

Please support research through the child and adolescent psychiatry surveillance system

On behalf of the Faculty, I am writing to ask you to support research undertaken through CAPSS (Child & Adolescent Psychiatry Surveillance System). CAPSS are currently running [2 important studies](#) and each month we need you all to **report back to CAPSS** – EVEN if it's only to confirm you haven't seen a case:

1. **Are you getting CAPSS emails?** If you are a consultant in Child & Adolescent Psychiatry they should reach you at the start of each month. If not, please email capss@rcpsych.ac.uk to be added to the mailing list
2. **Are you seeing Avoidant/Restrictive Food Intake Disorder (ARFID)?** Please report, whether its yes or no.
3. **Are you working in England and referring or seeing 13-17 year olds admitted to a General Adolescent Unit far from home or to any adult psychiatric ward?** Please report, whether its yes or no!
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'No' responses are as important as 'yes' ones.

Why is this important?

For both studies, if we don't know the extent of the problem, we can't make changes to future commissioning and service delivery. By reporting cases of ARFID, or far away / adult ward admissions, you will be directly contributing to the evidence base that will:

- **Help inform and influence care and treatment in the future**
- **Better match patient needs with commissioning priorities and funding allocations**
- **Generate new priority research questions**

How do I find out more? Email: capss@rcpsych.ac.uk

Best wishes, Dr Elaine Lockhart, Chair, Faculty of Child and Adolescent Psychiatry

You will receive a monthly email containing your CAPSS e-card

If you **HAVE NOT** seen a case over the previous month

Please respond 'no'

If you **HAVE** seen a case over the previous month

Please report this case

You will then receive a baseline questionnaire via email - about the young person's clinical characteristics and current status

You will also receive a follow-up questionnaire in 6-12 months