

A QIP to improve the regional Old Age Psychiatry Higher Specialty Trainees teaching programme in Severn Deanery

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Introduction

- Severn Deanery has a wide geographical area with a small number of Old Age Psychiatry (OAP) Higher Specialty Trainees (currently 12)
- Poor attendance at Deanery-wide teaching sessions observed
- Severn Deanery OAP training scheme rated first for trainee satisfaction in the GMC National Training Survey 2017 overall, however, one 'red area' highlighted with respect to regional teaching scoring 57.33%
- **Aim** - to improve the experience of the Old Age Psychiatry teaching programme for Higher Specialty Trainees at Severn Deanery



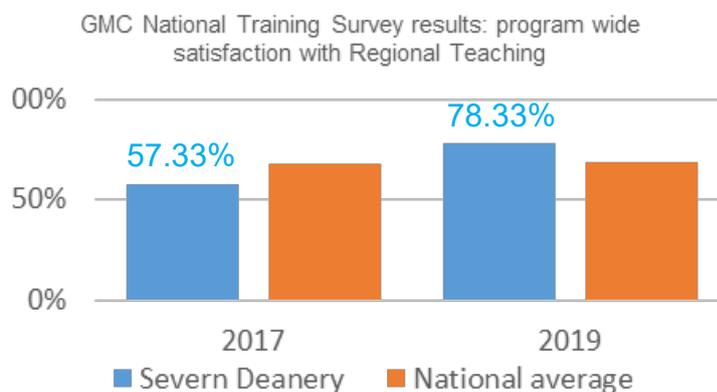
Design

- Baseline questionnaire of trainee experience of local teaching and suggestions for improvement
- Implementation of a suite of interventions
- Feedback following each teaching event over the course of one year (June 2018 to June 2019)
- Data analysed using the Plan Do Study Act (PDSA) model to make changes to subsequent sessions
- Final questionnaire following the third PDSA cycle in June 2019 to analyse the overall impact of changes

Interventions

- 3 full day sessions replace 6 half day sessions per year
- Organisation of the teaching programme shared amongst trainees, rotating between Trusts
- Mandated attendance
- Funding for lunch and refreshments
- Sessions opened to a wider audience
- OAP trainee representative retains oversight of the running of the programme

Results



Attendance

Date	Attendance (total trainees 10-12)
June 2018	4
October 2018	9
March 2019	9
June 2019	8

Qualitative feedback

"Much better and very good"
"Works very well thank you"
"Prioritise attendance – easier to get a whole day"
"Pre-set dates help to arrange leave"
"Food and refreshments are really good"
"Working very well, increased peer contact because well attended,"

Conclusions

A suite of measures implemented and refined over a one year period using the PDSA cycle have resulted in:

- Increased trainee satisfaction with regional teaching
- Improved attendance
- Opportunity for all trainees to participate in planning educational events drawing on access to experts within their region
- Diversified learning experience
- Increased peer interaction
- 2020-with oversight from the OAP trainee representative the changes implemented have been maintained with further refinements eg joint training days with General Adult trainees

References

1. GMC National Training Survey 2017 Results- Old Age Psychiatry
2. GMC National Training Survey 2019 Results- Old Age Psychiatry