

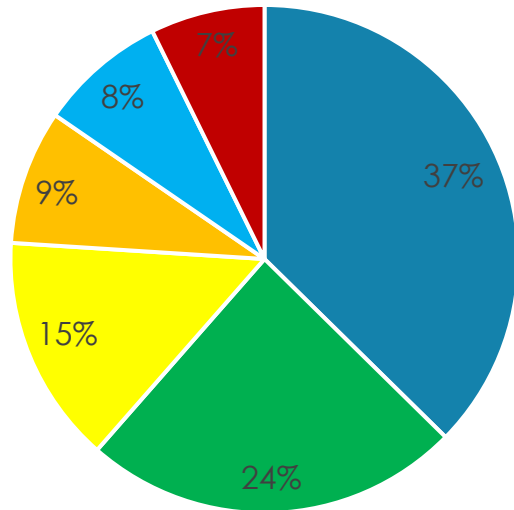


Core Trainee Perspective

DR EMMA BROOKS, CT3

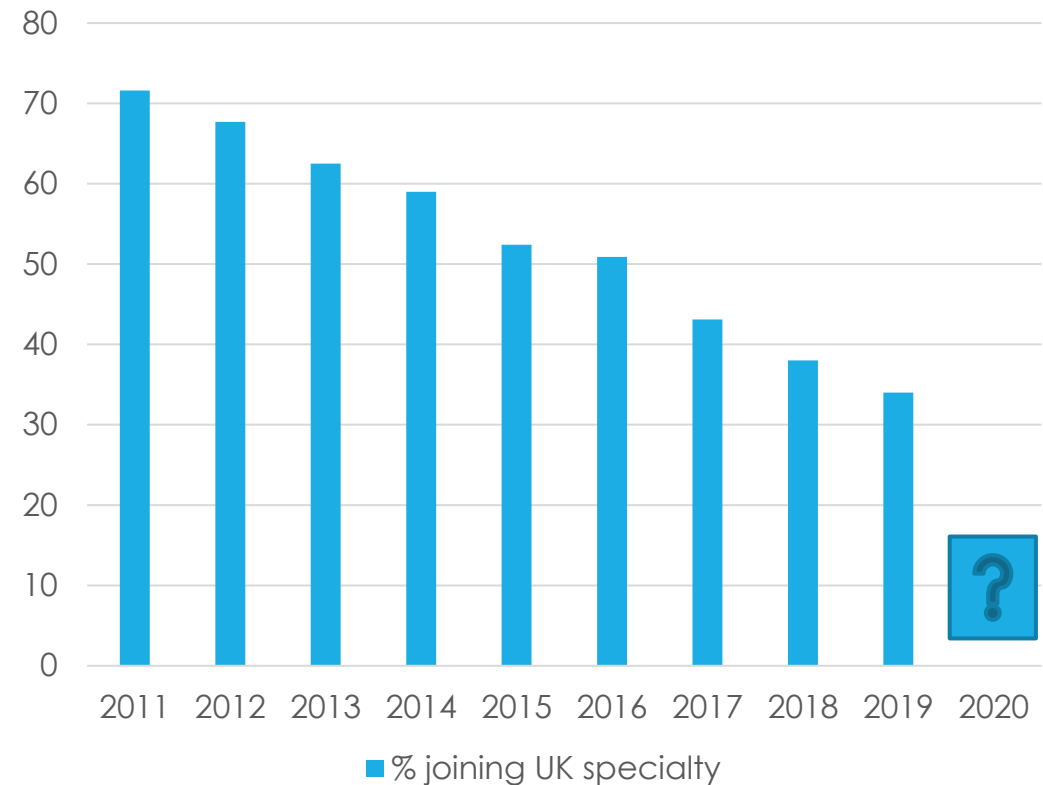
Where are trainees applying from?

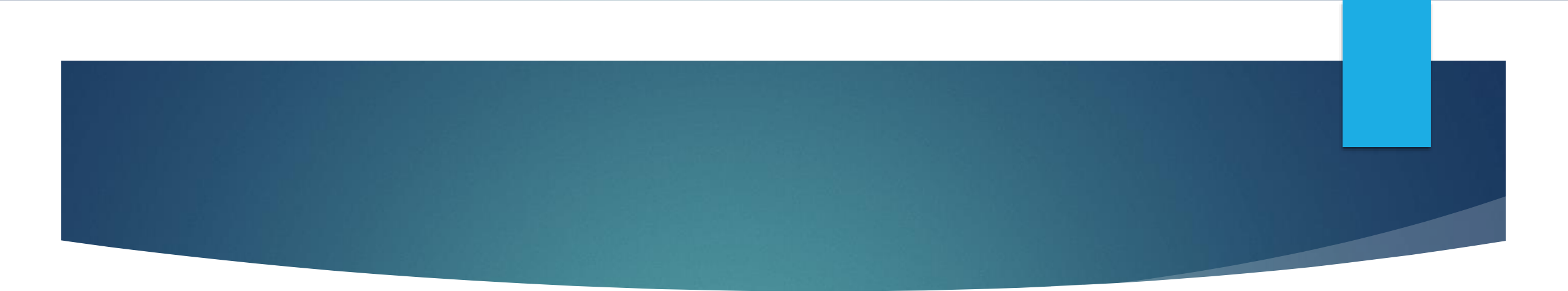
Destination



- Specialty training in UK
- LAS
- Career break
- Seeking employment
- Other UK appointments
- Outside UK

% joining UK specialty



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- ▶ Many will not go directly into core training from Foundation
 - ▶ Clinical fellow
 - ▶ Ad hoc locum work
 - ▶ Non-clinical – teaching, charity, journalism
 - ▶ Another speciality
 - ▶ Spend time abroad

Tips for applicants

- ▶ No interview this year – MSRA practice questions, especially clinical scenarios if out of training

How best to support applicants

- ▶ Get to know them and their plans
- ▶ Keep in touch!
- ▶ Help with application – audits, shadowing, local conferences
- ▶ Interview advice – tips, practice (might change)
- ▶ Introductions to friendly CTs