

Perinatal Psychiatry Masterclass Programme 2022-23: A HEE funded programme for new Consultants in Perinatal Psychiatry.

The application process is now open.

Applications will be received from the primary constituency (England) with provision made for applicants from the devolved nations and The Republic of Ireland, detailed below.

Health Education England has agreed to fund the Royal College of Psychiatrists to deliver a masterclass programme for *new* consultants in Perinatal Psychiatry. Consultants already working in Perinatal Psychiatry/PMH teams are also invited to attend. There are 25 places for consultants who are working in *NHSE perinatal mental health teams* and who have not been through a previous masterclass programme; the course is free to attend for these participants, as this initiative is being funded by HEE to contribute to the ongoing development of clinical expertise and provision within PMH services.

The programme is being adapted to provide an additional eight to ten places for consultants in Perinatal Psychiatry who work in the devolved nations (Scotland, Wales, Northern Ireland) and the Republic of Ireland. Each of these places will require funding either through personal study budgets or through relevant national training programmes, for the individual participants. Once applications have been received and applicants are deemed to meet the criteria for receiving a place, proof of funding approval will be required to reserve the place on the programme.

The course involves ten days of active participation. The course will be delivered remotely (Zoom) by experienced facilitators and speakers, supported by presentations, background reading, case discussions, and small group work. We have considerable experience in delivering training remotely, with positive feedback about the experience from participants.

The application process for the places is *now open*. Successful applicants will be expected to attend ALL of the classes. One of the aims of the programme is to develop relationships between participants within the group in order to support future liaison, networking and peer support.

Applications are invited from psychiatrists who have taken up consultant perinatal psychiatrist posts in the last one to two years or who are about to take up new consultant posts in perinatal psychiatry by 2023. Individuals who meet these criteria and who have not had formal training in perinatal psychiatry (e.g. one year at ST4-6) will be given priority as will individuals who will be working in areas of need (i.e. areas where new services are developing where there are no training opportunities available). However, all applications will be considered and responded to.

The applications should include the following:

- Curriculum vitae
- A personal statement setting out why the individual consultant psychiatrist should be offered a place
- Confirmation that the individual applying will attend all the classes

- Support from the employing Trust to release the consultant for the training
- The **reference code MCNC2023**

Below are the programme dates. We have tried our best to keep the dates outside of school holidays.

1. 13th September 2022
2. 6th October 2022
3. 10th November 2022
4. 21st November 2022
5. 6th December 2022
6. 9th January 2023
7. 31st January 2023
8. 21st February 2023
9. 20th March 2023
10. 30th March 2023

Each day will start at 9.15am and finish at 4.30pm.

The content of the masterclasses will include service development, prescribing, safeguarding, infant mental health, forensic and legal issues in the perinatal period, personality dysfunction, lived experience and psychological therapies.

Please send applications to **Perinataltraining2023@rcpsych.ac.uk**
The application deadline is **Thursday 21st July 2022**.

Applicants will be notified by **29th July 2022**

Please forward this email to all colleagues, perinatal mental health teams, and clinical networks who will know of psychiatrists eligible to apply. Please encourage colleagues who may benefit from this opportunity to make an application.

Please note that this opportunity is not for ST4-6 trainees or SAS psychiatrists. We can confirm that HEE will be funding us to deliver two five-day masterclass programmes for ST4- 6 trainees in 2022 (January and October). These courses will be advertised separately. Please see [our website](#) for further information.

yours sincerely,

Dr Liz McDonald
MPhil FRCPsych DU Joint Clinical Lead for Perinatal Psychiatry Training RCPsych

Dr Lucinda Green
MA MSc FRCPsych Joint Clinical Lead for Perinatal Psychiatry Training RCPsych

Ms Georgia King
Perinatal Training Co-ordinator, Perinataltraining2023@rcpsych.ac.uk