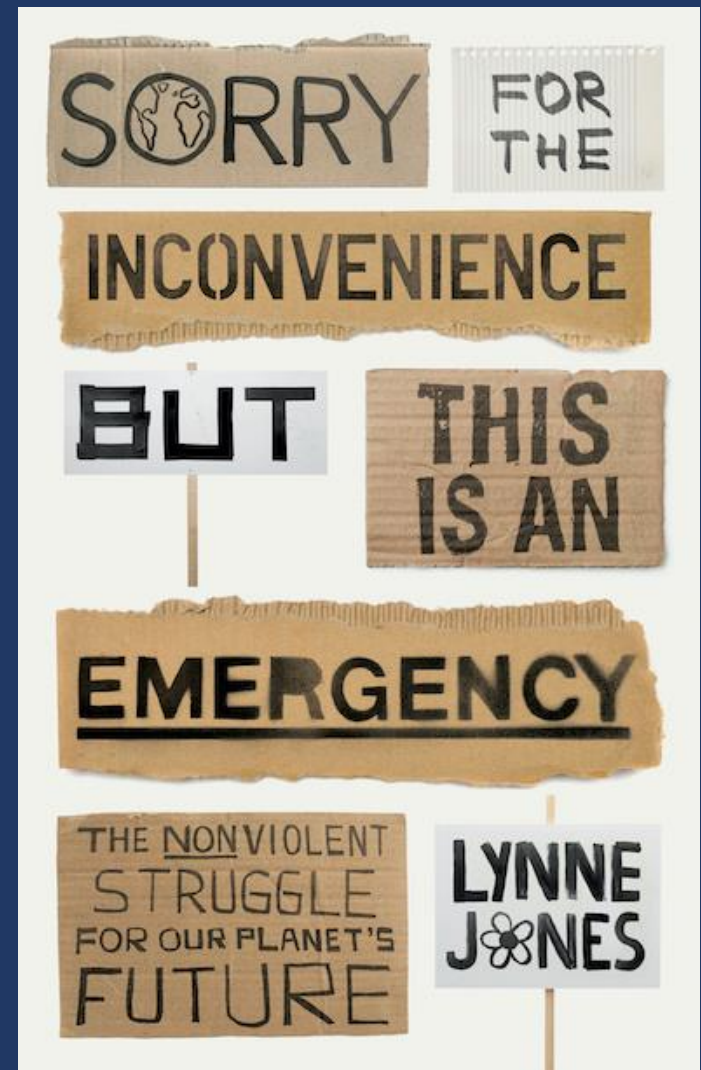


WHAT CAN WE DO?

Nonviolent activism and some history

AGENDA

- Some personal history
- Some simple things you can do
- Some theory on NVDA
- Some more ideas



1. Educate yourself and others

Watch: David Attenborough's Breaking Boundaries (Netflix)

Read: latest IPCC report Executive Summary

<https://climatechampions.unfccc.int/the-ipcc-just-published-its-summary-of-reports-heres-what-you-need-to-know/>

Lancet Planetary Health

<https://www.thelancet.com/journals/lanplh/home>

New Scientist Climate Change articles

- <https://www.newscientist.com/article-topic/climate->

- More climate change documentaries here:

<https://mashable.com/article/best-climate-change-docum>

The climate crisis is a health opportunity

HEALTH CO-BENEFITS OF ACTION ON CLIMATE CHANGE

Tackles health Inequality

↑ Energy Efficiency of Homes

Cheaper to heat

Improves physical and mental health

Improves physical and mental health

↑ Locally Sourced Plant Based Diets

Improves food security, nutritional status and tackles obesity

Improves physical and mental health



↑ Walking and Cycling

Reduce air pollution, increases population fitness, reduces obesity
Improves physical and mental health

Community Action

Helps build social connections – tackles isolation
Increases community resilience
Alleviates eco-distress
Improves Mental Health

Weight

In the UK

64%

of adults are classed as being overweight or obese



↑ Access to Green and Blue Spaces

Trees cool cities and reduce air pollution

Time in natural spaces reduces stress and health inequalities

Improves physical and mental health



of adults are participating in moderate intensity activity at least once a week

2. Talk directly to your MP

- Learn how your MP voted

https://www.theyworkforyou.c/mp/25802/cherilyn_mackrory/truro_and_falmouth/divisions?policy=1030

- Go to advertised events, ask questions
- Write to them
- Make an appointment at your MP's surgery
- Educate them: ask your MP to watch the 2 parliamentary briefings on the climate crisis
- Ask them to support the Climate and Ecology Bill



TACKLING THE CLIMATE & NATURE CRISIS TOGETHER

Zero Hour is the campaign for the Climate and Ecology Bill (formerly the CEE Bill) – a plan for a new UK law that addresses the full extent of the climate and nature crisis in line with the most up-to-date science. The Bill is the only proposed legislation before the UK Parliament that ensures a comprehensive and joined-up approach to the emergency.

[READ THE BILL →](#)

[CE BILL BRIEFING →](#)

[READ MORE !](#)

<https://www.zerohour.uk/write-to-your-mp/>

3. Take the Jump



LESS STUFF MORE JOY



**END
CLUTTER**

Keep products for
at least **seven** years

**HOLIDAY
LOCAL**

One flight every
three years

**EAT
GREEN**

A plant based diet —
no waste, healthy amount

**DRESS
RETRO**

Three new items
of clothing per year

**TRAVEL
FRESH**

If you can,
no personal vehicles

**CHANGE
THE
SYSTEM**

At least **one life shift** to
nudge the system

Does Nonviolent direct action work? Yes

1984 Jane's Defence Weekly reports *training exercises had been shelved because of political problems caused by the continued presence of the peace protestors.*



1985 General Charles L. Donnelly Jnr, Commander of the American Airforce in Europe, admitted that protestors had reduced by 25 per cent the frequency with which convoys were able to move outside Greenham.

INF TREATY REMOVES WEAPONS IN 1987

Some points about Nonviolent Direct Action

3 APPROACHES

Protest

Interventions

Non-cooperation

Movements that do not solely rely on protests, demonstrations and digital activism, but also build power through parallel institutions, community organising and non-cooperation techniques are more likely to build an effective and sustainable following

Erika Chenoweth, Civil Resistance



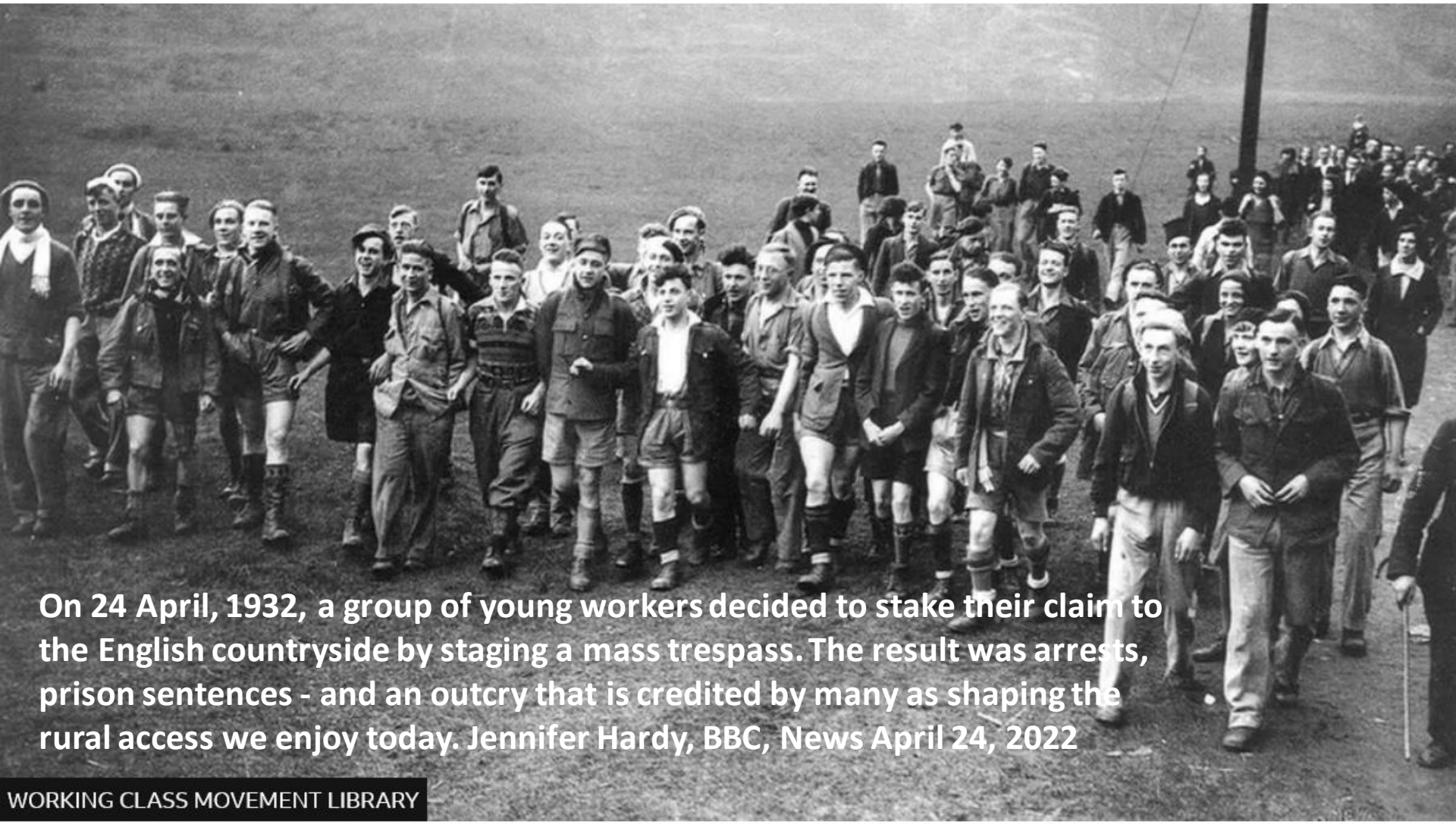
4. DIRECT INTERVENTIONS: GREENPEACE STOP BOTTOM TRAWLER FISHING OFF CORNISH COAST



18 boulders of Portland limestone, each weighing between 500kg and 1,400kg, make it impossible for bottom-towed fishing gear to be dragged along the seabed.

Similar actions elsewhere resulted in bottom trawling ban in marine protected areas

Kinder Scout trespass: How mass action 90 years ago won ramblers roaming rights



On 24 April, 1932, a group of young workers decided to stake their claim to the English countryside by staging a mass trespass. The result was arrests, prison sentences - and an outcry that is credited by many as shaping the rural access we enjoy today. Jennifer Hardy, BBC, News April 24, 2022

5. DIVEST and BOYCOTT

Desmond Tutu calls for anti-apartheid style boycott of fossil fuel industry

Nobel peace prize winner calls for organisations to cut ties with industry and for investors to dump fossil fuel stocks



📹 Desmond Tutu: 'We have allowed the interests of capital to outweigh the interests of human beings and our Earth.' Photograph: -/AFP/Getty Images

“We need an apartheid-style boycott to save the planet. We must stop climate change. And we can if we use the tactics that worked in South Africa against the worst carbon emitters.”

Fossil free psychiatry

Marianne Brooker | 26th February 2020



Source: Royal College Surgeons

Royal College of Psychiatrists is leading the way in responsible investment decisions.

1984 : One woman refuses to cash 2 south African grapefruits

- Suspended
- 12 go on strike
- Invited to south Africa by Desmond Tutu
- Forbidden entry
- **1987 Irish Government bans import of south African goods**
- Apartheid ends 1990
- Nelson Mandela thanks them



6. BOYCOTTS are more than divestment

We are the audiences of the future and we will not support theatre that accepts sponsorship from a company that is continuing to extract fossil fuels whilst our earth burns. [...] You can be sure that if you continue to accept funding from BP we will come to Stratford-Upon-Avon, not to see a show, but to make a scene ourselves.

2019 Letter from Youth climate strikers to RSC

RSC drop BP 2 weeks later

British Museum ends BP sponsorship deal after 27 years

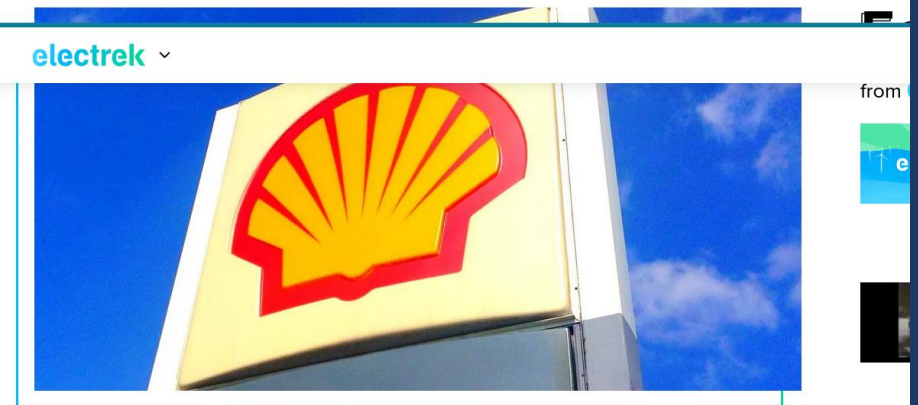
Campaigners hail split as a 'massive victory', which marks a retreat of the fossil fuel giant from the British arts world



The activist theatre group protest against sponsorship of the British Museum. Photograph: Justin Tallis/AFP/Getty Images

Shell renewables head steps down after CEO shifts company focus back to oil and gas

Scooter Doll | Jun 30 2023 - 10:35 am PT | 83 Comments



Less than two years into his tenure as head of **Shell's** renewables business, Thomas Broström is exiting the company to "pursue an external opportunity," according to a spokesperson for the company. Broström's exit follows Shell CEO Wael Sawan's highly criticized strategy to shift back to more oil and gas production, investing less into renewable energy.

Lawyers are responsible

Daily Mail
FRIDAY, MARCH 24, 2023 90p 65p to subscribers

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FURY AT WOKE BARRISTERS REFUSING TO PROSECUTE ECO WARRIORS

LEADING lawyers have been accused of undermining the legal system by declaring that they will not prosecute climate activists.

Around 120 top legal professionals are set to sign a 'Declaration of Conscience' vowing to refuse their services in prosecuting protesters from eco-groups such as Just Stop Oil and Extinction Rebellion. Amid accusations of virtue signalling, the group - who call themselves 'Lawyers are Responsible' - will also refuse to act on behalf of clients involved in oil and gas on the grounds that they are destroying the environment.

Prominent lawyers understood to be involved are Julian Mawhood KC, founder of the Good Law Project, and Sir Geoffrey Hindman KC, chairman of the British Institute of Human Rights.

The move triggered fierce condemnation last night from senior members of the legal profession, who accused the group of undermining the convention that everyone is entitled to fair legal representation.

Tory MP Robert Mutchland, a King's Counsel and former justice secretary, called the declaration 'very odd', saying: 'There are plenty of people lawyers represent who are deeply unpleasant and deeply unpopular, such as rapists and paedophiles but they are entitled to a fair trial. When lawyers start picking and choosing, in a way that undermines the independence of the legal system, they are failing their duty.'

Ugly family legal battle that left the next Mrs Murdoch 'devastated' SEE PAGES 4 & 5

Turn to Page 2

Romance: Rupert Murdoch, 92, and Ann Lesley Smith, 66

"It is as much a moral obligation to refuse to cooperate with evil as it is to cooperate with good"

Martin Luther King in *Love, Law, and Civil Disobedience* (1961)

Lawyers sign declaration to:

“Withhold our services in respect of:

(i) supporting new fossil fuel projects;

(ii) action against climate protesters exercising their democratic right of peaceful protest.”

7. MOVE YOUR MONEY

Bank	Total emissions produced (in tonnes) per year per £1k in a current account
Revolut	0.300
Barclays	0.295
Standard Chartered	0.250
Wise	0.239
First Direct	0.225
HSBC	0.222
Moneybox	0.186
Santander	0.159
Natwest	0.121
The Royal Bank of Scotland	0.121
Coventry Building Society	0.107
Ecology	0.081
Lloyds	0.074
Halifax	0.074
The Co-Op	0.071
Nationwide	0.054
Starling	0.053
Monzo	0.042
Triodos	0.001

£1,000 in a current account with Barclays contributes more than a quarter of a ton of carbon to the atmosphere every year



<https://www.mymothertree.com/?refer=Goodwithmoney>

Which? reveals Britain's greenest banks

You're using less energy at home, cutting back on flights and recycling your rubbish, but is your bank letting you down on sustainability?

Updated: 5 Oct 2023

8. Don't try and do it all alone

Join action groups that appeal to you

- Wildlife Trusts
- Greenpeace
- Friends of the Earth
- MEDACT
- UKHACC
- Health for XR
- Psych Declares

