

Re-audit of Psychotropic Medication Prescriptions in People with an Intellectual Disability

Exeter and East Devon Intellectual Disability services 2019

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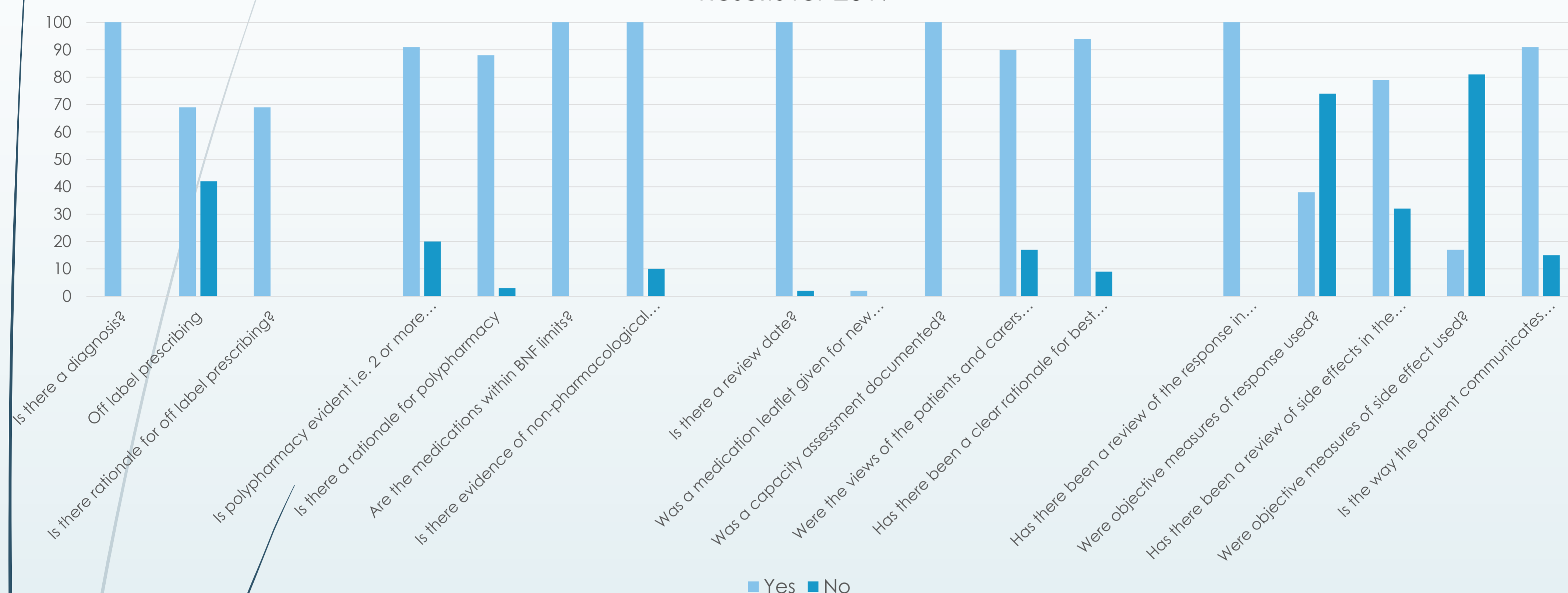
Aims:

To review our prescribing practice in line with STOMP using published practice guideline (FR/ID/09) from the Faculty of psychiatry of intellectual disability and compare findings with previous audit in 2018 to check if recommendations had helped us improve in the areas where standards were not met.

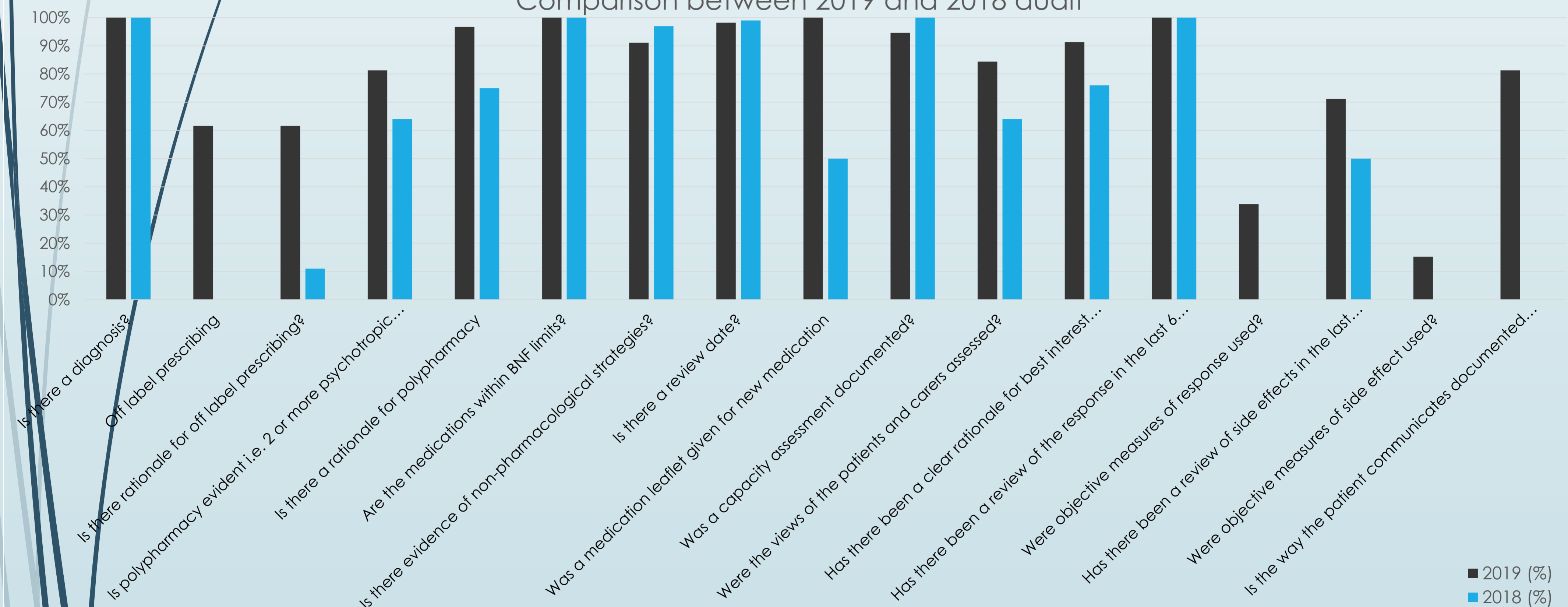
Method:

The same method in 2018 was applied to the audit in 2019. A retrospective audit was carried out in 112 individuals across two community teams over a period of 3 months. We used standard questions agreed at the last audit review (derived from FR09).

Results for 2019



Comparison between 2019 and 2018 audit



Conclusion:

The result showed that we are meeting 7 out of 12 standards fully which is an improvement from 2018, however we continue to aim for 12 out of 12 standards to be met fully. Some improvements can be seen from 2018 to 2019 however there are 2 areas which were lower in that we need to address. Two additional questions in the 2019 audit were added around communication and if the medication was prescribed off label which do not have comparisons in 2018.

Plan:

1. Induction training in Learning Disability outpatient review process
2. Current template letter to include a prompt for side effects and objective measures for improvements
3. Continue current practice and discuss audit within wider team.