

Module 5

Politics, Power, Persuasion and Partnership: Session 1 of 2, the Context

Thursday 4th December 10:50-16:30

Session overview:

Led by Charlotte Cummings, a facilitator who specialises in organisational and leadership development in the NHS, this engaging course brings the context of our health and care system to life, offering you a clear and 'jargon-free' look at how decisions are made and who's behind them.

You'll explore the evolution of our health and care system and its key players, to understand how their decisions shape the services we deliver every day. With real-world examples, and group discussions, you'll dive into the practical side of how policies impact your role, and the care patients receive. This session isn't just theory—it's about giving you the tools and insights to navigate the evolving NHS and actively contribute to improving services. This course is designed to make the politics and policies of the health and care accessible, relevant, and directly applicable to your role.

Objectives:

- Explore how the health and care system has evolved in England, and how national policy and system decisions influences local service delivery.
- Understand the interplay between policy, leadership, and patient care through real-world examples and discussion.
- Build the confidence and insight needed to navigate the NHS landscape and contribute meaningfully to improvement and innovation.

Alignment with FMLM Leadership Domains

1. Self – Self-awareness, reflection, and professional growth

- Reflect on how your role and behaviours contribute to system change and patient care.
- Develop self-awareness in navigating complexity and uncertainty within healthcare systems.
- Commit to ongoing personal and professional development as a healthcare leader.

2. Team – Collaborative and inclusive leadership

- Strengthen your ability to work effectively across multidisciplinary teams and professional boundaries.

3. Organisation – Strategic and cultural leadership

- Recognise how organisational strategy aligns with national priorities and system pressures.

4. System – Leadership across boundaries

- Understand the roles of key system organisations and their impact on care delivery.

- Develop system leadership capability to influence beyond your immediate team or organisation.

Leadership Learning Outcomes

By the end of this session, delegates will be able to:

- Explain how policy and system-level decisions shape frontline care.
- Identify opportunities to influence and implement change within and beyond their organisation.
- Demonstrate leadership behaviours that align with the FMLM Standards.
- Contribute confidently to discussions on health system structures and influences.

Agenda:

09:15-10:35 Action Learning Sets

10:35-10:50 Break

10:50 Welcome, objectives and introductions- what would you like to achieve from this session?

11:00 Top to Toe of the NHS:

- How does the NHS and Local Government “jigsaw” fit together?
- What does this mean both nationally and locally?

11:35 Break

11:45 What does the government's 10 Year Health Plan mean in practice?

12:20 Lunch

13:20 Checking in: opportunity for questions

13:30 How can we influence more effectively in a complex health and care system?

- What is the direction of travel and what might the future hold?
- Who are the key decision-makers?

14:30 Break

14:45 What challenges do we need to overcome?

- What does this mean for our services?
- How can we influence more effectively?

16:00 Closing reflections- what has been useful today and what are you taking away to do?

16:30 Close