



Faculty of Psychiatry of Intellectual Disability Spring Online Conference 2022

Friday 1 April 2022

@rcpsych #IDPsychSpring22

Useful Information

Registration

Please join at 08:55 ready for a prompt start at 09:00

Conference materials

View the [online resources](#) for this conference on the RCPsych website

View the [online poster gallery](#) for this conference on the RCPsych website.

Twitter

If you wish to tweet about the conference use #IDPsychSpring2022 and mention [@rcpsych](#)

Accreditation

This conference is eligible for one CPD point per hour, subject to peer group approval.

Certificates of attendance

Certificates of attendance will be emailed to delegates w/c 4 April 2022.

Speaker presentations

Presentations will be available online within one week of the conference, for up to two months. All delegates will be sent details of this after the conference. Please be aware that these presentations are kindly provided by the speakers but on some occasions, it is not possible to make these publicly available.

Watch on Demand

Recordings and conference materials for this conference will be made available to all delegates for 2 months after the conference. Recordings will be sent w/c 4 April 2022.

Feedback

We would appreciate your [feedback](#). All comments received remain confidential and are viewed in an effort to improve future meetings.

Conference Programme

08.55	Welcome
09.00– 10.20	SESSION 1 Chair: Dr Ken Courtenay Chair, Faculty of Psychiatry of Intellectual Disability, Royal College of Psychiatrists UK
09.05 – 09.35	Post Transforming Care Moving Forward: 'Vision & Plans' Dr Roger Banks, National Clinical Director

	Tom Cahill, National Director of Learning Disability & Autism, NHS England & Improvement
09.35 – 10.05	<p>Beyond-seizure benefits of early diagnosis and treatment in rare, childhood-onset developmental and epileptic encephalopathies</p> <p>Dr Sam Amin, Paediatric Neurologist, Senior Research Fellow, University of Bristol</p> <p>Dr Colin Reilly, Clinical Psychologist, Young Epilepsy, Lingfield</p>
10.05 – 10.20	Questions for the panellists
10.20 – 10.50	Break and Virtual Poster Viewing
10:50 – 12.20	<p>SESSION 2</p> <p>Chair: Dr Ken Courtenay Chair, Faculty of Psychiatry of Intellectual Disability, Royal College of Psychiatrists UK</p>
10.50 – 11.50	<p>Panel Discussion ‘Physical Health for people with Learning Disabilities – Should it be our business & priority?’ - Exploring new models of care</p> <p>Prof. Umesh Chauhan, Primary Care, East Lancashire CCG</p> <p>Professor Asif Zia, Consultant Psychiatrist, Director of Quality & Medical Leadership, Hertfordshire Partnership NHS Foundation Trust</p> <p>Dr Gerda de Kuijper, Senior Researcher, Centre for Intellectual Disability</p> <p>Psychiatry, Netherlands - Dr Ella Baines, Named GP for Safeguarding Adults & Children, Shropshire, Telford & Wrekin CCG</p>
11.50 – 12.20	<p>‘The new curriculum – a college, trainer and trainee perspective’</p> <p>Dr John Russell, Associate Dean of Curriculum</p> <p>Dr Mary Barrett, Consultant Psychiatrist, Leicestershire Partnership NHS Trust</p> <p>Dr Ilyas Ali, ST5 Trainee</p>
12.20 – 13.00	Lunch and Virtual Poster Viewing
13.00 – 14.15	<p>SESSION 3</p> <p>Chair: Prof. Asit Biswas Vice-Chair, Faculty of Psychiatry of Intellectual Disability Royal College of Psychiatrists UK</p>

13.00 – 13.30	<p>Long COVID – A missed diagnosis in people with learning disabilities?</p> <p>Dr Manoj Sivan, Associate Clinical Professor and Honorary Consultant in Rehabilitation Medicine, University of Leeds</p>
13.30 – 14.00	<p>People with ASD detained in secure hospitals: An exploration of clinical presentations, treatments, and care pathways</p> <p>Prof Regi Alexander, Consultant Psychiatrist – Hertfordshire Partnership University NHS Foundation Trust & University of Hertfordshire</p>
14.00 – 14.15	Questions for the panellists
14.15 – 14.45	Break and Virtual Poster Viewing
14.45 – 16.45	<p>SESSION 4</p> <p>Chair: Prof. Sujeet Jaydeokar, Finance Officer, Faculty of Psychiatry of Intellectual Disability Royal College of Psychiatrists UK</p>
14.45 – 15.15	<p>Closing specialist inpatient beds for intellectual disability – “Have we got it wrong?”</p> <p>Prof. Rohit Shankar, Peninsula School of Medicine, University of Plymouth</p> <p>Dr Kiran Purandare, Consultant Psychiatrist, Central & Northwest London Foundation NHS Trust</p>
15.15 – 15.45	<p>Trauma Informed Care in Intellectual Disability Services: the importance of Developmental Assessment and Attachment</p> <p>Allan Skelly, Consultant Clinical Psychologist, Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust</p>
16.15 – 16.30	Questions for the panellists
16.30 – 16.45	<p>Academic Secretary & Chair’s Closing Remarks</p> <p>Dr Inder Sawhney, Academic Secretary</p> <p>Dr Ken Courtenay, Chair, Faculty of Psychiatry of Intellectual Disability, Royal College of Psychiatrists UK</p>
16:45	End of Conference

Please note additional speaker abstracts and biographies will be uploaded here in due course

Speaker biographies and abstracts

SESSION 1 – 08.55– 10.20

CHAIR – Dr Ken Courtenay

Biography:

Dr Ken Courtenay, Consultant Psychiatrist in Intellectual Disability, Barnet Enfield and Haringey Mental Health NHS Trust London UK

Chair, Faculty of Psychiatry of Intellectual Disability, Royal College of Psychiatrists
I have worked in the NHS for over thirty years specialising in the mental health of people with intellectual disabilities. My clinical interest is in neurodevelopmental disorders and supporting people to lead more fulfilling lives. Currently, my clinical work is with offenders with autism and intellectual disabilities.

I have been Chair of the Faculty of Psychiatry of Intellectual Disability since 2018. In this role with the Royal College of Psychiatrists I advocate for better mental health care for people with intellectual disabilities and autistic people. As the leading professional body for psychiatrists in intellectual disability in the world, I have led on promoting MHID in Europe through the European Psychiatric Association and more globally through the World Psychiatric Association.

09.00: Post Transforming Care Moving Forward: 'Vision & Plans'

Speaker: Dr Roger Banks

Biography: Dr Roger Banks is a Consultant Psychiatrist with more than 30 years of experience of working with people with a learning disability, autistic people and their families. In 2020 he was appointed as National Clinical Director for Learning Disability and Autism in NHS England NHSImprovement.

Roger is a previous Vice-President of the Royal College of Psychiatrists, an Honorary Fellow of the Royal College of General Practitioners, Fellow of the Institute of Psychotherapy and Disability. He is Vice President of the Association for Research and Training on Integration in Europe (ARFIE) and a past President of the European Association for Mental Health in Intellectual Disability.

He supports WHO-Europe on intellectual disability issues.

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Abstract:

Speaker: Tom Cahill

Biography:**Abstract:****09.35: Beyond-seizure benefits of early diagnosis and treatment in rare, childhood-onset developmental and epileptic encephalopathies****Speaker:** Dr Sam Amin

Biography: Sam Amin currently works as a consultant paediatric neurologist at University Hospitals Bristol. He is also a senior research fellow in the Faculty of Medicine and Dentistry at University of Bristol. His clinical and research interests are focused on Tuberous Sclerosis Complex and CDKL5 Deficiency Disorder. He is the national lead for the CDKL5 network and scientific advisor for the TSA and CDKL5UK. Dr Amin has led several national and international studies in this field

Abstract:**Speaker:** Dr Colin Reilly**Biography:**

Abstract: Colin Reilly currently works as an educational psychologist at Young Epilepsy and as a neuropsychologist at Queen Silvia's Children's Hospital in Gothenburg Sweden. His clinical work primarily focuses on neuropsychological assessment of children with neurological conditions. His research focuses on psychosocial aspects of epilepsy including cognitive and behavioral comorbidities and parental mental health. He is currently chair of the International League Against Epilepsy (ILAE) committee on Pediatric Psychiatric Issues.

SESSION 2 – 10.50 – 12.20**CHAIR** – Dr Ken Courtenay**10.50: 'Physical Health for people with Learning Disabilities – Should it be our business & priority?' - Exploring new models of care****Speaker:** Prof. Umesh Chauhan**Abstract:**

Biography: Clinical academic based at University of Lancashire who is committed to high quality patient centred care working as a GP in a deprived area of East Lancashire for over 25 years. His research has contributed to both improving the knowledge base on tackling health inequality in health care and social care and improving quality of care delivery. Previously, he has held advisory roles on the work conducted by the Public Health England Observatory for Learning Disabilities and the Confidential Inquiry into the premature death of people with Learning Disabilities, and the subsequent establishment of the national Learning Disabilities Mortality Review (LeDeR) program which he is now co-leading in collaboration with colleagues at King's College London and St Georges. He is a

member of the Lancashire and South Cumbria Learning Disability and Autism Health Inequalities Group and East Lancashire CCG Quality Improvement Lead.

Speaker: Prof. Asif Zia

Abstract:

Biography:

Speaker: Dr Gerda de Kuijper

Abstract: A brief overview will be presented about data on the prevalence of intellectual disabilities (ID) in the Netherlands, and comorbidities and medication use in this Dutch population. Then, data and information on the organization of Dutch ID-healthcare will be given and the pros and cons will be discussed.

The prevalence of ID in the Netherlands is not exactly known because of registration deficits, especially in primary care. The ID-healthcare is traditionally provided by medical and psychological services affiliated to large institutions, but is gradually transferred to primary care, due to de-institutionalization especially for those with less severe disabilities. Nowadays, the specialized ID healthcare is provided by registered ID-physicians who followed the three-years post-graduate training. GPs could refer to ID-physicians' multidisciplinary outpatients' clinics affiliated to ID-institutions. However, knowledge exchange and intersectoral collaboration between ID-specialized healthcare, primary care and mental healthcare may be hampered resulting in risks for insufficient ID-healthcare.

Biography:

Gerda de Kuijper is an intellectual disability (ID)-physician and senior researcher affiliated to the Centre for Intellectual Disabilities & Mental Health (Dutch abbreviation CVBP), a department of Mental Health Care Drenthe (GGZ Drenthe), and the University Medical Centre Groningen (UMCG), the Netherlands. The CVBP is partner in the Academic Collaborative "Intellectual disability and mental health", a consortium of the UMCG departments Psychiatry and Family Practice, GGZ Drenthe and three ID-service providers.

Gerda started her carrier as a GP and physician in community youth healthcare for more than 10 years. Then she moved to ID-specialized youth mental healthcare working as a GP combined with working as ID-physician in specialized ID-healthcare. This combination, working on the cutting edge of psychiatry and ID-healthcare resulted in becoming interested in and feeling the urge to improve the knowledge about and the quality of ID-mental healthcare. In 2008, she started her PhD-study on the off-label prescription of antipsychotics and finished her thesis in 2013. Since then, she is a researcher and clinician in ID-mental healthcare.

Speaker: Dr Ella Baines

Abstract: Primary Care plays a crucial role in providing physical healthcare for people with a learning disability in the UK. GPs aim to provide accessible, personalised and holistic care close to home.

In this talk, I will discuss the benefits of Primary Care taking a lead role in physical health and also the limitations. I will explain the process and impact of Annual Health Checks as a reasonable adjustment to reduce health inequalities for those with learning disabilities. I will also outline how Primary Care Networks are prioritising the health of people in Care Homes.

Biography: Ella works as GP in Shrewsbury, Shropshire. She is the Named GP for Safeguarding Adults and Children at Shropshire, Telford & Wrekin CCG. She is the Secretary of the Royal College of General Practitioners Intellectual Disability Special Interest Group and lead GP for Learning Disabilities in her practice and Shrewsbury Primary Care Network.

Ella is a GP web editor for the website www.intellectualdisability.info. She is currently helping to edit RCGP guidance regarding the Accelerated Citizen Access to Data (access to GP records) to safeguard vulnerable groups.

Ella is passionate about reducing health inequalities for those with intellectual disabilities. She loves nothing more than helping her patients to live their best lives. She is a parent-carer and an expert by experience. Her eldest son has Cri Du Chat Syndrome. He is non-speaking with a severe learning disability and challenging behaviour. He also has a wicked sense of humour and loves darts.

11.50: 'The new curriculum – a college, trainer and trainee perspective'

Speakers: Dr John Russell, Dr Mary Barrett & Dr Ilyas Ali

Abstract: The curricula are changing, along with the training portfolio. Our presentation will cover the 'why, what and how' of the changes to help you prepare for its implementation in August 2022. We will provide an overview of the review process, show you the new structure and high-level content that spans all the psychiatry curricula, give an outline of the new format PDP and talk about resources available to help. We will then take a step into the new ID curriculum to show how it looks in 'real life', including using it in a PDP, before sharing a video which demonstrates how to set up a PDP. We will finish with reflections from a current ID trainee on their experience of a PDP discussion, then provide opportunity for questions.

Speaker Biographies:

Dr John Russell

Dr John Russell is a Consultant Psychiatrist specialising in working with adults with intellectual disabilities in South East Scotland.

Dr Russell gained his medical qualification from the University of Aberdeen in 1990. He initially trained in General Practice on the East Cumbria Vocational Training Scheme obtaining Membership of the Royal College of General Practitioners in 1994.

Thereafter he moved to Edinburgh to undertake psychiatry training, gaining Membership of the Royal College of Psychiatrists in 1998. After Membership, he specialised in the Psychiatry of Learning Disability. He was appointed a Consultant Psychiatrist in 2002 and subsequently became a Fellow of the Royal College of Psychiatrists

He has developed and maintained a keen interest in teaching and training throughout his career. In 2018, Dr Russell was appointed the Associate Dean for Curricula at the Royal College of Psychiatrists. In this role, he has been leading the Curricula Review Project which involves a major revision of all the UK Psychiatry curricula. The new Curriculum Framework is due for implementation in August 2022.

SESSION 3 – 13.00 – 14.15

CHAIR – Prof. Asit Biswas

13.00: Long COVID – A missed diagnosis in people with learning disabilities?

Speaker: Dr Manoj Sivan

Biography: Dr Manoj Sivan MD FRCP is an Associate Clinical Professor and Honorary Consultant in Rehabilitation Medicine (RM) with University of Leeds and Leeds NHS Trusts. He led UK's first study on Covid-19 long term symptoms (long Covid) that led to the setting up of UK's first long covid service in Leeds in Sept 2020. He also led the development of the C19-YRS (Yorkshire Rehabilitation Scale), literature's first validated condition-specific patient reported outcome measure. Leeds Long Covid team won the 2021 BMJ Clinical Leadership Team award and the digital C19-YRS system won the 2021 Medipex NHS Innovation award. He is the Chief Investigator of £3.4m NIHR project LOCOMOTION and is an advisor for the World Health Organisation for its long covid policy in Europe. His research interests are rehabilitation technology, health services, chronic pain and outcome measurement - supported by grants from NIHR, MRC, EPSRC, ISRT, Research England and RCP. He is the Editor-in-Chief of the Oxford Handbook of Rehabilitation Medicine.

Abstract: Post-COVID-19 Syndrome (PCS) or Long Covid is a multisystem condition with commonly reported symptoms of breathlessness, fatigue, neuropathic and musculoskeletal pain, cognitive difficulties, and psychological distress - currently affecting around 2 million people in the general population. Given that acute COVID-19 is worse in PwID, one would expect to see high numbers of PCS in PwID. However, there is not any published evidence on this yet. Recognising PCS can be challenging due to communication difficulties and lower intellectual functioning in PwID. There is need to develop and validate PCS-specific screening tools in this population to estimate the real scope of the problem. This can help inform management of medical complications in PCS (pulmonary fibrosis, myocarditis, pericarditis, cardiac arrhythmias, renal and hepatic dysfunction, DVT/PE) which are otherwise likely to accentuate morbidity and mortality. The financial implications of additional care needs due to PCS need to be estimated that will inform care, service planning and commissioning.

13.30: People with ASD detained in secure hospitals: An exploration of clinical presentations, treatments, and care pathways

Speaker: Prof. Regi Alexander

Biography: Working across hospital and community forensic services, Regi is a Consultant Psychiatrist with Hertfordshire Partnership University NHS Foundation Trust and clinical lead in forensic learning disability for the East of England NHS Provider Collaborative. A practising clinician with extensive research interests focusing on the interface between neurodevelopmental disorders, psychiatric illnesses and offending behaviour, he is the author of about 100 peer reviewed papers, book chapters, treatment guidelines and monographs. Currently he is an Associate Dean of the Royal College of Psychiatrists, President of the Royal Society of Medicine-Intellectual Disability Section, Editor of the Oxford Textbook of Psychiatry of Intellectual Disability, and Convenor of RADiANT – a research network that brings together a number of NHS Trusts, university academics and experts by experience. With a particular interest in public education, he also edits Village Voice, an award winning community magazine run by volunteers in East Anglia

Abstract:

SESSION 4 – 14.45 – 16.45

CHAIR – Prof. Sujeet Jaydeokar

14.45: Closing specialist inpatient beds for intellectual disability – “Have we got it wrong?”

Speaker: Dr Rohit Shankar

Biography:

Abstract:

Speaker: Dr Kiran Purandare

Biography:

Abstract:

15.15: “We are human too - You can’t spell Inclusion without Us”

Speaker: Prof. Christopher Hatton

Biography:

Abstract:

Speaker: Matty Prothero

Biography:

Abstract:

Speaker: Samantha Jamieson

Biography:

Abstract:

Speaker: Sharon Bell

Biography:

Abstract:

15.45: Trauma Informed Care in Intellectual Disability Services: the importance of Developmental Assessment and Attachment

Speaker: Allan Skelly

Biography:

Abstract: