

Action on Postpartum Psychosis

Training Resources: Partners

Website:

www.app-network.org

Email:

app@app-network.org

PP Talk support forum:

www.app-network.org/pptalk

APP Partners Facebook Page (closed group for partners of women who have recovered or are recovering from PP)

<https://www.facebook.com/groups/APPpartnersgroup>

Follow us on Twitter: ActionOnPP

www.facebook.com/ActionOnPP

Academic papers

Holford N, Channon S, Heron J, Jones I. The impact of postpartum psychosis on partners, *BMC Pregnancy and Childbirth* (2018) 18:414 <https://doi.org/10.1186/s12884-018-2055-z>

Forde R, Peters S, Wittkowski, A. Recovery from postpartum psychosis: a systematic review and metasynthesis of women's and families' experiences (2020). *Archives of Women's Mental Health* <https://doi.org/10.1007/s00737-020-01025-z>

Insider Guides

PP: A guide for partners:

https://www.app-network.org/wp-content/uploads/2011/10/2018-Insider-Guide_Partners.pdf

Recovery after PP:

https://www.app-network.org/wp-content/uploads/2011/10/2018-Insider-Guide_Recovery.pdf

Pregnancy Planning: A guide for women at high risk of PP:

https://www.app-network.org/wp-content/uploads/2011/10/2018-Insider-guide_PlanningPregnancy.pdf

Media

BBC Radio Wales: Eye on Wales Documentary: Sally and Jamie's Story

<https://www.bbc.co.uk/sounds/play/p05lpx9>

Social Media

Tom and Kat's Story: APP and Perinatal Mental Health Partnership

<https://www.facebook.com/587696788088228/videos/940034273093712>

Simon's Story: APP and Dad Matters UK

<https://www.facebook.com/1439298872788397/videos/1683994328405286>

Sally and Jamie's Story: APP and NCMH

<https://www.facebook.com/135393843200965/videos/167561077949679>