NHS Practitioners Health Programme</p> <p><b>Conflating Mental Illness and Radicalisation: Securitized Care Pathways under Austerity</b> Dr Charlotte Heath-Kelly, Associate Professor, PAIS, University of Warwick</p> <p><b>Prevent, radicalisation and colour-blindness: Obscuring racism in clinical interactions</b> Dr Tarek Younis, PhD/PsyD, Clinical Psychology, Newton International Postdoctoral Fellow 2017-2019</p> <p><b>Prevent strategy and the death of evidence based medicine</b> Dr Shazad Amin, CEO MEND (Muslim Engagement &amp; Development) &amp; retired Consultant Psychiatrist</p>
14.45 – 16.00	<p><i>Clinical Practice</i></p> <p><b>S56 Responding to the psychological consequences of mass casualty, terrorist attacks: Lessons from Omagh, Manchester and London</b> Chair: Dr Ciaran Mulholland, Queen’s University of Belfast and Clinical Director Northern Ireland Regional Trauma Network</p> <p><b>Lessons from the Response to the Omagh Bomb</b> Dr Michael Duffy, Queen’s University of Belfast</p> <p><b>The Clinical Response to the Manchester Arena Attack</b> Professor Paul French, Clinical Lead for Early Intervention in Psychosis Greater Manchester</p> <p><b>Mental Health Response to the London Terrorist Incidents</b> Dr Idit Albert, Clinical Lead Psychological Trauma Outreach, Screen and Support Service for London Terrorist Incidents, CADAT, South London and Maudsley NHS Foundation Trust</p>
16.00 – 16.20	<p><b>Tea</b></p>
16.25 – 17.40	<p><i>New Science</i></p> <p><b>S57 Loneliness and mental health problems in diverse groups</b> Chair: Professor Sonia Johnson, Professor of Social and Community Psychiatry, UCL Division of Psychiatry; Honorary Consultant Psychiatrist, Camden and Islington NHS Foundation Trust</p> <p><b>Loneliness and mental health problems in adults: isolating the evidence</b> Dr Farhana Mann, Wellcome Clinical Research Training Fellow, UCL Division of Psychiatry</p> <p><b>Lonely young adults in modern Britain: findings from an epidemiological cohort study</b> Dr Tim Matthews, Postdoctoral Research Associate, Institute of Psychiatry, Psychology &amp; Neuroscience (IoPPN), King’s College London</p> <p><b>The relationship between loneliness and socio-demographic and clinical factors: comparison between people with borderline intellectual functioning and the general population.</b> Dr Afia Ali, Clinical Associate Professor, UCL Division of Psychiatry; Honorary Consultant Psychiatrist, North East London NHS Foundation Trust</p>

*Psychopharmacology*

**S58 Long-acting injectable antipsychotics (LAIs)**

Chair: Digvijay Singh Goel, Consultant Psychiatrist, Southland Hospital, Invercargill, New Zealand

**Maintenance therapy in schizophrenia**

Professor Mohan Isaac, Professor of Psychiatry & Consultant Psychiatrist, School of Psychiatry and Clinical Neuroscience, University of Western Australia, Perth

**Galaxy of long-acting antipsychotics: What is different**

Dr Shailesh Kumar, Consultant Psychiatrist, Department of Forensic Psychiatry, Honorary Clinical Associate Professor, Waikato Clinical Campus, University of Auckland

**Is there an early role for the LAIs?**

Professor Nagesh Pai, Foundation Professor of Psychiatry, University of Wollongong Graduate School of Medicine and Consultant Psychiatrist & Senior Academic in Adult Psychiatry, The Wollongong Hospital, Australia

16.25 – 17.40

*Clinical Practice*

**MC9 Alcohol related cognitive impairment in older people: Finding opportunities for intervention**

**Assessment, intervention and care**

Dr Tony Rao, Consultant Old Age Psychiatrist and Visiting Lecturer, South London and Maudsley NHS Foundation Trust and Institute of Psychiatry, Psychology and Neuroscience

**The Divided Mind**

Ms Diane Goslar, Patient

*Policy and Media*

**MC10 From the nursery to the PICU. What went wrong? A psychodynamic approach to mental illness**

Chair: Dr Tim Read, Consultant Psychiatrist Emeritus – Crisis Intervention Service & Liaison Service Royal London Hospital

**The Sanity In Madness –A Psychodynamic approach to Psychosis**

Dr Jo O'Reilly, Member of the Royal College of Psychiatrists, Member of the British Psychoanalytic Society

**Terror Loss and Breakdown; The Internal and External War on Terror**

Dr Rachel Gibbons, Therapy Director Priory Group, Consultant Psychiatrist and Psychoanalyst

*Clinical Practice*

**S59 Refugees in Europe – Relieving a humanitarian crisis from a mental health perspective**

Chair: Professor William Yule, Emeritus Professor of Applied Child Psychology, Institute of Psychiatry, Psychology & Neuroscience, King's College London

**A cascade model for trauma and traumatic grief for children**

Laura Tomlinson, BA(Hons), Dip Clin Psych., AfBPS, Children and War Foundation, London

**Group Intervention for Unaccompanied minor asylum seekers: Treating extreme trauma while facing uncertainty**

Dr Veronika Dobler, PhD, MRCPsych, Child and Adolescent Psychiatrist, University of Ulm, Germany, University of Cambridge, UK

**Low-Threshold Psychosocial Support for Refugees and Asylum Seekers in Reception Centres in Germany - a Pilot Project from Doctors Without Borders**

Dr Henrike Zellmann, Clinical Psychologist, Mental Health & Psychosocial Support Consultant

17.40

**Conference close**