

# Your leadership: developing skills that inspire and change lives

You, your values, ambitions and skills and taking actions that achieve outcomes

Dr Geraldine Strathdee  
C B E. O.B.E. Hon FRCPsych

# This interactive session

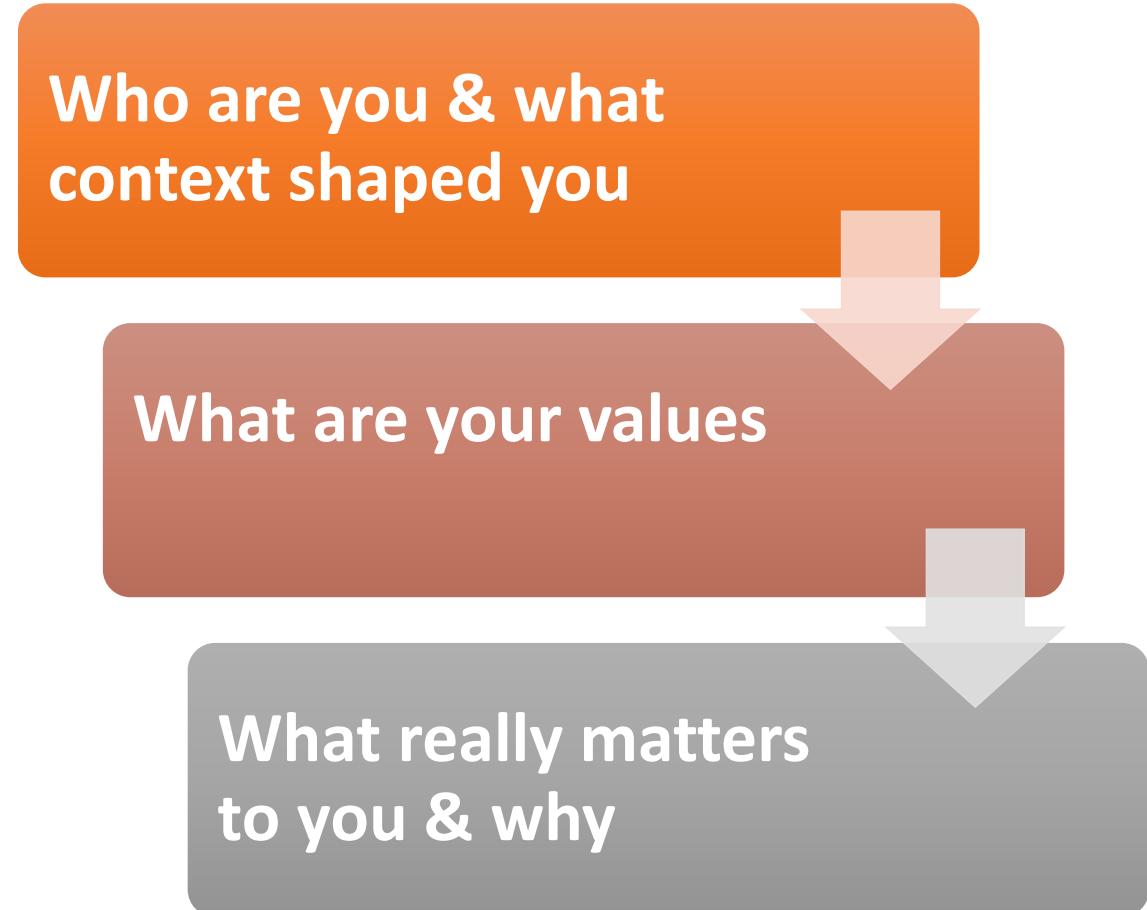
**You & your past & present context, and your leadership journey**

**Sharing Learning from my leadership journey: successes, failures, tips from my 'leadership projects'**

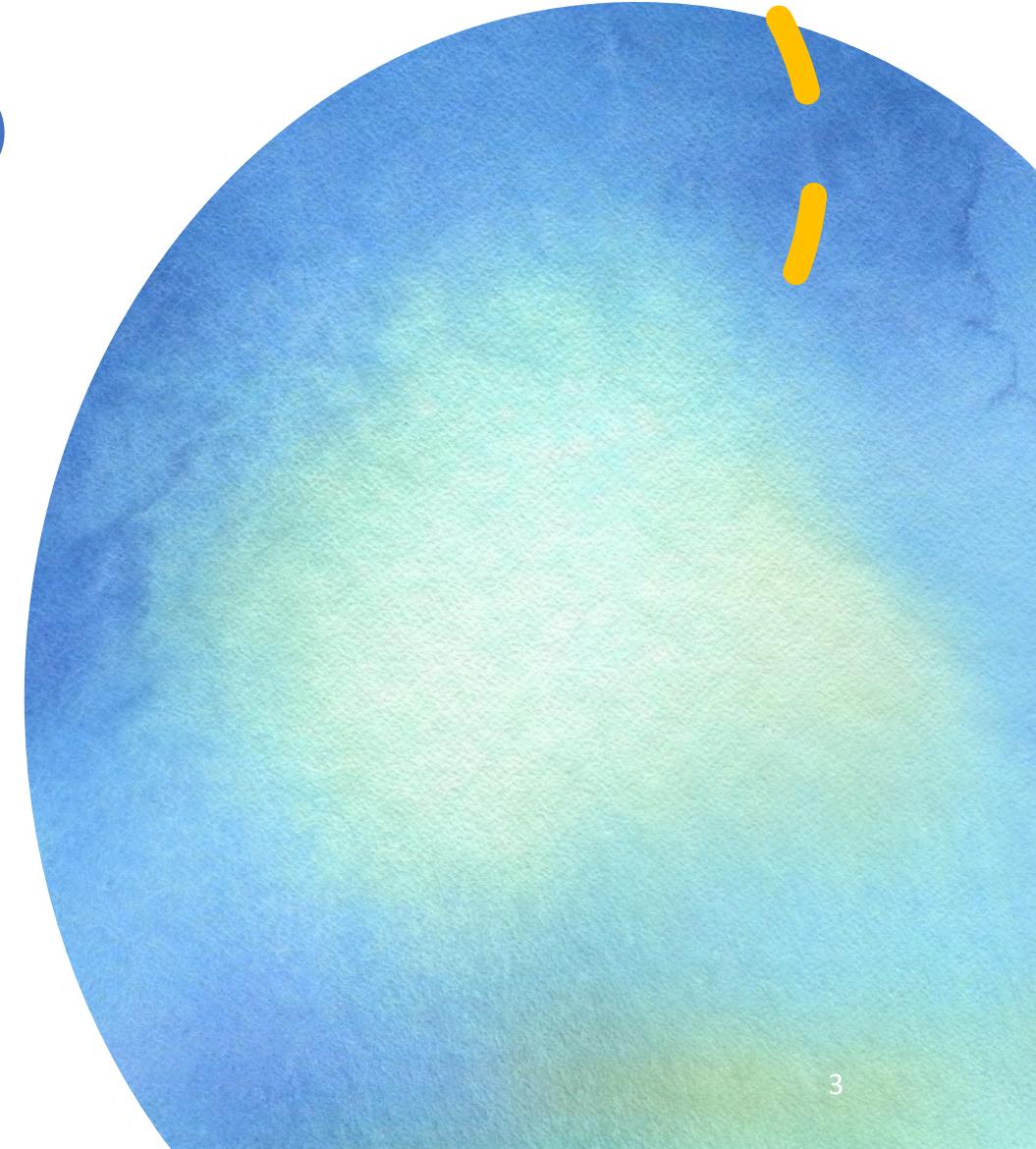
**Developing your leadership style & potential : the many exciting leadership types you can choose**

**Questions**

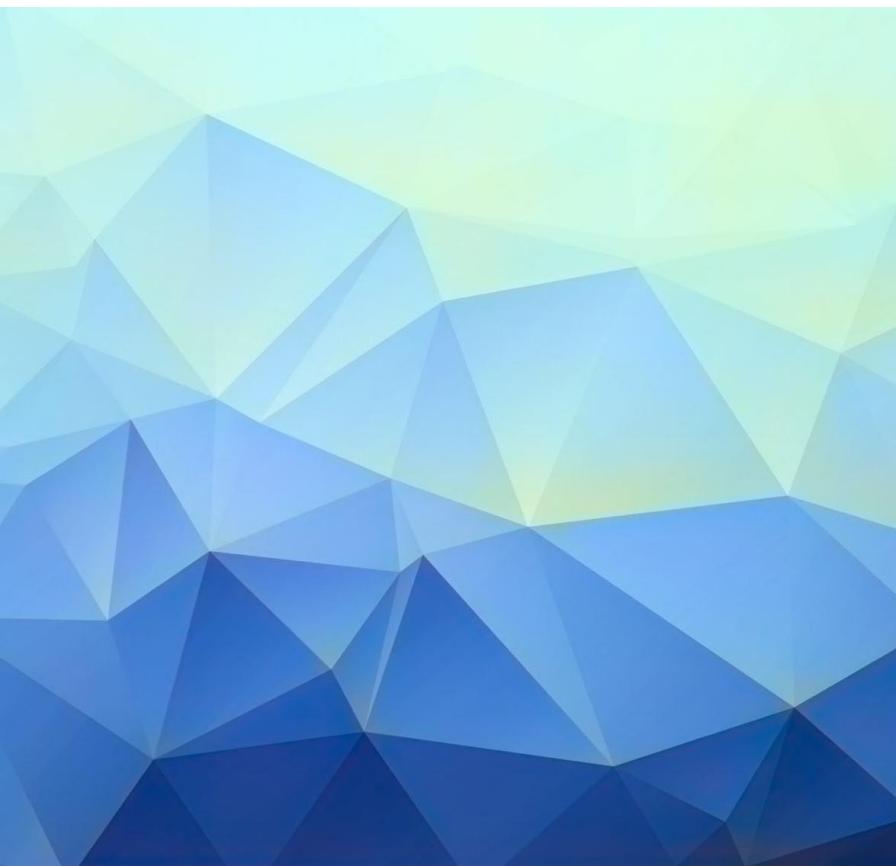
# Personal qualities knowing yourself, your values



5 minutes thinking time



Building Resilience vital  
for your leadership  
journey



5 mins thinking time

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**Where / who do you get your energy from?**

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**What 'feeds' your soul/ fires your passion**

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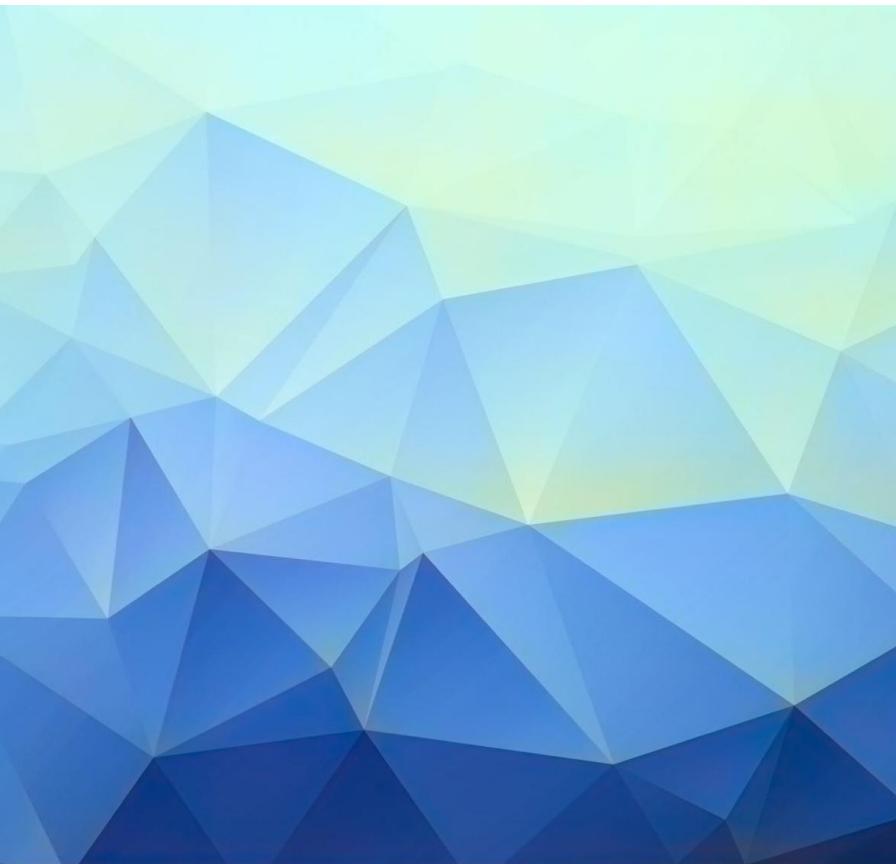
**What are your own emotional regulation tools?**

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**Who / what grounds you at work and at home?**

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**In trouble who do you call/ talk to**



Your leadership core values  
and ambitions

your aims, current status,  
plans and skills

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What would a **mentally healthy life** look like for you,  
your family, your teams, your local community where  
you live & from which your patients come and return to

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What would your '**excellent**' service look like'

If your brother, sister, mother, son, daughter became  
unwell, what would your vision of the service be?

Are you working in such a service now?

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**What do you most want to change in your lifetime  
marathon.....**

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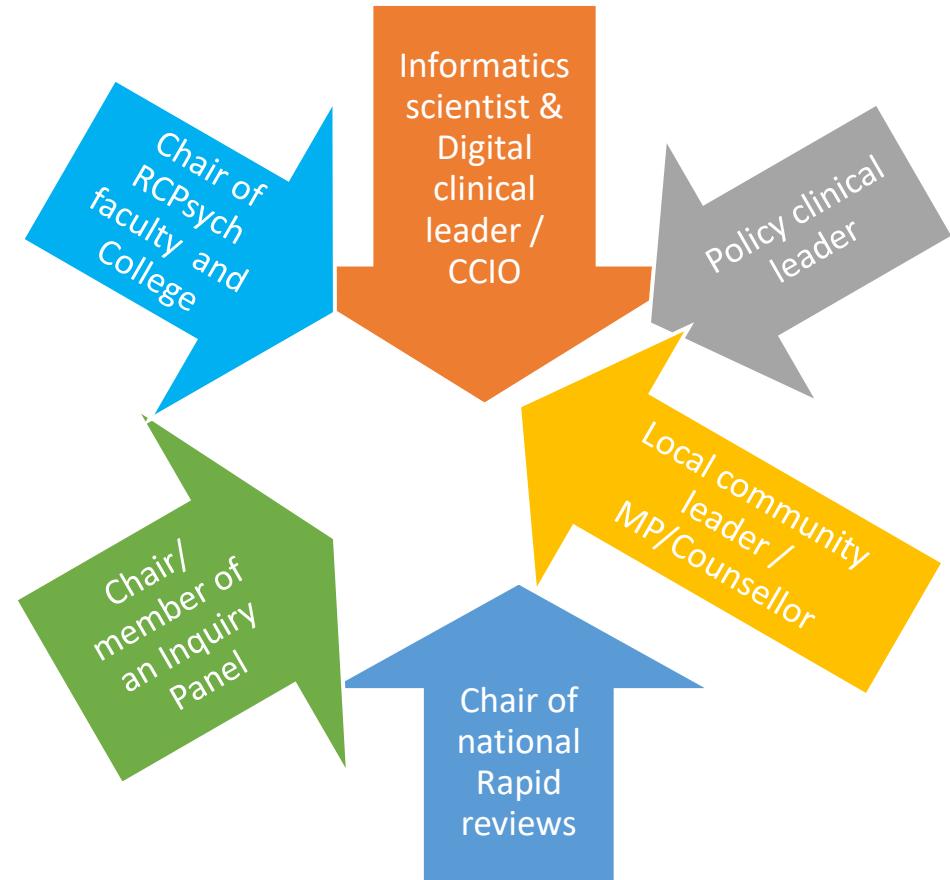
**What skills and qualities do you now have & want to  
acquire to achieve the best outcomes for you, your  
family , your services, healthcare, world peace.....**

**There are many worlds of leadership open to you : more are emerging .....  
which inspire you most to help you shape your future & use all your talent, 'hardwiring' and acquire inspiring skills**

### **Clinical practice role model leader:**

the most important role of all

Be that leader in a team that provides kind compassionate effective, efficient care, delivering transparent measured outcomes and standards, with coproduction, great teamwork evaluation, innovation & fun



# My leadership journey : opportunities to live my values and practical outcomes

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Psychiatry training: research, international literature reviews, strategy analyses, Kings fund study tour, 'community immersion'

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LSE; Diploma development & lecturing / educating opportunities for all disciplines & agencies

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Consultant psychiatrist: role with 'unusual opportunities' & 3 weeks later: Clinical Director and learning from the 'last 28' & USA study tour

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Consultant psych: establishing 'proof of concept' Assertive' 25/7, 365 community services & evaluation

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Clinical director: in lowest funded area with huge stigma, risk, and 'perverse practices' to national award winning NICE implementation

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Trust Director of clinical services. Oxleas NHS, digital information revolution & school Governor & models of inclusion of all disciplines

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London Strategic Health Authority: Medical Director for mental health & dementia, populations MH & networks, Visiting professor of Integrated care at UCL

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National Clinical Director for mental health, NHS England

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National Clinical Lead, National Mental Health Intelligence Network, Public Health England

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National Professional Adviser at the Care Quality Commission,

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Non-Executive Director at South London and Maudsley NHSFT, DHSC Non-Executive Director, Community Health Partnerships, national NHS estates

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Vice Patron of the Poppy Factory 1000 into paid employment, Co-founder of the Zero Suicide Alliance access to information for MPs & population leaders, Clinical adviser Rethink

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London emergency care services programme and Digital innovation

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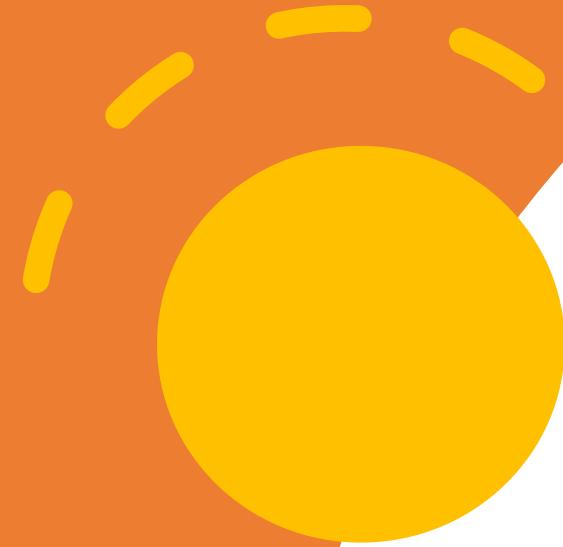
Independent Chair, Essex mental health Inquiry

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Independent Chair, DHSC Rapid review into mental health information <https://www.gov.uk/government/publications/rapid-review-into-data-on-mental-health-inpatient-settings-final-report-and-recommendations/rapid-review-into-data-on-mental-health-inpatient-settings-final-report-and-recommendations>

# My Learning from a few clinical, management, policy, regulation leadership roles & 'projects'





The world needs you!

You are the future to make a step change to the lives of patients, families and your own lives and communities & this turbulent world

Information is power : get it and use it....

Good Luck