

Integrating the Spiritual Dimension in Psychiatric Evaluations

Take home messages

Talking Spirituality



- Give permission to talk about spirituality
- Be curious, sensitive, reflective
- Don't make assumptions
- Don't proselytise

Areas to cover / formulation

Impact of Spirituality on Illness

Impact of Illness on Spirituality

Healthy

How can the patient's spirituality support recovery and resilience?

Is the patient seeking to explore or address spiritual questions?

Unhealthy

Are there aspects of the patient's spirituality that may negatively impact their health?

Has the illness distorted or become confused with the patient's spirituality?



Getting Involved



- Let us know if you'd be interested in teaching on spirituality in your local MRCPsych course sigs@rcpsych.ac.uk
- Please join Spirituality SIG WhatsApp group to keep up to date with events.
- Watch out for a new venture, 'safe spaces' to discuss cases and ask questions.

