

The Royal College of Psychiatrists in Scotland Autumn Meeting 2019

Celebrating 25 years of the Office in Scotland

Thursday 19th and Friday 20th September 2019

Hilton Dunblane Hydro Hotel, Perth Road, Dunblane



RCPsych in Scotland Autumn Meeting

The Royal College of Psychiatrists in Scotland is extremely proud and delighted this year to be celebrating the 25th Anniversary of our Office in Scotland. We are offering psychiatrists in Scotland an exciting educational programme at our meeting on the 19th and 20th September which will be held at the glorious Dunblane Hydro Hotel. The evening programme of the 19th September will include a celebratory gala dinner and ceilidh. We are confident that the variety of presentations will provide each member with personal and professional development along with the opportunity to catch up with colleagues from Scotland and beyond.

Thursday 19th September 2019

The morning session is on the theme of the consequences of adversity. Professor Helen Minnis will talk about the impact of childhood adversity on mental health in adult life then Gerry McLaughlin and Adam Bennet will speak about the outcomes of looked after children in Scotland. Professor Matt Smith will address the links between poverty, universal basic income and mental health and Dr Aparna Shankar will speak on the health and wellbeing consequences of loneliness in older people.

The afternoon session will see the return of the trainee presentations. Previous years have shown a strong cohort of presentations across the various training grades and subspecialties and we expect this to be a stimulating afternoon. This year prizes will be awarded for the top three presentations.

Friday 20th September 2019

The morning session is on topical issue of gender dysphoria. David Parker will review service provision across Scotland, while Dr Sarah Kennedy will talk about the role of the psychiatrist in treatment of adults with gender dysphoria. Later in the morning Dr Gordon Wilkinson will address gender dysphoria in young people. We hope to have a speaker with lived experience and the morning will conclude with a question and answer session with the panel.

In the afternoon we turn our attention to the current and future practice of psychiatry. Dr John Mitchell will review where we are now in terms of psychiatric practice in Scotland. Dr John Russell will discuss plans for changes to training in psychiatry and our meeting will conclude with a consideration of the future of psychiatry by Dr Kate Lovett.

How to register

Book your place online at: <https://www.rcpsych.ac.uk/events/conferences>

Alternatively, call the Scottish Office on 0131 220 2910 or email: angela.currie@rpsych.ac.uk for more information.

Please note that this meeting qualifies for 10 hours of CPD points subject to approval by the individual member's Peer Group