

# Evaluating the impact of trainee research and audit forum in NHS Grampian

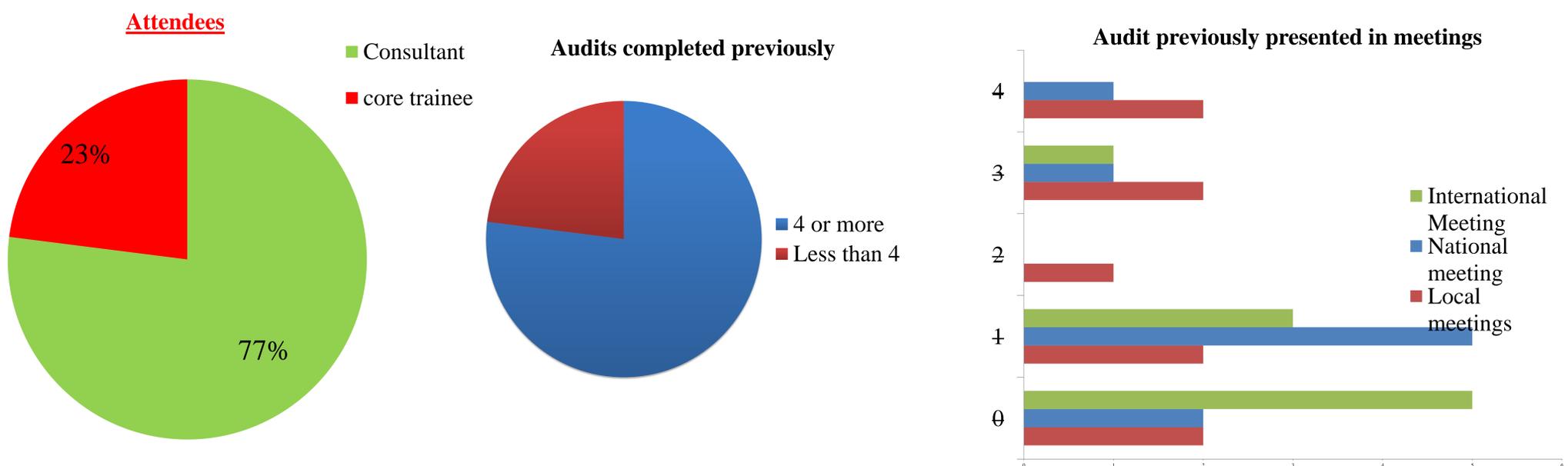
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**BACKGROUND-** Psychiatric trainees are required to complete audits in accordance with Annual Review of Competency. Audit Group meeting regularly held in Royal Cornhill Hospital is used to discuss completed audits. Unfortunately, a separate forum to discuss audits completed by Psychiatric trainees has not been set up till now. Therefore a separate forum for presentation of audits conducted by psychiatric trainees would lead to quality improvement. In NHS Grampian, a PDSA study was initially performed by my colleague Dr Ghafoor to evaluate the impact of the psychiatric trainee audit forum in Royal Cornhill Hospital, Aberdeen. Following on from there the present results are based on meeting on 12 Feb 2020. Psychiatric trainees presented their audits in the forum which was also attended by other trainees, non-trainees, hospital managers and consultants.

**AIM & OBJECTIVES-** To provide a platform for trainees of all grades in Royal Cornhill Hospital, NHS Grampian, Aberdeen, to present their projects, thereby attempting to improve patient care. The objective is to set up a platform for presenting research, audits, quality improvement measures by psychiatric trainees and measuring their impact influence on the attendees.

**METHODS-** Questionnaires were sent online via Zoho survey to Core & Higher Trainees, FY2 and GPST (17 in total of which 9 responded) in RCH. An initial pilot meeting was held on 8th May 2019 and the results of present survey based on a meeting at the held in Lewis Room, Recovery Resource Centre, 1pm to 2 pm on Wednesday 12th February. Approval from the Medical Director, who is part of the team, was sought. A poster was created to advertise the event and emails sent out to medical and managerial staff at 8, 4 and 2 weeks. Trainees were invited to present on a first come first serve basis. A brief talk on Quality Improvement was delivered by a Consultant Psychiatrist who was involved in the inception of this forum, followed by one audit presentation by a psychiatric trainee. Attendance counted as 1 hour of CPD. A second meeting was arranged initially for April 2020 however had to be cancelled due to COVID-19. The meeting was promoted at the Junior Doctor's Committees.

**RESULTS-** The meeting was attended by consultants (77%) and core trainees (23%). All attendees had presented at local meetings, most had presented at national meetings with only 3 having presented at international meetings. Over 70% had completed at least 4 audits previously.



**DISCUSSION & Conclusion-** This audit and subsequent reaudit was undertaken as a means of appraising and improving the content available by recording information in different sections of the assessment document. The results demonstrate an improvement in completion of the assessment document