

## 1. Aim

Create a social story for ADHD assessments for CAMHS outpatient team.

## 2. Background

- Social Stories are a social learning tool that supports the safe and meaningful exchange of information between parents, professionals, and people of all ages. The people who develop Social Stories are referred to as Authors, and they work on behalf of a child, adolescent, or adult with autism, the Audience. Social Stories were developed by Carol Gray in 1990.
- Social story for ADHD was done to help the children and parents undergoing assessments for ADHD have an idea what it will be like in simple terms. It was designed to serve like a process map.

## 3. Method

- Junior Doctors working in CAMHS outpatient department, Sussex Partnership were able to have a discussion with the CAMHS team about the processes involved in an ADHD assessment.
- They were then able to refer to the theme of Social stories and make a social story based on that for ADHD.
- Social story was created and it was send to all the staff in ADHD team to obtain their feedback.
- The created social story for ADHD can be used by the CAMHS team to be given to the children prior to having their assessment. This will help in aiding the communication and make the process more meaningful for those taking part in the assessment.

## 5. Lessons Learned

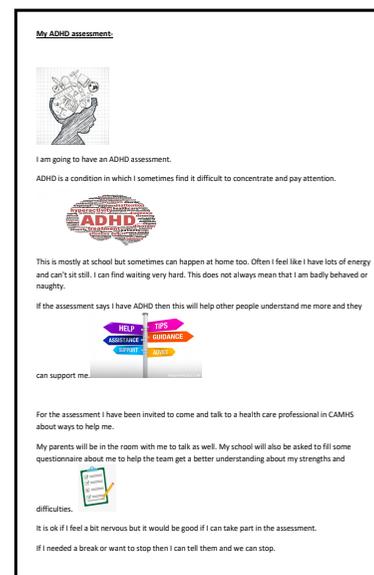
- We were able to get some feedback from the ADHD team including my consultant.
- Some of the feedback received were-What great work! , Great work with suggestion if we could staff pictures, Amazing work! Really great idea and effort.
- Understand the concept of social story and use it to communicate information effectively to all age groups.

## 6. Next Steps

- Send the questionnaires to parents awaiting the ADHD assessments via survey monkey to get their opinions.

## 4. Results

A questionnaire can be used to rate if the information provided in the form of social story was useful. Below is the social story created for the ADHD assessment.



## References

<https://carolgraysocialstories.com/social-stories/what-is-it/>

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Akansha Rajan CT2, Charlotte Primavesi  
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