

RCPsych Leadership and Management Fellow Scheme 2025/26

Module: 8 | Inclusive Leadership: leading effective teams
Date: 11 March 2026



9.15am	Online
9.15am-9.20am	Welcome Dr Marcin Ostrowski
9.20 – 10.35	Project session Dr Deepa Krishnan, Dr Mudasir Firdosi and Dr Shantala Satisha
10.35-10.50	Break
10.50-11.00	Introduction and learning objectives Dr Ananta Dave, Dr Gareth Thomas, Dr Marcin Ostrowski
11.00-12.30	Learning from leaders and panel discussion Speakers: Dr Nita Agarwal and Dr Radhi Gupta Facilitated by Dr Ananta Dave, Dr Gareth Thomas
12.30 – 13.30	Lunch
13.30 – 14.300	Leadership Theory Burst Dr Ananta Dave
14.30-14.40	Break
14.40-15.45	Inclusive Leadership & Skill Development Dr Gareth Thomas, Dr Manoj Rajagopal
15.45 – 15.50	Break

15.50-16.30	Closing reflections and review of learning objectives Dr Ananta Dave, Dr Gareth Thomas, Dr Marcin Ostrowski
16.30	End of Module

Pre-work and resources

We look forward to welcoming you to the next module on the Leadership & Management Fellowship Scheme on 11th March. This will be led by Ananta and Gareth and will be based on Inclusive Leadership: leading effective teams.

In preparation for the day, we would ask you to read these articles and take some time to consider the following questions:

- What is your understanding and idea of inclusive leadership?
- Can you give examples of where this worked well?
- What can you do to promote inclusive leadership?

[Inclusive leadership: how ready are we to learn](#) – Tracie Jolliff

[To the moon and back: Don Berwick on politics, leadership and learning from NASA](#) – A conversation with Prof Don Berwick, Head of Institute for Healthcare Improvement, USA

[How inclusive leadership paves way for psychological well-being of employees during trauma and crisis: A three-wave longitudinal mediation study](#) – Fawad Ahmed, Fuqiang Zhao, Naveed Ahmad Faraz, Yuan Jian Qin

[RCPsych Act Against Racism: how to effectively tackle racism in the workplace \(RCPsych Congress 2024\)](#)

This is also available for free on the following listening platforms:

Spotify:

[RCPsych Act Against Racism: tackling racism in the workplace \(RCPsych Congress 2024\) - CPD eLearning talks to... | Podcast on Spotify](#)

SoundCloud:

[Stream episode RCPsych Act Against Racism: tackling racism in the workplace \(RCPsych Congress 2024\) by CPD eLearning talks to... podcast | Listen online for free on SoundCloud](#)

Apple Podcasts:

[CPD eLearning talks to... Podcast Series – Apple Podcasts](#)

Listen to: *Thrive in Psychiatry* – Helping you to survive and thrive in your career
[Thrive in Psychiatry](#)

Watch/Listen: TEDx Talks:

- Dr Khurram Sadiq – *When Order And Anarchy Live Together* | [When Order And Anarchy Live Together | Khurram Sadiq | TEDxUNLV](#)
- Dr Amrita Sen Mukherjee – *Invisible Disability: Challenging bias to enable change* | [Invisible disability: Challenging bias to enable change | Dr Amrita Sen Mukherjee | TEDxWarrington](#)

Please consider how we could make people in these situations feel valued and included.

For us all to get the most out of the day, we would encourage you to take some time to complete the above.