

Annual Perinatal Mental Health Conference For Trainees across all Specialties

Tuesday 11 May 2021

Royal College of Psychiatrists | online



Conference Programme

09:00-9:15	Welcome and Introductions
09:15-10:00	Update on Addictions Psychiatry in the Perinatal Period Dr Billy Gregg, Consultant in Addictions Psychiatry, Holywell Hospital, Antrim, Northern Ireland
10:00-10:30	Morning Break and Poster Viewing
10:30-11:15	Cross-cultural considerations in symptom rating scales in Perinatal Psychiatry Professor Prabha S. Chandra, Head of Psychiatry, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, India and President Elect - International Association for Women's Mental Health
11:15-12:00	Involving service users in the work that we do Leanne Howlett, Perinatal Service User Representative
12:00-1:00	Lunch
1:00-1:45	Oral poster presentations: Comfortable, safe and valued: an analysis of the impact of COVID-19 on Hertfordshire's Community Perinatal Team Dr Stephanie Adeyemi, Foundation Doctor Diversity and inclusion during the pandemic Dr Nazish Hashmi ST4-6 and Dr Lauren Unsworth Perinatal mental healthcare and COVID-19: a mixed-methods evaluation of current care provision and the promise of digital mental health tools Dr Nayra Martin-Key, Research Associate
1:45-2:30	Perinatal Mental Health in an Obstetric Setting Miss Kenga Sivarajah, Consultant Obstetrician, Kings College Hospital, London and Dr Hind Khalifeh, Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation Trust
2:30-3:00	Afternoon Break and Poster Viewing
3:00-3:45	Perinatal Psychiatry in Low and Middle Income Countries: research and practice in Sub-Saharan Africa Dr Robert C Stewart, Senior Clinical Research Fellow, Division of Psychiatry, University of Edinburgh and Honorary Consultant Perinatal Psychiatrist, NHS Lothian, UK; Ms Mwawi Ng'oma, Doctoral Fellow, African Mental Health Research Initiative (AMARI), Department of Mental Health, College of Medicine, University of Malawi and St John of God Hospitaller Services, Lilongwe, Malawi; Dr Olive Liwimbi, Consultant Psychiatrist, Zomba Mental Hospital, Ministry of Health, Malawi; Clinical Lecturer, Department of Mental Health, College of Medicine, University of Malawi

3:45–4:30	Considering the Sexual and Reproductive health needs of women with severe mental illness Ms Elana Covshoff, SHRINE Programme Manager and Dr Lucy Blake, Specialist Registrar in General Adult and Older Adult Psychiatry, South London and Maudsley Foundation Trust.
4:30–4:45	Close of day, awarding of prizes and thanks