

Your leadership: developing skills that inspire and change lives

You, your values, ambitions and skills and taking actions that achieve outcomes

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This interactive session

You & your past & present context, and your leadership journey

Sharing Learning from my leadership journey: successes, failures, tips from my 'leadership projects'

Developing your leadership style & potential : the many exciting leadership types you can choose

Questions

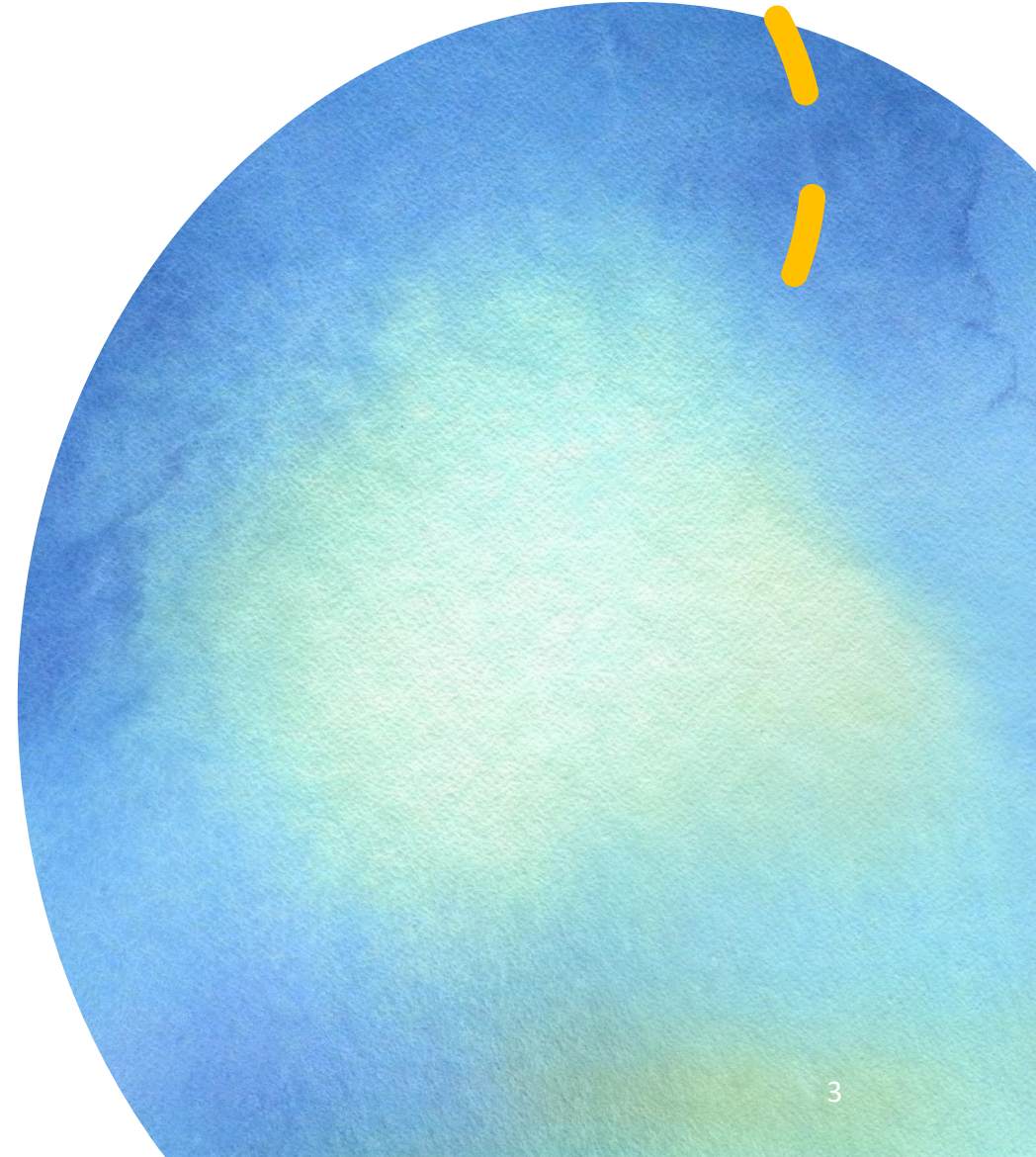
Personal qualities knowing yourself, your values

Who are you & what
context shaped you

What are your values

What really matters
to you & why

5 minutes thinking time



Building Resilience vital
for your leadership
journey

5 mins thinking time

Where / who do you get your energy from?

What 'feeds' your soul/ fires your passion

What are your own emotional regulation tools?

Who / what grounds you at work and at home?

In trouble who do you call/ talk to

Your leadership core values
and ambitions

your aims, current status,
plans and skills



What would a **mentally healthy life** look like for you,
your family, your teams, your local community where
you live & from which your patients come and return to

What would your '**excellent**' service look like'

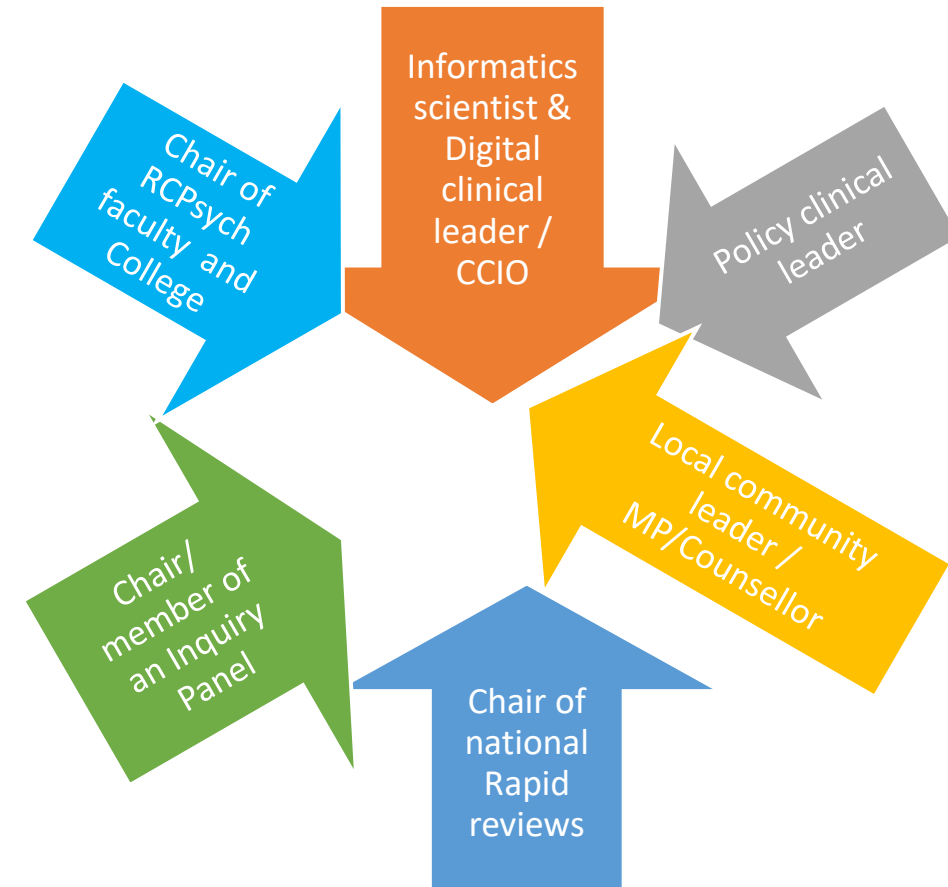
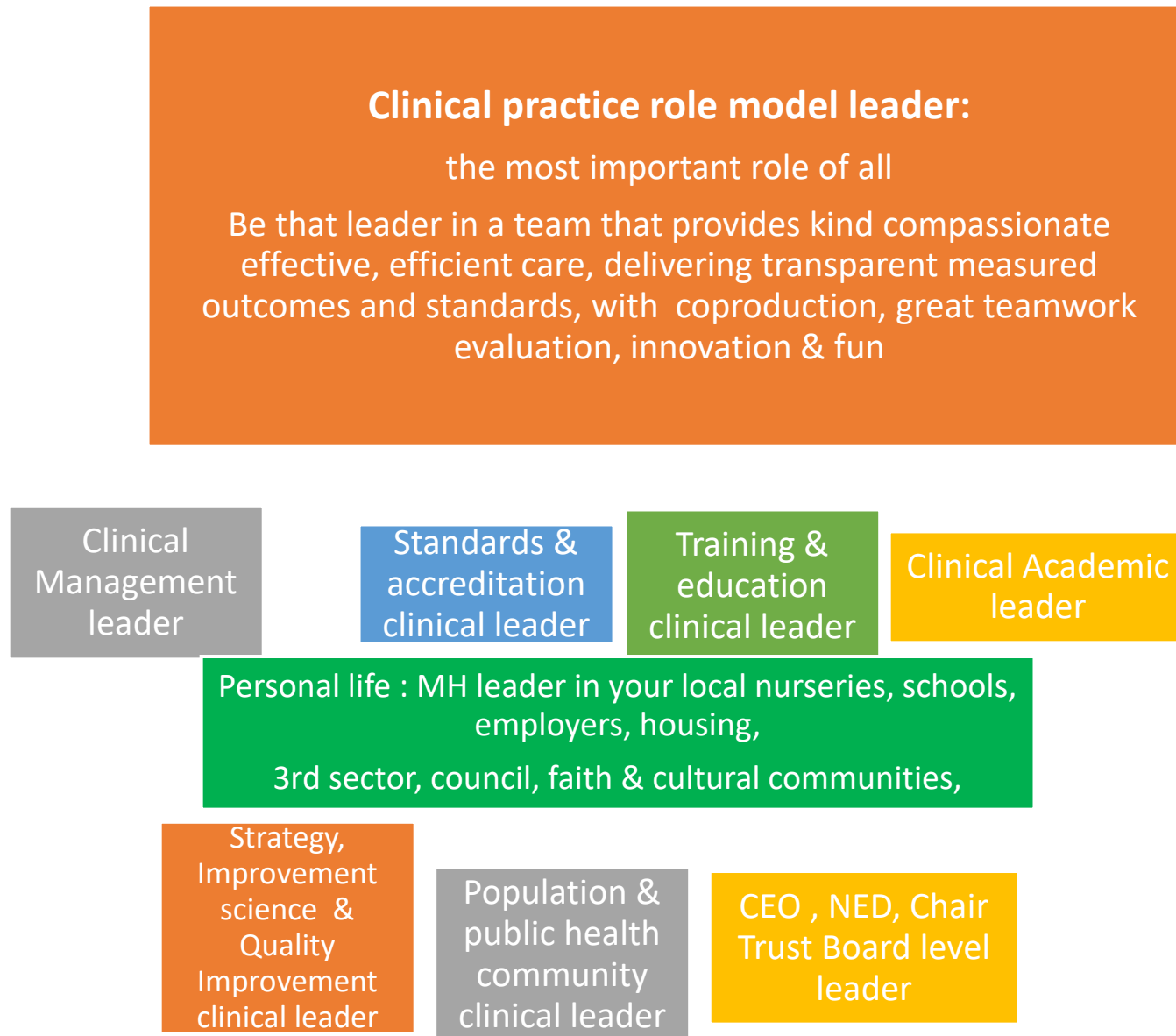
If your brother, sister, mother, son, daughter became
unwell, what would your vision of the service be?

Are you working in such a service now?

**What do you most want to change in your lifetime
marathon.....**

**What skills and qualities do you now have & want to
acquire to achieve the best outcomes for you, your
family , your services, healthcare, world peace.....**

**There are many worlds of leadership open to you : more are emerging
which inspire you most to help you shape your future & use all your talent, 'hardwiring' and acquire inspiring skills**



My leadership journey : opportunities to live my values and practical outcomes

Psychiatry training: research, international literature reviews, strategy analyses, Kings fund study tour, 'community immersion

LSE; Diploma development & lecturing / educating opportunities for all disciplines & agencies

Consultant psychiatrist: role with 'unusual opportunities' & 3 weeks later: Clinical Director and learning from the 'last 28' & USA study tour

Consultant psych: establishing 'proof of concept' Assertive' 25/7, 365 community services & evaluation

Clinical director: in lowest funded area with huge stigma, risk, and 'perverse practices' to national award winning NICE implementation

Trust Director of clinical services. Oxleas NHS, digital information revolution & school Governor & models of inclusion of all disciplines

London Strategic Health Authority: Medical Director for mental health & dementia, populations MH & networks, Visiting professor of Integrated care at UCL

National Clinical Director for mental health, NHS England

National Clinical Lead, National Mental Health Intelligence Network, Public Health England

National Professional Adviser at the Care Quality Commission,

Non-Executive Director at South London and Maudsley NHSFT, DHSC Non-Executive Director, Community Health Partnerships, national NHS estates

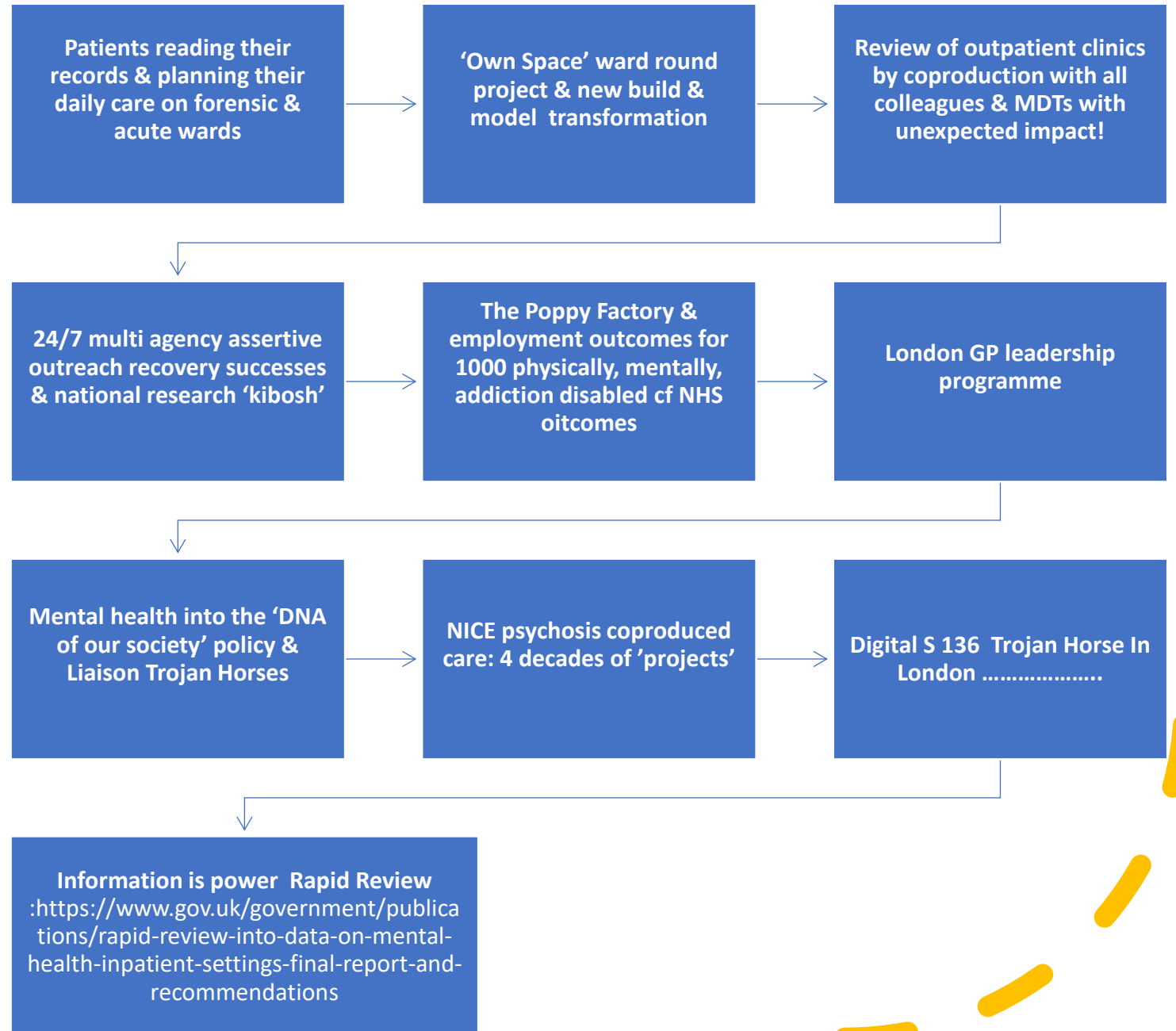
Vice Patron of the Poppy Factory 1000 into paid employment , Co-founder of the Zero Suicide Alliance access to information for MPs & population leaders, Clinical adviser Rethink

London emergency care services programme and Digital innovation

Independent Chair, Essex mental health Inquiry

Independent Chair, DHSC Rapid review into mental health information <https://www.gov.uk/government/publications/rapid-review-into-data-on-mental-health-inpatient-settings-final-report-and-recommendations/rapid-review-into-data-on-mental-health-inpatient-settings-final-report-and-recommendations>

My Learning from a few clinical, management, policy, regulation leadership roles & 'projects'





The world needs you!

You are the future to make a step change to the lives of patients, families
and your own lives and communities & this turbulent world

Information is power : get it and use it....

Good Luck