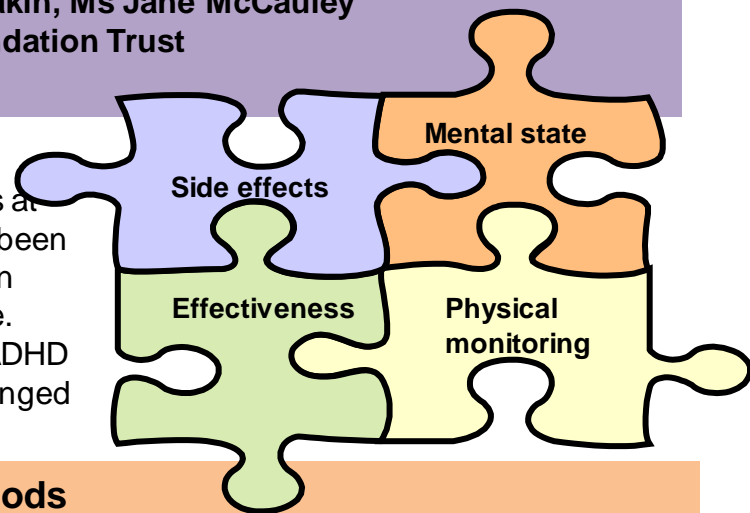


Service development driven by Covid-19: Before and after implementation of a HCA led clinic for ADHD physical health monitoring

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Background

Prior to Covid-19 physical health monitoring was undertaken by clinicians at each appointment. Since summer 2019, a HCA physical health clinic has been introduced alongside a move to online Psychiatry reviews. We also began loaning blood pressure machines to enable families to record this at home. This re-audit looked at adherence to NICE and trust guidance within the ADHD service but also examined how the adaptation of a HCA led clinic has changed adherence to physical monitoring standards.



Aims

To assess the physical health monitoring and management of ADHD in-line with NICE and trust guidance in the York CAMHS team and to assess how the impact of Covid-19 and a HCA led physical health monitoring clinic has impacted on care.

Methods

Audit of the first twenty patients attending the ADHD medication clinic in York from 4th Jan- 4th Feb 2021 Information was gathered from both electronic and paper notes.

Results

Height, weight and BP were recorded in 95% (93%) cases in original audit and pulse recorded in 100% (77%) cases in the reaudit since the introduction of the HCA clinic.

There was a significant increase-58% to 84% of young people assessed within a month of commencing medication at reaudit.

Conclusion

Service changes made necessary by the Covid-19 pandemic have resulted in a safer ADHD service with greater compliance with both trust and national guidance. We also found higher rates of patient satisfaction, and the changes implemented will be continued going forward.

“Get more accurate readings as he’s more relaxed in his own environment.”

“Find on line appointments easier than face to face-less time out of day and don’t have to take out of school”.