

# Faculty of Eating Disorders Online Spring Conference 2022



## ***Making preventable death due to eating disorders a thing of the past: Launching the Medical Emergencies in Eating Disorders (MEED) guidelines***

**Date:** Thursday 19 May 2022

**Venue:** Online

<b>8.55am</b>	<b>Event opens online</b>
<b>9.00am</b>	<b>Welcome and introduction</b> Dr Agnes Ayton
<b>9.10am - 11.00am</b>	<b>SESSION ONE</b> Chair: Dr Agnes Ayton
<b>9.10am</b>	<b>Medical Emergencies in Eating Disorders (MEED): How the guidance has developed over time</b>  Professor Paul Robinson, Nutrition Science Group, Division of Medicine, University College London
<b>9.30am</b>	<b>Presidential Address</b> Dr Adrian James, President of the Royal College of Psychiatrists
<b>9.50am</b>	<b>Development of the MEED guidelines: the methodology and highlights</b>  Dr Dasha Nicholls, Clinical Reader in Child and Adolescent Psychiatry, Imperial College London  James Downs, Lived Experience Advisor and Patient Representative from RCPsych Faculty of Eating Disorders
<b>10.25am</b>	<b>Questions</b>
<b>10.40am</b>	<b>Break and virtual poster viewing</b>

<b>11.10am – 1.25pm</b>	<b>SESSION TWO</b> Chair: Dr Ruth Marshall
<b>11.10am</b>	<b>Type 1 Diabetes and Eating Disorders</b> Dr Carla Figueiredo, Consultant Psychiatrist, Dorset Eating Disorder Service Dr Marietta Stadler, King's College London Dr Simon Chapman, King's College Hospital NHS Foundation Trust, South London & the Maudsley Hospitals
<b>11.35am</b>	<b>Questions</b>
<b>11.45am</b>	<b>The Importance of MEED in the Emergency Department for both Patient and Carer</b> Dr Vicky Vella, Retired Associate Specialist in Emergency Medicine at Worcestershire Royal Hospital and Lived Experience as a Carer.
<b>12.05pm</b>	<b>Medical Emergencies in Eating Disorders: When do you need a Physician?</b> Dr Alastair McKinlay, Consultant Gastroenterologist with an interest in nutrition at the Aberdeen Royal Infirmary and President of the British Gastroenterology Society
<b>12.35pm</b>	<b>GP perspective on the new MEED guidelines</b> Dr Ceri Laird, GP working with Hertfordshire CEDS, BEAT and with Lived Experience as a Carer for a child with an eating disorder
<b>1.10pm</b>	<b>Questions</b>
<b>1.25pm</b>	<b>Lunch and virtual poster viewing</b>
<b>2.00pm – 3.30pm</b>	<b>SESSION THREE</b> Chair: Dr Matthew Cahill
<b>2.00pm</b>	<b>Nasogastric feeding under restraint: Update on national research</b> Dr Jacinta Tan, Consultant Child and Adolescent Psychiatrist, Oxford Health NHS Foundation Trust; Senior Clinical Research Fellow, NIHR Oxford Health Biomedical Research Centre; Honorary Senior Clinical Research Fellow, Department of Psychiatry, University of Oxford  Sarah Fuller Operational Lead – CAMHS Community Eating Disorders Service (CEDS) Advanced Specialist Eating Disorders and Research Dietitian

<b>2.35pm</b>	<b>Questions</b>
<b>2.45pm</b>	<b>Setting up a MEED service: Experiences from Northern Ireland</b> Dr David Coyle, Consultant Psychiatrist, Regional Clinical Lead for Eating Disorders, Northern Ireland.
<b>3.20pm</b>	<b>Questions</b>
<b>3.30pm</b>	<b>Break and virtual poster viewing</b>
<b>4.00pm – 5.00pm</b>	<b>SESSION FOUR</b> Chair: Dr Helen Bould
<b>4.00pm</b>	<b>Panel discussion</b>
<b>4.50pm</b>	<b>Closing comments</b>
<b>5.00pm</b>	<b>End of conference</b>