

RCPsych NI Winter Conference Programme

Psychiatry, Nature and the Climate Crisis – the connectedness of mental and planetary health.

Thursday 25th November 09:30am – 4.30pm
Online Via Zoom Webinar

09.15am – 09:30am Registration

Session 1

09:30am – 10.00am Dr Richard Wilson, Chair RCPsych NI
Nature, place and relationship....a plea for connection.

10.00am – 10.30am Pádraic Fogarty
Irish Wildlife Trust
Connecting people to the biodiversity crisis

10.30am – 11.00am Dr Aoife Kirk – Irish Doctors for Environment
The Impact of Climate Change on Human Health

11.00am – 11.15am Q&A

11.15am – 11.30am Coffee Break

Session 2

11.30am – 12.15pm Dr Guy Harvey – Consultant Psychiatrist, Consultant in Sustainable Healthcare, CNTW NHS Trust.
The Environmental Footprint of Pharmaceuticals. Ideas on how to reduce it.

12.15pm – 1.00pm Dr Dasal Abayaratne, ST5 Sheffield Health and Social Care Trust and Sustainability Scholar RCPsych
Establishing sustainable mental health practice and multi-disciplinary quality improvement.

1.00pm – 1.15pm Q&A

1.15pm – 2.00pm Lunch

Session 3

2.00pm – 2.30pm

Dr Sue Stuart-Smith MA MBBS MRCPsych PhD
The Well Gardened Mind

*Dr Stuart Smith book *The Well Gardened Mind* demonstrates through science, insight and anecdote that shows how our understanding of nature, and its restorative powers is only just beginning to flower.*

2.30pm – 3.15pm

A Tale of Two Gardens

St Lukes Hospital Armagh – Chaired by Dr Liz Dawson Consultant Psychiatrist SHSCT.

Dr Liz Dawson will lead a conversation on how garden spaces at St Lukes Hospital Armagh inpatient dementia services and outpatient addiction services have improved outcomes for patients.

3.15pm – 3.30pm

Q&A

3.30pm – 3.45pm

Coffee Break

3.45pm – 4.15pm

Dr Amelia Cussans, Psychiatry Trainee CNWL NHS Foundation Trust – Psych Declares
Medical Activism

Q&A

4.15pm – 4.30pm

Dr Richard Wilson
Closing remarks.