

North West Medical Students Event

26 October 2021

14:00 – 16:30 via Zoom

Event Programme:

14:00 - 14:05	Welcome and Introduction	Dr Neel Halder
14:05 - 14:45	Top Tips for writing & publishing research	Dr Neel Halder
14:45 – 15:00	Systematic review of acute Neuro-psychiatric complications of Covid-19	Ghazel Mukhtar
15:00 – 15:10	BREAK	
15:10 – 15:40	How to ace your interview	Dr Gursh Johal
15:40 – 16:10	How to build an award winning portfolio	Dr Syeda Hasan
16:10 – 16:30	Panel Q&A	Dr Neel Halder

Speaker Biographies:

Dr Neel Halder



Dr Halder is an award-winning Medical Director for St Mary's Hospital, Warrington, a Senior Honorary Lecturer at the University of Manchester, and a regional Recruitment lead and Mentor for the College. He is an OSCE examiner and has written exam questions and interviews for prospective medical students. He has over 100 publications and poster presentations combined. He has written a book titled 10 Steps to Successful Medical Publications published by Doctors Academy. He is on the editorial boards of the Royal College journal the BJPsych Bulletin, and the British Journal

of Forensic Research, and is a peer reviewer for many other medical journals. His main aim is to enthuse as many undergraduates and other newcomers into research as possible and has helped students win awards for research. In 2020 he was awarded the coveted Consultant of the Year by the Royal College of Psychiatrists North West division.

Dr Syeda Hasan



Syeda is an ST6 in Intellectual Disability in North West Deanery Health Education. She is an RCPsych rep for ID trainees NW and Lead Organiser for Northwest Learning Disability Academic Regional Teaching Forum.

Considering her special interest in medical education, Syeda was appointed as an ST Lead for Medical Education and later continued to be part of Med Ed Leadership in Pennine Care. Syeda then took over a leadership role for the regional teaching forum for North West. Syeda has worked on several service developmental and strategic projects which were aimed towards transforming the medical education, recruitment and retention, enhancing supervision, pastoral care and wellbeing for trainees and trainers.

Syeda has been chairing and organising teachings, both at local and regional levels, presented in national and international forums and been involved in multiple Research & Quality improvement projects across the clinical and educational landscape. She is part of research

advisory groups both nationally and internationally and there are publications in process arising from her work in LD, Autism, Service Evaluation as well as in Medical Education.

Syeda is actively involved in promoting Intellectual Disability Psychiatry by presenting and motivating core trainees through participating in MRCPSYCH career workshops at local & regional levels, medical school career events and shared a video for the MRCPsych website NW as part of a virtual career session. She has become part of the ID Faculty recruitment team, working closely with faculty members to improve recruitment and retention for ID and Psychiatry.

Syeda was a finalist in the Inspirational Leadership Category in the Pennine Care Peoples Awards in 2019. In the same year, Syeda was awarded the accolade of higher trainee of the year by the North West Division of the Royal College of Psychiatrists.

Dr Gursharan Johal



Dr Gursharan Johal is a ST3 (Academic Clinical Fellow) in general psychiatry in Manchester. Her interests include research methodology in mental health research, and equality, diversity and inclusion in healthcare settings. Her achievements include "North West Psychiatry CT Of The Year 2020" and being nominated for the BMA Association Medal 2021. She was recently shortlisted for the BMJ Award 2021.

She is a previous Chair of BMA Junior Doctors' Conference (2018-2021), and currently is a Co-Lead for the Changing Face of Medicine project with the Academy of Medical Royal Colleges.

Ghazel Mukhtar, Amanda Hertzberg, Manish Mandal, Viraj Shah – Imperial College London

Ghazel Mukhtar

Ghazel is a 4th year medical student at Imperial College London currently intercalating in Remote Medicine. Ghazel has great interest in research academia and has worked on a range of projects in Global Health, Digital Health, Immunology and Neuroscience. Although conducting Research during the COVID-19 pandemic has been rapid and ever changing, Ghazel enjoyed the novelty of working in a field where there is still a wealth of knowledge to be gained about a particular disease. Previously Ghazel organised conferences, including the first national student-led conference on medical technology. Furthermore, Ghazel chaired the 'Innovation Conference' which highlighted technological advances in surgical technology.

Amanda Hertzberg

Amanda is in her fourth year with the Imperial College as a medical student and is currently undertaking her BSc year doing Medical Anthropology. She takes a particular interest in healthcare disparities, women's health and clinical research. Simultaneous to her studies she enjoys writing for student newspaper Felix or the Gazette.

Manish Mandal

Presently, Manish is a 4th year medical student at Imperial College London currently intercalating in Surgical Design, Technology and Innovation. Manish's interests are directed towards general surgery, orthopaedic surgery and clinical research.

Viraj Shah

Whilst attending the Imperial College London, Viraj has a primary interest in plastic & reconstructive surgery alongside interests towards innovation and medical education. Currently Viraj serves as president of Imperial's Surgical Society as well as the regional lead for ASiT, BFIRST and Suture UK. Outside of the surgical world, Viraj has a diverse range of research interests and is collaborating on projects with many organisations including Health-Shared, Stress Point Health and LondonPlus. Viraj is a firm believer in increasing accessibility to research and is especially looking forward to this event!