



# A Tale of Two Studies

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# Entry Criteria

attendance at ED following self-harm



Multiple self-harm



'acute self-harm'

# Psychological Treatment plus usual care v. usual care alone



12 sessions one to one

- PIT
- CBT
- ACT



4 sessions one to one

PIT

Treatment delivered by liaison nurses with ongoing supervision



# Numbers of participants



630



770



Each study will have 12 sites across England - most but not all will be shared



# Main Outcome



CORE-OM  
at 12  
months



Repetition of SH-  
hospital  
attendance



Training of therapists

Supervision

# Feasibility work

Recruitment

Retention



Start date





October 2021



January 2022

# Research Teams for the two studies

- Amanda Farrin
- Chris Bojke
- Michael Crawford 
- Nav Kapur 
- Alexandra Wright-Hughes
- Petra Bjisterveld
- Marsha Macadam
- Dean McMillan
- Chris Graham
- Allan House
- Cathy Brennan
- Kate Farley
- Cara Sass
- Bethan Copsey
- Judith Horrocks
- Adam Martin
- Lucy Sheehan