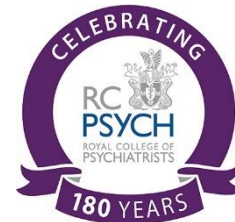


The eco-crisis and CAMHS: what's the relevance?

Faculty of Child and Adolescent Psychiatry Winter Conference



Thursday 25 February 2021 | online

Session 1: Introductions and RCPsych position statement	
12.30pm	Welcome: hopes and aspirations for the day Dr Bernadka Dubicka, Faculty Chair, Dr Kathryn Speedy, CAMHS Green Scholar and youth advocates Rhiannon Hawkins, Melissa Kingsley and Nathan Randles
12.40pm	President of the RCPsych – Dr Adrian James The Royal College of Psychiatrists response to the climate and ecological crisis
1:05pm	Question and answer session facilitated by youth advocates Rhiannon Hawkins, Melissa Kingsley and Nathan Randles
1:25pm	Tea break, poster viewing and art and photography exhibition
Session 2: Keynote address	
1:45pm	Chair: Dr Bernadka Dubicka Keynote: Dr Lise van Susteren American psychiatrist, and a thought leader in the US on the mental health consequences of climate change. Dr van Susteren was the psychiatric expert witness in the landmark lawsuit, Juliana vs US, in which a group of young people sued the US federal government on inaction on climate change. Dr van Susteren will be speaking about the evidence that she presented and her experiences of the case.
2:30pm	Question and answer session facilitated by youth advocate Rhiannon Hawkins
2:50pm	Tea break, poster viewing and art and photography exhibition
Session 3: The evidence for impact and green interventions	
3.15pm	Chair: Dr Catriona Mellor What is the evidence? Dr Rebecca Lovell is a Lecturer at the European Centre for Environment and Human Health, WHO Collaborating Centre on Natural Environments and Health at the University of Exeter Medical School. She focuses on synthesising and translating evidence of the links between natural environments, and health for policy and practice and has undertaken work with and for bodies such as the WHO, PHE, Defra, and Natural England. She has contributed to multiple studies on the effectiveness and implementation of green health interventions and will discuss her work in this area.
3:35pm	What is the evidence? Mental health through nature connectedness Professor Miles Richardson

	<p>This talk will be exploring what nature connectedness is and why it matters for mental health.</p> <p>Professor Richardson is based at the University of Derby, Professor of Human Factors and Nature Connectedness and leads the Nature Connectedness Research Group. The focus of his research is understanding and improving our connection with nature, because of the well-being and environmental benefits. He has worked with a number of conservation NGOs, including the National Trust, RSPB and The Wildlife Trusts and is a member of a Natural England research strategy group working with partners on a national indicator of nature connection, the NCI.</p>
3:55pm	Q&A session facilitated by youth advocate Melissa Kingsley
Participation - What is to be done?	
4.10pm	<p>Chair: Dr Nick Barnes</p> <p>Impact of nature and community growing projects on mental health and trauma in displaced communities</p> <p>Jess Zollman Thomas, Medical Student</p> <p>Keeping Nature in Mind in Tier 4 CAMHS</p> <p>Dr Catriona Mellor, Specialty Doctor, Oxford Health NHS Foundation Trust</p> <p>Mapping climate sustainability and nature based care in CAMHS / Nature Friendly schools project</p> <p>Dr Alan Kellas, Natalie Ganpatsingh and Jenny Teague</p>
4:25pm	<p>Results of CAP Faculty Members' survey January 2021</p> <p>Dr Kathryn Speedy, CAMHS Green Scholar</p>
4:40pm	<p>Youth Advocates, Rhiannon, Melissa and Nathan will present a discussion on young people's expectations and recommendations, focusing on the following three questions;</p> <ul style="list-style-type: none"> • When thinking about the Climate and Ecological Emergency and its impact on CYPMH, what should I be doing as a Child and Adolescent Psychiatrist both as an individual clinician, and within my organisation • What could and should the Royal College of Psychiatry be doing in response to the Climate and Ecological Emergency? • Recognising that this year will see COP 26 in Glasgow, what should we, as the Royal College of Psychiatrists and Child and Adolescent Psychiatrists be asking of world leaders at this forum?
5.00pm	<p>Summary of the day and next steps for the Greener CAMHS workstream</p> <p>Greener CAMHS resource page – to be presented by Dr Catriona Mellor</p>
5.05pm	<p>Closing comments</p> <p>Melissa, Nathan and Rhiannon</p>