

## **5 Order in the dissonance: a case study in music therapy with intellectual disability**

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This paper presents a case study in music therapy with an intellectual disability young woman who displays behavioural problems and histrionic laugh, which prevents a good way of interaction with peers and professionals who work with her in a day-care centre for people with disabilities. During music therapy sessions patient found a way to express her anger and order her thoughts around her family relationships, very complicated, gradually reducing histrionic laughter during musical interactions. Based on improvising songs about her life with the accompaniment to the music therapist's guitar, the treatment showed how the patient could sort her memories and experiences better with a chaotic accompaniment - without rhythm, structure or harmony - than with harmonic and structured music, resulting in better communication and social interaction. As conclusion this experience shows how music therapy helps people with intellectual disability to express themselves and guide their behavior.