



Adolescent Forensic Psychiatry SIG Annual Conference

19 November 2021 | Online

Conference brochure

The Taboo Diagnosis

What difference does a diagnosis make? PD or not PD...that is our question....

What would you call it? EUPD? BPD? Emerging PD or emotional dysregulation? No other psychiatric condition or cluster of symptoms has so many different labels. Is there any coincidence that it is one of the most 'controversial' and stigmatised diagnoses that still creates such polarised views amongst the professionals and the public?

Are we resistant to give a diagnosis of personality disorder because we feel hopeless about the treatment options and prognosis? Would earlier diagnosis be a beneficial thing? Do we fear an individual would forever be carrying this diagnosis with them and using it as an explanation for anything and everything? Will the recent ICD 11 changes make personality disorder in young people even more confusing and blurred or will it allow them to access the services and treatment that they need?

The Adolescent Forensic Psychiatry Special Interest Group welcomes you to the conference, to look at why it feels like we're still not getting it right. Offering both professional opinions and personal experiences, this conference is set to be a complex and emotionally charged topic. At the heart of this debate are the people we give these labels to along with their family and friends. How can we expect adolescents to understand their condition or engage in appropriate treatment if we are unclear on how to explain their symptoms? Further questions of whether we are over-diagnosing, under-diagnosing, or diagnosing too late – and why that might be happening will be discussed.

We will be hearing from a range of services that are working with vulnerable young people who are experiencing symptoms of emotional dysregulation and are often misunderstood or stuck between services.

Programme

Session #1	
09:15	Welcome and introductions – Labels, Interfaces and Ethical Dilemmas Dr Gill Bell, Chair, Adolescent Forensic Psychiatry Special Interest Group
09:35	What decides placement/service provision? Dr Heidi Hales
09:55	Making a case for diagnosis and treatment of BPD in under 18's Jane Cannon MBE and Ian Gould, Bereaved parents and mental health campaigners
10:30	The College Position Paper PS01/20: Services for people diagnosable with personality disorder Dr David Kingsley
11:00	Morning break
Session #2 , chaired by Dr Gill Bell	
11:30	Oxford DBT service Emily Kamal Smith, Oxford DBT Services
12:00	The Secure Estate Andrew Rogers, National Advisor, Secure Stairs
12:30	Admissions- When It Doesn't Work! Dr Tina Irani
1:00	Lunch break
Session #3 chaired by Dr Gill Bell	
2:00	Adolescent Low Secure Service - A Model of Care (Systems, Strategies & Therapies) to support Good Outcomes Dr Laurie Van Niekerk
2:30	ICD-11 personality disorders - implications for adolescent psychiatry Professor Peter Tyrer
2.55	Afternoon Break
Session #4 Chaired by Dr Mayura Deshpande	
3:15	Question Time / Any Answers? A facilitated panel discussion Dr Gill Bell, Jane Cannon, Hayley Dilloway, Ian Gould, Dr Tina Irani, Dr Lorraine Johnstone, Emily Kamal Smith, Dr David Kingsley, Dr Anne Taylor, Professor Peter Tyrer
4:30- 4:40	Closing comments Dr Gill Bell

Speaker abstracts and biographies

The College Position Paper PS01/20: Services for people diagnosable with personality disorder

Dr David Kingsley

In this presentation Dr Kingsley will give an outline of the all-age Position Paper issued by the Royal College of Psychiatrists in January 2020. He will particularly focus on the aspects of this paper that relate to children and young people and the recommendations that were made that are of relevance. He will discuss the need for and benefits of this paper in the context of current services for Personality Disorder for children and young people. He will discuss a current piece of work to develop a follow-up document with a developmental focus that will deal in greater detail with the issue of service provision for young people with these presentations.

Dr David Kingsley is Consultant Child and Adolescent Psychiatrist and Clinical Director for CAMHS for Priory Group. He is currently National Clinical Lead for Low Secure CAMHS for NHSEI and sits on the Specialist CAMHS Clinical Reference Group. He represents the Adolescent Forensic SIG on the Child and Adolescent Faculty Executive and represented the CAP faculty in the all age Position Paper on Personality Disorder published in January 2020. He is currently working with a group of CAMHS clinicians and people with lived experience to develop a follow up paper from the CAP faculty to address the developmental aspects of Personality Disorder and improve services for young people. Dr Kingsley also sits on the executive committee of the British and Irish Group for the Study of Personality Disorder.

Oxford DBT service

Emily Kamal Smith

A brief outline of the Oxford DBT CAMHS service, the DBT programme and an opportunity to ask questions.

Emily Kamal Smith is a Mental Health Practitioner and DBT individual therapist in the OSCA CAMHS team, with a Masters in Mental Health Nursing and a Psychology BSc. I have been working for Oxford Health for over 10 years, in inpatient and community settings, and have been involved in delivering DBT skills to young people throughout this time.

The Secure Estate

Andrew Rogers

Complexity, culture and collaboration: A framework for integrated care in the Secure Estate for Children & Young People: SECURE STAIRS

Andrew Rogers is a Consultant Clinical & Forensic Psychologist has worked in and managed specialist psychological services within community, residential, prison, and hospital settings supporting children, adults and families presenting with high risk and complex needs arising out of their life experiences. Andrew is currently National Clinical Advisor for 'Secure Stairs', an NHS England and Innovation collaboration supporting the development of a psychologically and trauma-informed framework of integrated care within the secure estate for Children & Young People.

Admissions- When It Doesn't Work!

Dr Tina Irani

Case examples to generate a discussion around which young people do not benefit from admission to hospital.

Tina Irani is a Child and adolescent Forensic Psychiatrist who has had the opportunity to work across GAUs, LSU and MSU and the custodial services as well in the community, with young people with complex needs.

Adolescent Low Secure Service - A Model of Care (Systems, Strategies & Therapies) to support Good Outcomes

Laurie Van Niekerk

Overview of the Clinical Model of Care provided in our Adolescent LSU - tailored to the "core" difficulties in young people diagnosed with emerging EUPD+. I will highlight practical steps and also discuss outcomes from a clinical perspective.

Laurie Van Niekerk has been an adolescent inpatient psychiatrist since 2011, having worked in GAU, PICU and LSU settings. My main interests are around clinical outcomes and interventions tailored to the needs of young people with complex mental health difficulties. I am also passionate about medical education.

ICD-11 personality disorders - implications for adolescent psychiatry

Professor Peter Tyrer

Child and adolescent psychiatry does not currently embrace the concept of personality disorder. This presentation explains why it should

Peter Tyrer is Emeritus Professor of Community Psychiatry at Imperial College London and Consultant in Transformation Psychiatry in Lincolnshire Partnership NHS Trust. He sees all types of patient and all ages in his practice

Question Time / Any Answers? A facilitated panel discussion

Chaired by Dr Mayura Deshpande

Dr Gill Bell, Consultant Forensic Adolescent Learning Disability Psychiatrist, National Clinical Lead Adolescent Medium Secure Network, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, and Chair, North of England Approvals Panel. Dr Gill Bell is a dual trained Intellectual Disability and Forensic Psychiatrist. She is currently the Chair of the AFPSIG. She has served on a number of Committees in the College over the years first as a Psychiatric trainee representing the North of England and being Vice Chair of the Psychiatric Committee. She has served on the Faculty of Intellectual Disability twice. She is a trainer for both Core and Higher trainees and has been both a College Tutor and TPD. She has had a number of managerial roles including being an AMD for Learning Disability and Secure Services and a DMD for Quality and Safety. She was previously on the Secure CAMHs CRG and is currently serves on the Tier IV CAMHS CRG. She is the National Clinical Lead for the Adolescent MSU Network and the Consultant Psychiatrist for Lennox and Adolescent MSU for individuals with Intellectual Disability and Forensic Mental Health needs.

Jane Cannon and Ian Gould, bereaved parents and mental health campaigners.

Mayura Deshpande has worked as a consultant in forensic psychiatry in both adult and adolescent secure services since 2007 in Hampshire. She worked in Bluebird house adolescent medium secure hospital and was its clinical director from 2010 onwards. She has since held a number of leadership posts within Southern Health NHS Foundation Trust. Mayura was previously clinical lead of the national network of adolescent medium secure services until 2019, and carried out, with colleagues in NHS England, a comprehensive review and needs assessment of the network in 2017, resulting in significant changes within that network and enhanced links with stakeholders. She is, since 2019, national specialty advisor for secure care at NHS England and Improvement. Mayura has a long standing interest in ethics and law. She has provided teaching in ethics and law to University of Southampton medical school for many years, as well as to psychiatry trainees, and remains actively involved in teaching and training, as well as carrying

out investigations. She is chair of the Ethics and Professional Practice Committee at the Royal College of Psychiatrists, promoting the importance of ethical clinical practice and good governance into adverse events in mental health.

Hayley Dilloway is a Secure CAMHS Matron from Ardenleigh I cover LSU and MSU CAMHS inpatient services. I have worked in Secure CAMHS for nearly 11 years.

Dr Lorraine Johnstone, Consultant Clinical and Forensic Psychologist

Dr Anne Taylor, Consultant Child and Adolescent Psychiatrist, East Midlands FCAMHS team, Nottinghamshire Healthcare NHS Foundation Trust.