



Teaching Leadership and Followership through Simulation

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Introduction

The aim of the simulation teaching session was to highlight the importance of **leadership and followership** through a **practical** approach. Simulation based learning is commonly used in physical health settings to help teach participants about the importance of **human factors**. High fidelity simulation usually requires expensive equipment however, evidence suggests that **low fidelity simulation can be just as effective**¹. In our trust there is currently no simulation based learning for trainees.

Learning Objectives

- Demonstrates the ability to assess a patient's mental health including the **risk of harm to self and others**
- Carry out an **A-E assessment**
- Demonstrate **leadership and followership** appropriately with delegation
- **Communicate** effectively
- Use of **all available information**
- Call for **help**

Faculty Information

A 21 year old patient who is currently **informal** has tied a **ligature** whilst on **general observations**. A **psychiatric emergency** has been put out. The nurse has just cut the ligature off when the participants arrive.

- One participant cannot see
- One participant cannot speak
- One participant cannot use their hands



Student Brief

Collectively you are working as the duty psychiatry junior out of hours.

It is 19:30 on a weekday.

You have been called to a psychiatric emergency on the female ward.

One cannot see, one cannot speak and one cannot use their hands.

You can call for senior help and you have a mental health nurse with you.



Feedback

- Feedback was collected via paper forms from all eight participants.

Good discussion about human factors. I am more aware of how to use them in a practical situation.

The Simulation was very realistic. Good discussion. It has given me more confidence.

Consideration of delegating roles and leadership.

Identifying the need to huddle to formulate a comprehensive plan to make sure points of history are not missed.

Real life situation was used.

To what extent do you agree with the following statements:



Conclusion

- In conclusion this teaching session demonstrates that effective simulation based teaching can be achieved with a **low fidelity environment** to help highlight the importance of **human factors** when **assessing and treating patients**.
- We are planning further simulation sessions to be delivered to this cohort of trainees.
- We want to **share this novel teaching idea** so it could be used in other trusts.