Northern & Yorkshire and North West Joint Division
Masterclass on Mentoring Skills
Friday 5th February 2021 | 09:30-12:00

Online via Zoom Twitter: #rcpsychNY #rcpsychNW

09:30-09:35 Welcome and Housekeeping
09:35-09:50 Introduction - What is mentoring?
09:50-10:05 Breakout session – exercise on building rapport

10:05-10:15 Listening Skills
10:15-10:30 Asking questions
10:30-10:40 G.R.O.W. and goal planning
10:40-10:50 G.R.O.W. demonstration

10:50-11:00 Comfort Break

11:00-11:30 Skills practice
11:30-11:40 Self-review – what went well & what to improve

11:40-11:50 Question and Answer session
11:50-12:00 Summary of key learning points

12:00 Close

2.5 CPD credits subject to peer group approval