

Mental Disorders in the Perinatal Period

3rd February 2023

Facilitators: Drs Lucinda Green and Liz McDonald

<p><u>Mental Disorders in the Perinatal Period</u></p> <p><u>3rd February 2023</u></p>		
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09.15–10.00	OCD and anxiety disorders in pregnancy and postnatally	Dr Lucinda Green
10.00-10.45	Small group discussion: Case examples of anxiety in the perinatal period	Drs Lucinda Green & Liz McDonald
10.45-11.00	<i>BREAK</i>	
11.00-11.45	Depression in the Perinatal period	Dr Lucinda Green
11.45-12.30	Small group discussion: Case examples of depression in the perinatal period	Drs Lucinda Green & Liz McDonald
12.30- 13.15	<i>LUNCH</i>	
13.15- 14.15	Schizophrenia – what does this diagnosis mean for women in the perinatal period?	Dr Liz McDonald
14.15-14.45	Small group discussion	Drs Liz McDonald & Lucinda Green
14.45-15.00	<i>BREAK</i>	
15.00-16.00	Post-partum psychosis and BPAD	Dr Liz McDonald
16.00-16.30	Q&A	Drs Liz McDonald & Lucinda Green

ILOs	<ol style="list-style-type: none"> 1. Understand the course of depression, OCD, schizophrenia, bipolar disorder and post-partum psychosis within the perinatal context and the importance of identifying women who have, or who are at risk of, severe mental disorders. 2. Understand women and families experience of mental disorders in the perinatal period. 3. Recognise and manage risk related to mental disorders in the perinatal period 	
Recommended reading:	<ol style="list-style-type: none"> 1. Challacombe, F. L., Bavetta, M., & De Giorgio, S. (2019). Intrusive thoughts in perinatal obsessive-compulsive disorder. <i>BMJ (Clinical research ed.)</i>, 367, l6574. 2. Dazzan P. (2021). Schizophrenia during pregnancy. <i>Current opinion in psychiatry</i>, 34(3), 238–244. 3. Forde R, Peters S, Wittkowski A. Recovery from postpartum psychosis: a systematic review and metasynthesis of women's and families' experiences [published online ahead of print, 2020 Feb 4]. <i>Arch Womens Ment Health</i>. 2020;10.1007/s00737-020-01025-z 4. Howard, L. M., & Khalifeh, H. (2020). Perinatal mental health: a review of progress and challenges. <i>World psychiatry : official journal of the World Psychiatric Association (WPA)</i>, 19(3), 313–327. 5. Perry, A., Gordon-Smith, K., Jones, L., & Jones, I. (2021). Phenomenology, Epidemiology and Aetiology of Postpartum Psychosis: A Review. <i>Brain sciences</i>, 11(1), 47. 6. Stewart, D. E., & Vigod, S. N. (2019). Postpartum Depression: Pathophysiology, Treatment, and Emerging Therapeutics. <i>Annual review of medicine</i>, 70, 183–196. 	