

Integrating and Team Dynamics

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Learning Objectives

Approaches to the mental health MDT

Opportunities for integration

Thoughts around MDT dynamics

Luke's approach to a new team

Fear of the unknown - can this be rationalised?

How can I make a good first impression?

Research – who is the leader? Team make-up? Roles

What are my expectations? Understand the teams expectations

Meet the clinical and team managers early in the placement

Develop a joint PDP and objectives with your supervisor

Seek regular feedback and look for opportunities

Ross' approach to a new team

Anxiety in approaching a new team

Thinking about how experience you

Acknowledging the joint uncertainty

Discussing about what stage of training

Meeting the manager early on

Setting out parameters with the supervisor

Find the team member who has joined most recently...

Team Dynamics

Supposition of a flat hierarchy in mental health in some teams

MDT discussion is often lengthy, involved and everyone has a role

Healthy tension between doctors and other members of the MDT

Possible pitfalls

Defining the role for yourself

How can this work for patient care, your job satisfaction and the team?

Debunking myths to the junior doctors

Dynamic between the SHOs and PAs

MDT not understanding your role...

What can you do? What should you do? What do you want to do?

...whilst team members not feeling challenged

'My role has been taken'

And not being dumped on!

Obvious opportunities

Good rapport building with supervisor

Clear delineation of role and responsibilities...

...which are then shared with the MDT

Encouraging junior doctors to deliver teaching and mentoring