

Faculty of Liaison Psychiatry Annual Conference

19 May 2021

Dr Adrian James, President, Royal College of Psychiatrists

About me

- **47th President** after winning the Presidential Election at start of 2020.
- A **Forensic Psychiatrist** and front-line clinician for 36 years, served as College Registrar for previous 5 years
- My **priorities** as President are:
 - Equity between physical and mental health
 - Championing diversity
 - Supporting the workforce
 - Sustainability at the heart of all we do

Equity between physical and mental health

- To ensure every person with a mental illness has **timely** access to a **flexible, integrated, adequately staffed** and **responsive** health service.
- Calling for **continued expansion** in access to mental health services.
- College value of '**Courage**' explicitly refers to need to promote parity of esteem.
- Committed to advancing the move to parity **across the world.**

Equity between physical and mental health

- Through **member feedback** we continue to highlight the multiple harms of COVID-19 - direct, service-related and indirect.
- **Re-building for future** has become key priority.



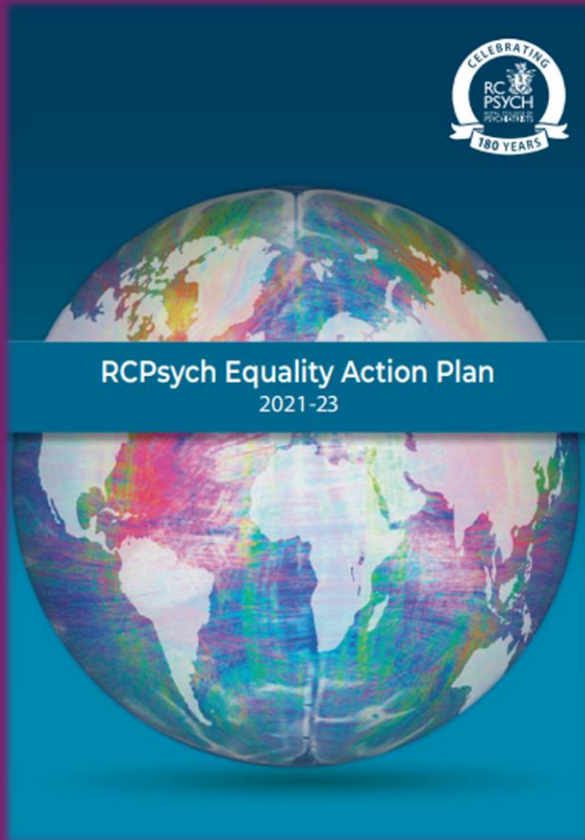
Championing diversity



Championing diversity



Equality Action Plan



- Launched on **14 January 2021**
- Series of **four roundtable discussions**
- **Taskforce** reviewed a total of **29 previous reports** along with their recommendations and used these to inform current action plan

Year 1: Enhancing Equality for College Members and College Staff

Ensuring **annual consultations** are carried out to understand needs of members of all characteristics and backgrounds – including International Medical Graduates (IMG) and psychiatrists who have come to UK from EU nations – and needs of staff.

Ensuring that a designated **member of Trustee Board** is responsible and accountable for delivery of College Equality Action Plan.

Ensuring **Race and Equality Manager** leads on joint working between all areas of the College including working closely with the Transcultural SIG, the Rainbow SIG and the Women and Mental Health SIG, Presidential Leads for Race Equality, and responsible Trustee, to promote equality across the College membership.

Year 1: Enhancing equality for healthcare staff and patients in mental health services

Actively contributing to and supporting the work of the **NHS Race and Health Observatory** and supporting work of other organisations that campaign for equality in healthcare in devolved nations.

Setting up a Quality Improvement (QI) Collaborative to promote implementation of **Advancing Mental Health Equality (AMHE) resource** methodology, across mental health services in England and consider equivalent actions for all devolved nations.

Reviewing **CCQI's Core Standards for mental health services** to ensure they promote equitable access, experience and outcomes for patients and carers, and are delivered across the UK.

Supporting the Workforce

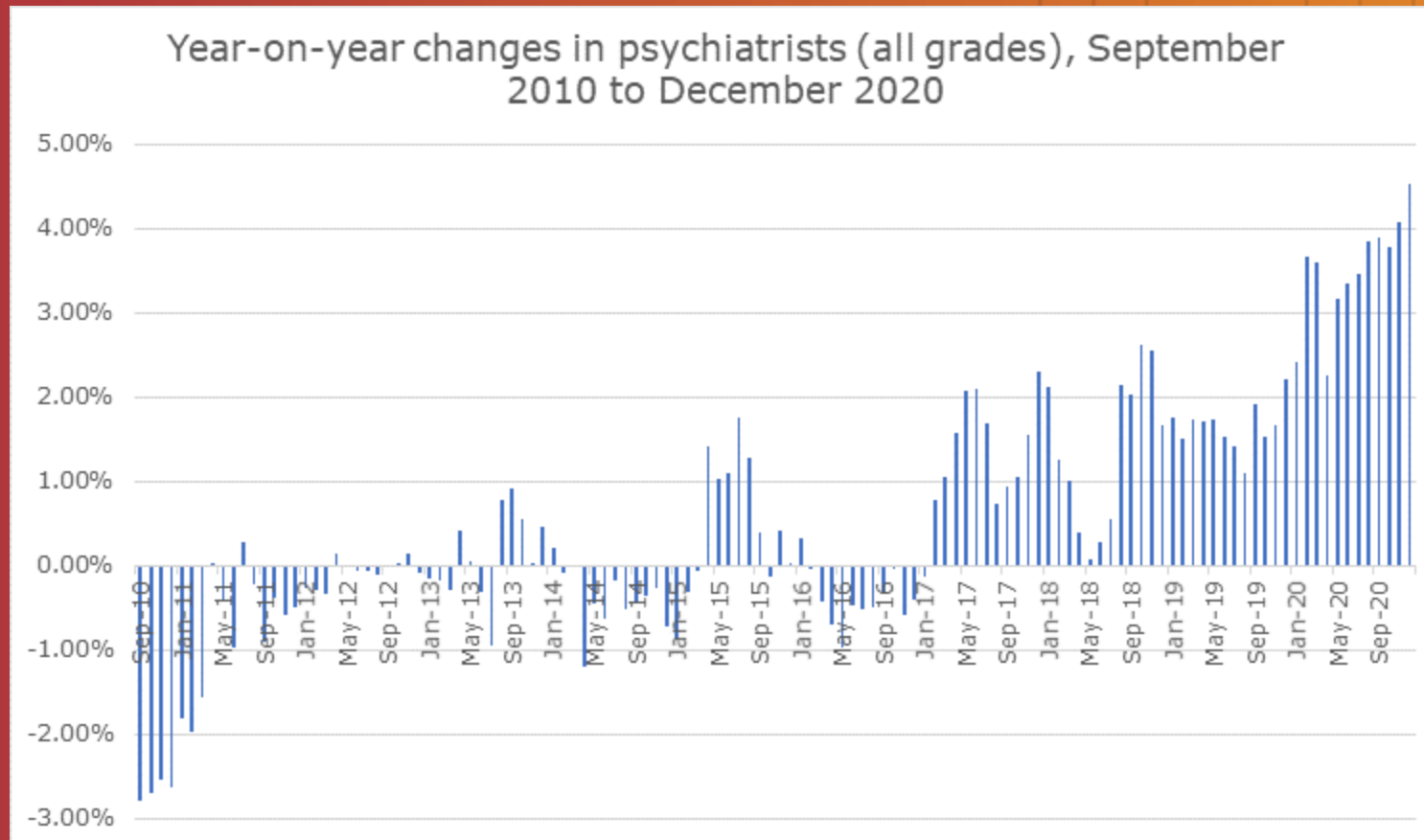
- Publication of our **workforce strategy** to ensure UK has a highly skilled mental health workforce.
- RCPsych runs **Psychiatrists' Support Service (PSS)** providing free, rapid, high-quality peer support by telephone to psychiatrists of all grades who may be experiencing personal or work-related difficulties.
- Continuing to update our **guidance for clinicians** pages.
- **“Going for growth”** – an outline NHS Staff recovery plan post-COVID-19

Enjoying Work Collaborative

- Helping mental health teams across UK gain more enjoyment from vital work they are doing through **Enjoying Work Collaborative**.
 - Adopt a 'Joy in Work' framework
 - Work alongside teams who have had success, and those trialing new approaches.
 - Share ideas and provide feedback.
 - Access data, reports and guidance on implementing new approaches.



Recruitment to the psychiatric workforce



Recruitment to the psychiatric workforce

Over the past year, **66.3 FTE consultant psychiatrists** have been added to the workforce, equivalent to year-on-year growth of 1.5%.

Recruitment to the psychiatric workforce

Overall liaison staffing levels

2,464.0 in 2018/19
compared to 2,316.6 in
2017/18

6.4% increase

Recruitment to the psychiatric workforce

Liaison Psychiatrist consultants in post across English NHS Trusts:

2017: **108** substantive full-time

2019: **142** substantive full-time

2017: **58** substantive part-time

2019: **86** substantive part-time

Sustainability at the heart of all we do

- Supporting delivery of **UN Sustainable Development Goals**.
- Raising awareness of effect of climate crisis on **mental health of children and young people**.
- Launched our **first resource** to support children and young people and their parents to manage anxiety and fears about environment.



Position statement: Our planet's climate and ecological emergency

- Recommendations for action by **government**, **educational bodies** and **health services**.
- **Pledges of action** by RCPsych.
- **Impacts** of environmental degradation and climate-related hazards on mental health.
- Overview of **psychological dimensions** of the crisis
- How mental health services can form **part of solution**.



PS03/21

Our planet's climate and ecological emergency

May 2021

POSITION STATEMENT

RCPsych pledges

Promote **prevention in psychiatry**, showing how detecting and treating illnesses early to halt or slow their progress is an essential part of making healthcare more sustainable

Commit College to an ambitious plan for sustainability, including a pledge that by 2040, it will achieve **net-zero carbon dioxide** levels for emissions it directly controls

Integrate this work throughout the College to develop a **wider sustainable network** and promote learning.

RCPsych pledges

Support the **creation of an alliance across mental health organisations** to better represent mental health impacts of, and potential solutions to, climate and ecological emergency

Empower **patients** to make informed choices in their care and engage them in development of mental health services that are collaborative and sustainable

Continue supporting integration of **social prescribing** and nature-based care into mental health services.

2021 Elections

Chair: **Dr Annabel Price**

Vice-chair: **Dr Alex Thomson**

Executive Committee members (Voter turnout: 23.5%):

- **Dr Chloe Beale**
- **Dr Sanjukta Das**
- **Dr Mutaz Hussain**
- **Dr Isabel McMullen**
- **Dr Amrit Sachar**
- **Professor Liz Sampson**
- **Dr Murray Smith**

What is happening nationally in Liaison Psychiatry?

Estates planning

- **8 new hospitals** and mental health facilities will be included in final list of selected sites.
- In its submission to Government's Spending Review last year, the College highlighted that estimates from **Psychiatric Liaison Accreditation Network (PLAN)** show only **23% of type 1 A&Es** were meeting network's standards for physical environment.
- **Mental health A&Es** established nationwide during pandemic were created with limited planning and resources. Capital and revenue investment needed to make such services sustainable.
- Chair and vice chair **engaging with NHSE and DHSC** to advocate for improved ED facilities and enhancements more broadly through New Hospital Programme.

What is happening nationally in Liaison Psychiatry?

Delivery of FYFVMH and LTP

- NHSEI remain **reliant on surveys** to determine progress against objectives but survey paused during pandemic. Objectives are:
 - **establish mental health liaison teams** in acute hospitals
 - 50% of liaison mental health teams to have attained '**core 24' status** by end of 2020/21.
- **78%** of acute hospitals had 24/7 liaison services in place in 2019, with **35%** of services reaching 'core 24' level.
- Concerns remain about **consistency of funding** across the country.

What is happening nationally in Liaison Psychiatry?

Delivery of FYFVMH and LTP

- NHS LTP expands on 'core 24' ambition
 - liaison services in **all general hospitals**
 - for **70%** of all those to have attained 'core 24' by 2023/24 (59% in 2021/22 and 64% in 2022/23).
- Staffing commitments for adult liaison services to support this goal intended to begin this year - **110 new posts** outlined in NHSE's Implementation Plan, rising to **250 by 2023/24**.
- **Paediatric liaison services** a concern in survey with College's research panel in December 2019.
 - **42.0%** of respondents from across England rated the availability of CYP liaison services within physical health settings in their area as '**poor**' or '**very poor**', compared to 14.4% for adult services.

Any questions?

Email: adrian.james@rcpsych.ac.uk

Twitter: [@DrAdrianJames](https://twitter.com/DrAdrianJames)