

Older Adults Home Treatment Team: A Service Evaluation

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Background:

The Older Adults Home Treatment Teams provide comprehensive and accessible crisis resolution and home based care and treatment to people in the acute phase of mental illness which in the absence of teams would result in their admission to hospital. The aim was to evaluate the service and its adherence to the local guidelines

Method:

Retrospective data collection. All referrals received between September and November 2019 were reviewed using electronic patient notes and paper records

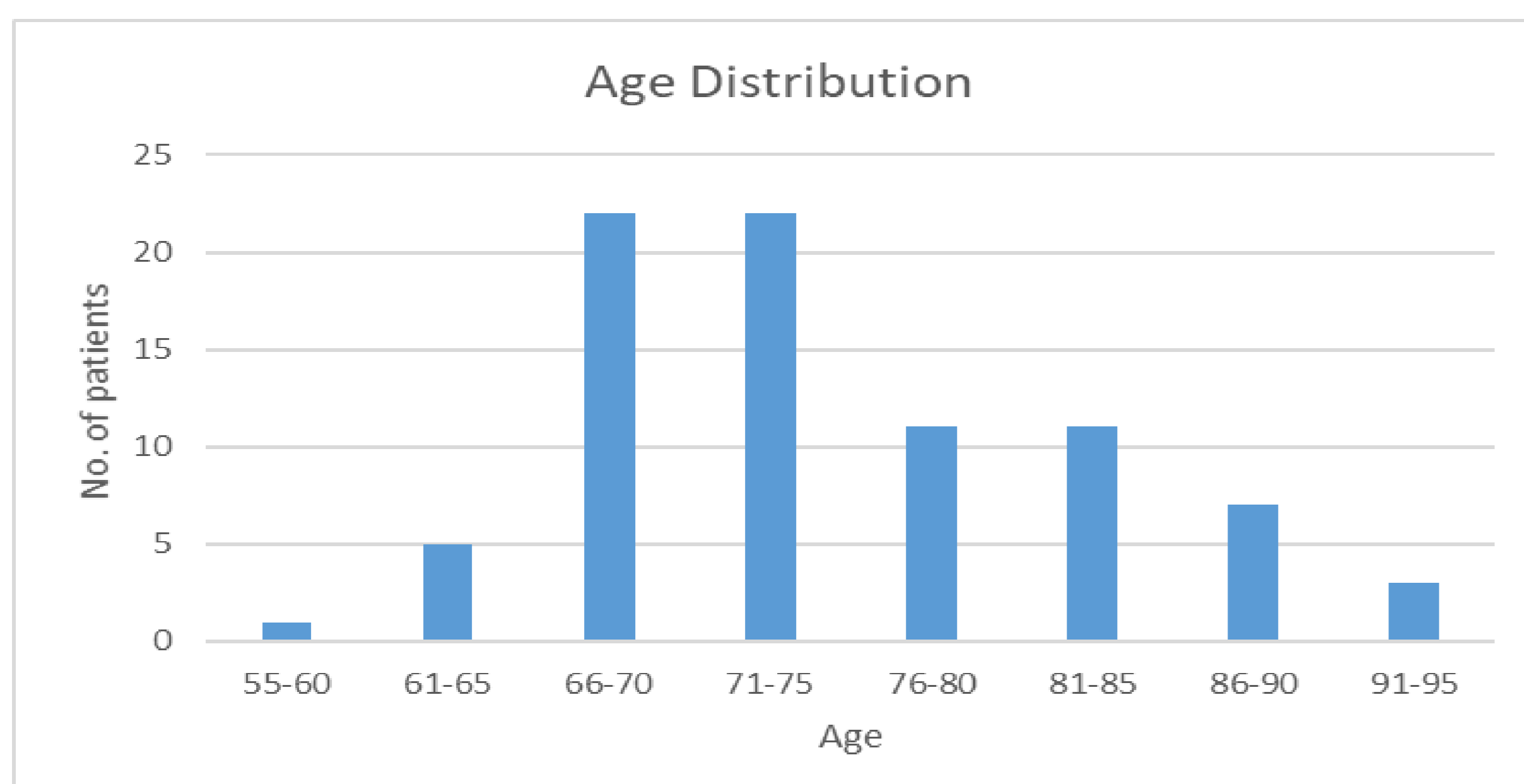
Results:

Total referrals: 149
 Accepted: 82
 Rejected: 36
 Requiring hospital admission at assessment: 31

Accepted Referrals:

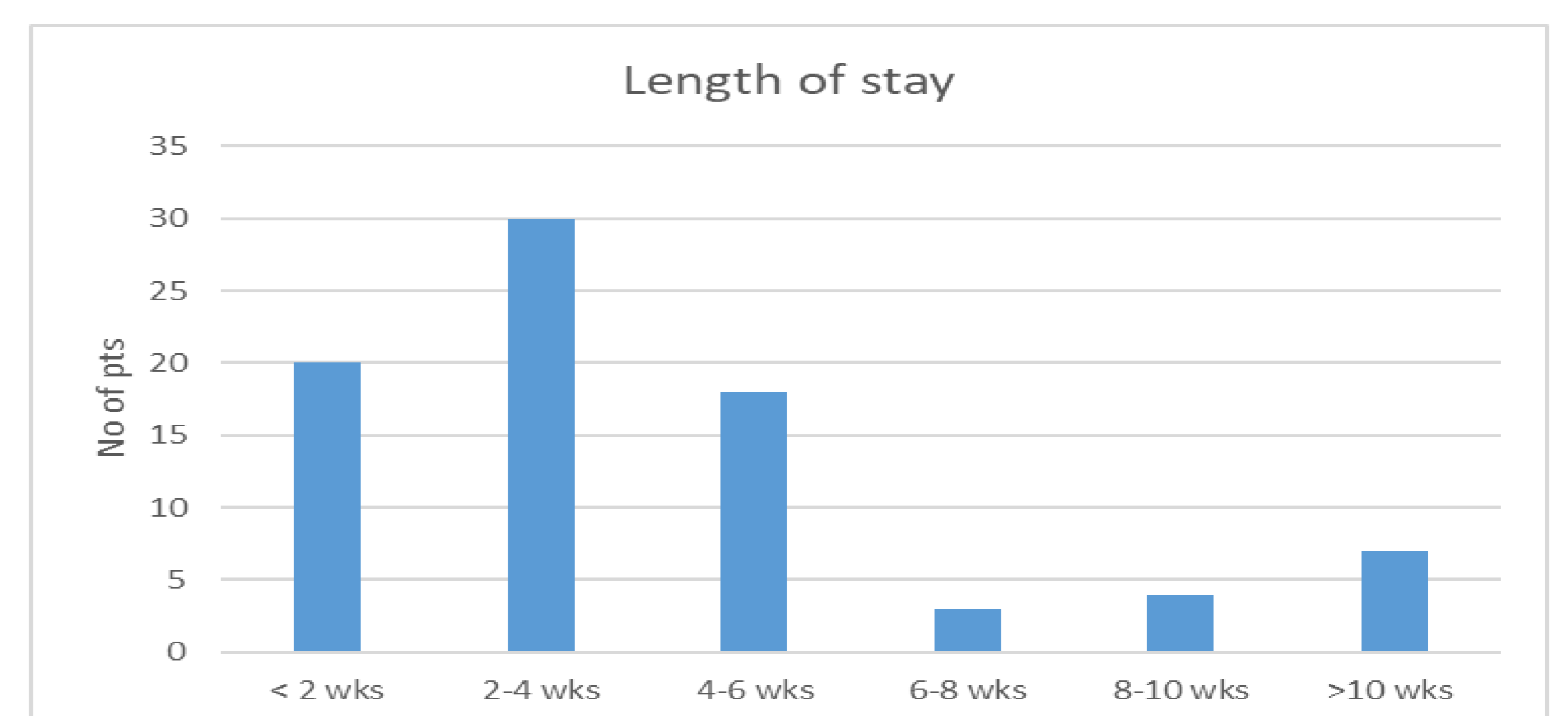
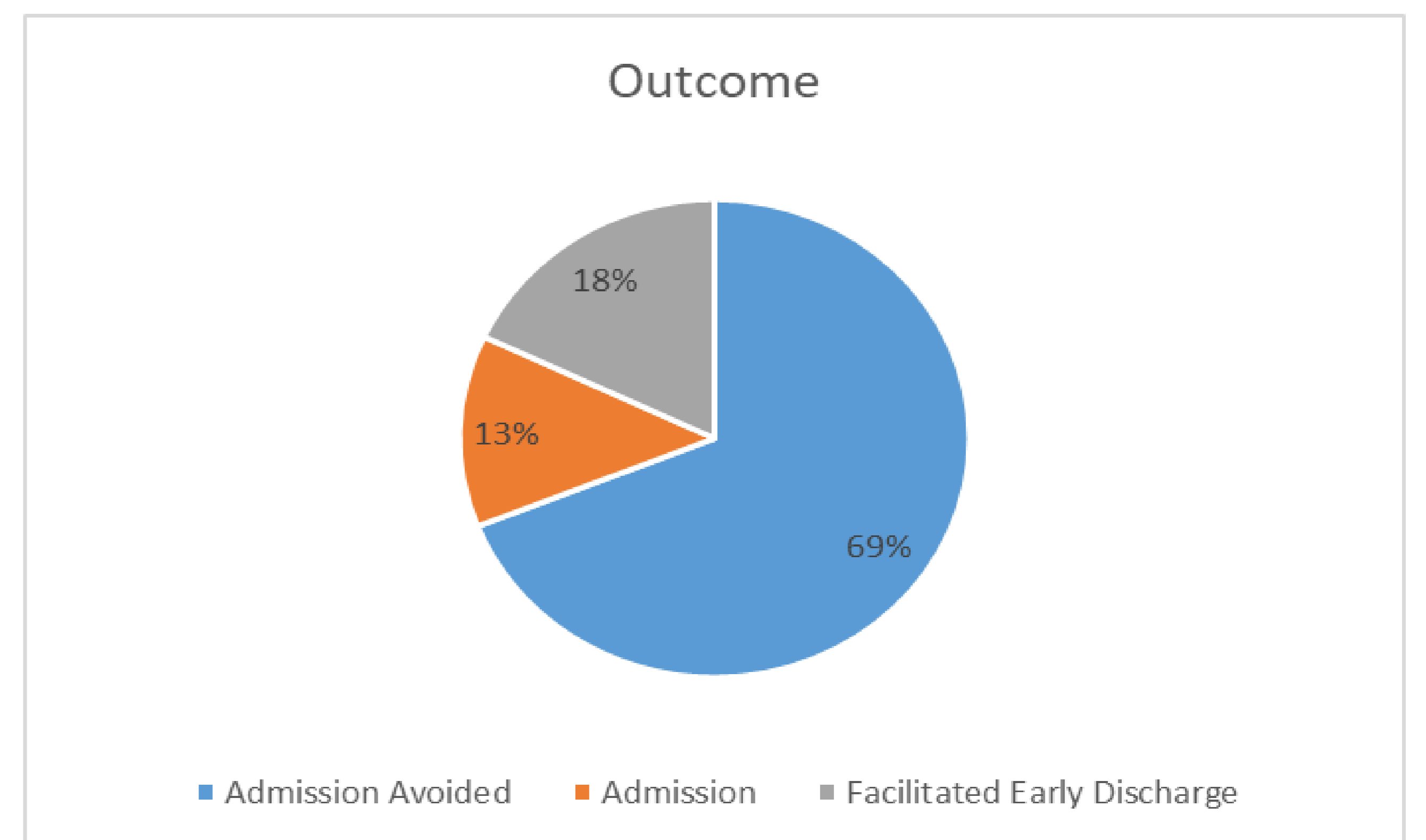
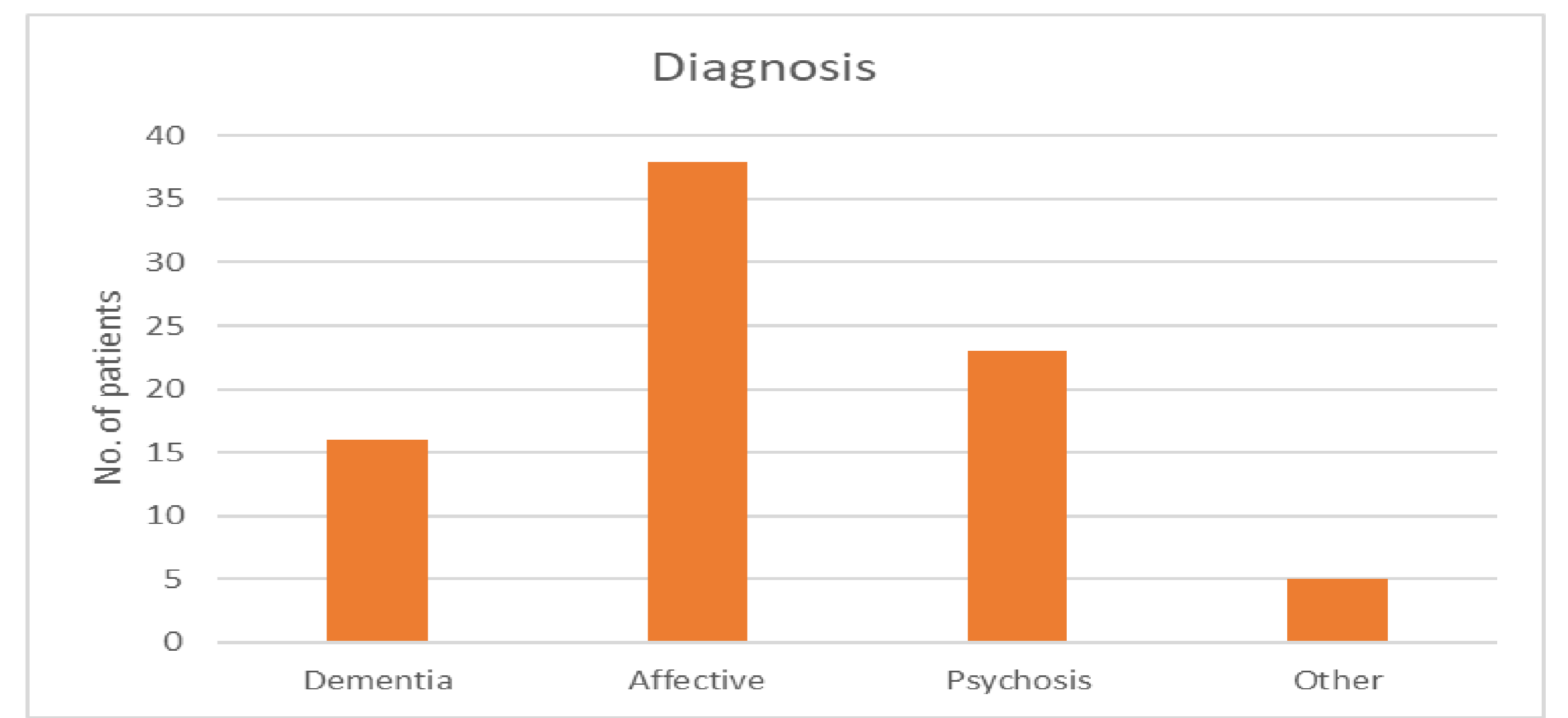
Gender Distribution

Male 57% Female 43%



Referral Source

Referral Source	No. of patients
CMHT	45
Liaison	20
Ward	15
CHIT	1
Out-of-area HTT	1



- 89% had routine physical health monitoring
- 82% had a discharge summary sent to primary care
- 85% had a completed HONOS score on acceptance and discharge
- The mean reduction in HONOS score was 6.6 of those treated successfully in the community

Patient feedback:

100% of patients would be extremely likely or likely to recommend the service to friends and family
 Comments include:

'very nice and caring'

'very supportive'

'professional and compassionate'

Conclusion: Older Adults Home Treatment Teams provide an excellent service to treat patients in the community and hence reduce the number of hospital admissions and facilitate early discharge from hospital. The majority of those treated remain within the community and are discharged back to the Community Mental Health Team within 8 weeks. In addition, it appears that patients and their carers are satisfied with the service.