

**Royal College of Psychiatrists in Scotland**  
**The Medical Psychotherapy & Old Age Faculties, and**  
**Older Adults Section of the APP in the NHS Joint Conference 2021**  
Thursday 25<sup>th</sup> & Friday 26<sup>th</sup> November 2021  
Via Zoom / MS Teams



## **“New Histories”**

*Older age has too often been seen as a time when things are fixed, or can only be considered in terms of decline. Can we take new histories from our patients? Can they re-examine old histories and make them new? Can we help them find new perspectives--and broaden our own perspectives?*

*In this conference, run jointly by the RCPsych's Faculties of Medical Psychotherapy and Old Age Psychiatry, and the Older Adults Section of the Association for Psychoanalytic Psychotherapy in the NHS, we seek to promote a discourse between different disciplines that can help us foster these new histories.*

### **Programme**

#### **Thursday 25<sup>th</sup> November 2021**

*Hosted by RCPsych in Scotland via Zoom*

#### **Morning Session**

09.00 – 09.15	<b>Registration and Welcome</b> Dr Marina McLoughlin, Chair, RCPsych in Scotland Psychotherapy Faculty
09.15 – 10.05	<b>Introductory Reflective Group</b>
10.05 – 10.15	<b>BREAK</b>
10.15 – 11.10	<b>Histories and Stories Through Life</b> Dr Jane Garner, Consultant in Old Age Psychiatry
(10.55 – 11.10)	Presentation Q & A
11.10 – 11.30	<b>BREAK</b>
11.30 – 12.25	<b>Music as Mirror in the care of elderly people with Dementia</b> Rachel Darnley-Smith PhD, Freelance Music Therapist and Researcher, London
(12.10 – 12.25)	Presentation Q & A
12.25 – 12.30	<b>Morning De-brief</b>
12.30 – 13.00	<b>Medical Psychotherapy* &amp; Old Age Faculties Business Meetings</b> <i>*There will be elections and opportunities for roles in the Faculty. All Members, Fellows, Associates, and all psychiatric trainees are welcome to join the business meetings, whether attending the conference or not.</i>

This event (both days) may be eligible for up to 9hrs CPD, subject to your peer group approval and in line with the Royal College of Psychiatrists' guidelines.

13.00 – 14.00      **LUNCH**

**Afternoon Session**

14.00 – 14.40      **Higher Trainee Presentation**

Prerna Ambardar, ST5

(14.30 – 14.40)      Presentation Q & A

14.40 – 15.00      **BREAK**

15.00 – 15.55      **Psychodynamics and Old Age Liaison Psychiatry**

Dr Matthew Hagger, Consultant in Old Age Liaison Psychiatry, Royal Free Hospital, London

(15.40 – 15.55)      Presentation Q & A

15.55 – 16.15      **BREAK**

16.15 – 16.45      **Small Groups**

16.45 – 17.00      **Closing Remarks**

**Friday 26<sup>th</sup> November 2021**

*Hosted by NHS Grampian via MS Teams*

09.45 – 10.00      Registration & Welcome

10.00 – 11.00      **Title TBC**

Dr Sandra Evans, Consultant in Old Age Psychiatry & Group Analyst

(10.40 – 11.00)      Presentation Q & A

11.00 – 11.30      **BREAK**

11.30 – 12.25      **Life, Death, and Staff Teams**

Dr Tom Russ, Consultant Old Age Psychiatrist & Honorary Clinical Senior Lecturer

(12.10 – 12.25)      Presentation Q & A

12.25 – 12.40      **Video Presentation from Carer: Living Grief**

12.40 – 13.05      **Panel Discussion on Access to Services**

13.05 – 13.10      **Morning De-brief**

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13.10 – 14.10	<b>LUNCH</b>
14.10 – 14.30	<b>Small Groups</b>
14.30 – 15.25	<b>Still Alive, Still Growing – Older Age seen through the lens of two characters from Literature.</b> Susan Maciver, Psychodynamic counsellor & Psychodynamic Organisational Therapist (BPC)
(15.10 – 15.25)	Presentation Q & A
15.25 – 15.45	<b>BREAK (during which posters will be displayed)</b>
15.45 – 15.55	<b>Closing Discussion between both Chairs of Faculties</b>
15.55 – 16.55	<b>Large Group Discussion</b>
16.55 – 17.05	<b>Closing Remarks</b>

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