

# **Integrating the Spiritual Dimension in Psychiatric Evaluations**

Take home messages

# Talking Spirituality



- Give permission to talk about spirituality
- Be curious, sensitive, reflective
- Don't make assumptions
- Don't proselytise

# Areas to cover / formulation

	<b>Impact of Spirituality on Illness</b>	<b>Impact of Illness on Spirituality</b>
<b>Healthy</b>	How can the patient's spirituality support recovery and resilience?	Is the patient seeking to explore or address spiritual questions?
<b>Unhealthy</b>	Are there aspects of the patient's spirituality that may negatively impact their health?	Has the illness distorted or become confused with the patient's spirituality?

# Getting Involved

- Let us know if you'd be interested in teaching on spirituality in your local MRCPsych course [sigs@rcpsych.ac.uk](mailto:sigs@rcpsych.ac.uk)
- Please join Spirituality SIG WhatsApp group to keep up to date with events.
- Watch out for a new venture, 'safe spaces' to discuss cases and ask questions.

