

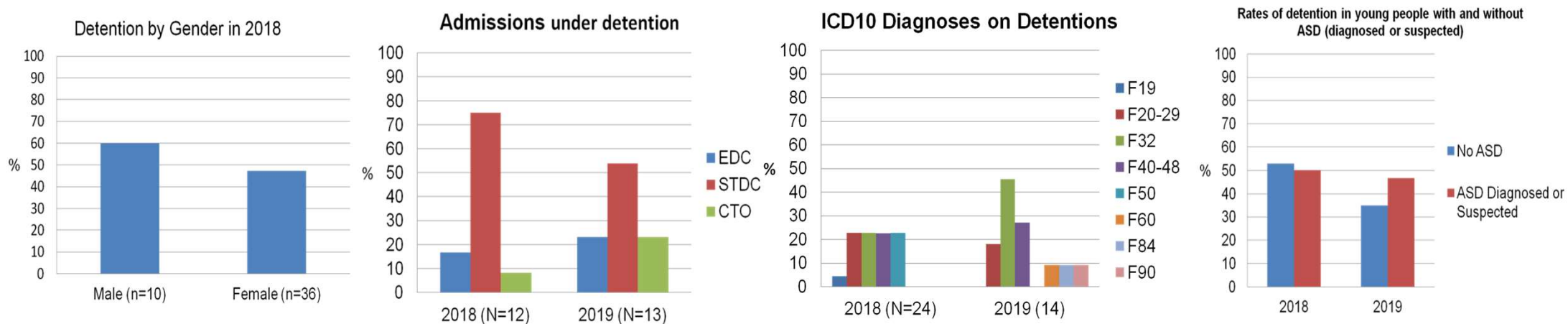
Admissions and Detentions in the West of Scotland Adolescent Inpatient Unit 2018/2019

Dr D Kerr ST5 & Dr C Oates ST5 CAMHS West of Scotland Training Programme

Introduction: A report published by the Mental Welfare Commission in Scotland highlighted increased rates of detentions under the Mental Health Act in the population and in particular in the under 25s group. Our aim was to see if these trends were reflected in a Tier 4 specialist CAMHS inpatient unit and to explore factors associated with detention.

Methods: Electronic case notes were reviewed for patients admitted to the unit for the same 3 month period in 2018 and 2019.

Results: In 2019 there were fewer admissions than 2018. (35 compared to 46.) 78% in the 2018 period were female compared to 97% in 2019 period. 50% of admissions were detained in 2018 and only 40% in 2019. In 2019 rates of detention were greater in young people with diagnosed or suspected ASD (46.7%) in comparison to those without (35%). In 2019 there were a greater number of people detained with depression, personality disorder or neurodevelopmental disorder and fewer with eating disorder and anxiety/ stress disorders in comparison to the previous year.



Discussion: The findings suggest a decrease in the overall number of detentions of young people in this area. Preponderance of female admissions is a notable finding and high rates of detention of young people with ASD is potentially concerning.

Implications: This study was limited to a 3 month period of 2 consecutive years. Further monitoring and a longer period of assessment would be useful to determine if these are indeed trends in gender and diagnoses and also the significance of ASD diagnosis.

References: Mental Health Act monitoring report 2018 – 2019. Published 23rd October 2019.