

**SW Autumn Biannual Meeting 'Physical health and Psychiatry'
12 November 2021 – Virtual via Zoom**

Speaker biographies

Course Leads and Chairs



Professor Rohit Shankar

Professor Rohit Shankar is a Consultant in Developmental Neuropsychiatry and Clinical Director at Cornwall Partnership NHS Foundation Trust. He is also the Chair of the RCPsych South West Division. Professor Shankar will be welcoming everyone to the conference and Chairing the Debate.



Dr Elizabeth Ewins

Dr Elizabeth Ewins is co-leading this conference together with Dr Dheeraj Rai. Liz is a Consultant Psychiatrist in the Early Intervention in Psychosis team, based in Bath.



Dr Dheeraj Rai

Dr Dheeraj Rai is Associate Professor in Neurodevelopmental Psychiatry at the University of Bristol and, together with Dr Liz Ewins, will be co-leading this conference.

Speakers



Dr Kyra Neubauer

Dr Kyra Neubauer is a Consultant Geriatrician. During the last 10 years she has been managing patients of any age with multiple co-morbidities and frailty. Passionate about holistic care she has worked to improve joint management of patients. As a Consultant in the South West she has set up a wide range of specialist medical liaison services in the area for stroke, surgical and psychogeriatric patients. She designed and set up the service in Southmead hospital for managing complex and frail patients from the 'front door' to discharge. Working with AWP clinicians, managers and CCGs she led and developed a physical health strategy to improve physical health care for psychiatric patients in hospital and the community. She led on the ASW 100, the most comprehensive piece of work ever undertaken in a mental health trust that has brought into sharp focus the challenge faced by Psychiatrists in providing holistic care She is part of the national review into this area of care being undertaken by NCEPOD.



Dr John McGrath AM, MBBS, MD, PhD, FRANZCP, FAHMS

Dr John McGrath is a Psychiatrist interested in discovering the causes of serious mental disorders. He is Director of the Queensland Centre for Mental Health Research and conjoint Professor at the Queensland Brain Institute. His research aims to generate and evaluate nongenetic risk factors for schizophrenia. He has forged productive cross-disciplinary collaborations linking risk factor epidemiology with developmental neurobiology. John and his colleagues have made discoveries linking prenatal vitamin D and later risk of mental health illness in the offspring. John has supervised major systematic reviews of the epidemiology of schizophrenia, and studies mapping comorbidity in those with mental disorders. He was awarded a John Cade Fellowship by the Australian National Health and Medical Research Council, a Niels Bohr Professorship by the Danish National Research Foundation, the Erik Stromgren Medal and the Liber Prize for outstanding Schizophrenia Research.



Dr Robin Fackrell

Dr Robin Fackrell is a Consultant Physician and Specialist in Parkinsons Disease and Related Disorders at the Royal United Hospital, Bath where he runs a Multidisciplinary Movement Disorder service. He is an Honorary Senior Lecturer at the University of Bristol, Fellow of the Royal College of Physicians and has a Masters in Healthcare Ethics and Law. His particular areas of interest include Non-Motor Symptoms of Parkinson's Disease and Palliative care. He will speak of 'Neuropsychiatric conditions'.



Professor Wendy Burn CBE, BM, MMedSc, FRCPsych

Professor Wendy Burn was appointed a Consultant Old Age Psychiatrist in Leeds in 1990 and now works part-time in a community mental health team for older people and as National Mental Health Clinical Advisor to Health Education England. She has been involved in the organisation and delivery of postgraduate training since she started as a consultant and has held many roles in education. She set up the Yorkshire School of Psychiatry and was the first Head of School. She was Dean of the Royal College of Psychiatrists from 2011 to 2016 and President from 2017 to 2020. She is currently Co-chair of the Gatsby Wellcome Neuroscience Project focussing on modernising the neuroscience taught to psychiatric trainees. She is Chair of the Clinical group of Equally Well, a project set up to improve physical health in people with a serious mental illness and leads the Expert Group on COVID-19 Care for People with Mental Illness for the World Psychiatric Association.



Dr Meaghan Stacy, Ph.D.

Meaghan Stacy is a licensed clinical psychologist and Associate Professor of Psychiatry at the Yale University School of Medicine. She attended Johns Hopkins University for her undergraduate degree and American University for her Master's and Doctorate. Her research, training, clinical, consultation, and administrative efforts focus on the development and improvement of healthcare systems. Her work primarily focuses on using data to improve clinical practice among diverse disciplines, particularly regarding recovery-oriented care, suicide prevention, serious mental illnesses, and women's mental health.



Dr Emanuele Osimo

Dr Emanuele Osimo is a Chain Florey Clinical Research Fellow at the MRC London Institute for Medical Sciences (LMS) and at Imperial College London, and visiting researcher at the University of Cambridge. He completed his medical training and an intercalated MSc in the genetics of serious mental illness in Milan (Italy), and two clinical research fellowships since the start of his postgraduate training in Psychiatry in the UK. Dr Osimo is currently undergoing a PhD in the genetics of schizophrenia and will talk on 'Prognostically adverse cardiac changes in chronic schizophrenia'.



Dr Chloe Broughton

Dr Chloe Broughton is a Consultant in Diabetes and Endocrinology at The Royal United Hospital, Bath. She is clinical lead for antenatal endocrinology and diabetes with a specialist interests in the use of emerging technology to manage diabetes. She has developed joint virtual clinics with primary care, to improve both the care of people with diabetes and also educate and upskill the community healthcare professionals caring for these patients. Alongside her clinical work, she has an interest in medical education and improving training for junior doctors and allied healthcare professionals. Chloe will talk on 'Endocrinology and mental health'.

Professor Dame Clare Gerada

Since 1991 Professor Clare Gerada has worked as a Principal in General Practice whilst maintaining her interest and expertise in the addiction field. Professor Gerada has held a number of national roles, including Senior Policy Advisor Department of Health, Drugs and Alcohol and Director of RCGP Substance Misuse Unit and was Chair of RCGP National Expert Group on Substance Misuse. Since 2020 she has been Chair of the charity *Doctors in Distress* which aims to reduce suicides amongst doctors and other health care workers.

Professor Gerada will take part in the Debate supporting the motion 'Psychiatrists should be responsible for their patient's physical health'.



Dr Nwaorima Kamalu

Dr Nwaorima Kamalu is an Education Fellow and ST6 Registrar in Old Age and General Adult Psychiatry. She completed her core training in South London and the Maudsley and is currently working and training in Bristol for Avon & Wiltshire Mental Health Partnership NHS Trust. Her special interests include Neuropsychiatry and Physical Health Care in Mental Health Services. She is one of the Higher Trainee Representatives for the RCPsych Faculty of Old Age Psychiatry and is currently organising the Faculty's first trainee conference, which will take place in December 2021.

Dr Kamalu will take part in the Debate opposing the motion 'Psychiatrists should be responsible for their patient's physical health'.