Section 12 and AC Training Update for Trainers

Friday 6th September 2019

WiFi Code: RCPsych-WiFi
Password: RCP19@w1f1
AGENDA

Context and Aim

National Course Standards

Group Work 1: Elements of an excellent S12 and AC course

Group Work 2: Maximising Impact

Lunch will be served around 12:30
Shared principles (I)

**Listen with respect and openness**
We seek to value learning from different people and stay open to new ways of doing things.

**Confidentiality**
People may share something they wish to be kept confidential. We require everyone’s agreement not to share anyone’s information without their permission.
Shared principles (II)

**Collaborate**
We seek to make decisions by consensus. Everyone’s input is equally valued.

**Contribute**
We seek to share ideas, ask questions and contribute to discussions. We can also choose not participate at any stage.
Shared principles (III)

**Disagree with the point - not the person**
We seek to resolve conflicts and tensions.

**Use plain English**
We seek first to understand, then to be understood. If possible, avoid using jargon and explain acronyms if they must be used.
THANK YOU SO MUCH

We gained approval!
Our Values and Behaviours

At the RCPsych, we want to build a consistent culture that is positive, empowering and enabling for all of our staff and members. Please take the time to look at our new values and behaviours, and think about how you can play your part.

**Collaboration**
- Work together as One College – incorporating all members, employees, patients and carers.
- Work professionally and constructively with partner organisations.
- Engage all relevant audiences to achieve effective outcomes for the College.
- Work together with patients and carers as equal partners.
- Be transparent, wherever possible and appropriate.

**Learning**
- Learn from all experiences.
- Share our learning and empower others to do the same.
- Value and encourage personal feedback.
- Use feedback to make continuous improvements.
- Create an enabling environment where everyone is listened to, regardless of seniority.
- Positively embrace new ways of working.

**Excellence**
- Deliver outstanding service to members, patients, carers and other stakeholders.
- Promote excellent membership and employee experience.
- Always seek to improve on own performance.
- Promote professionalism by acting with integrity and behaving responsibly.
- Demonstrate accountability on all that we do.
- Uplift the College’s ‘Core Values for Psychiatrists’.

**Courage**
- Champion the specialty of psychiatry and its benefits to patients.
- Take every opportunity to promote and influence the mental health agenda.
- Take pride in our organisation and demonstrate self-belief.
- Promote parity of esteem.
- Uphold the dignity of those affected by mental illness, learning difficulties and developmental disorders.

**Innovation**
- Embrace innovation and improve ways to deliver services.
- Challenge ourselves and be open to new ideas.
- Seek out and lead on new ways of working.
- Have the confidence to take considered risks.
- Embrace the methodology of Quality Improvement to improve mental health services and the work of the College.

**Respect**
- Promote diversity and challenge inequalities.
- Behave respectfully – and with courtesy – towards everyone.
- Challenge bullying and inappropriate behaviour.
- Value everyone’s input and ideas equally.
- Consider how own behaviour might affect others.
- Respect the environment and promote sustainability.
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THANK YOU SO MUCH
Approval Criteria for S12 and AC Courses
What will we discuss?

- Panel Structure - What is the Panels’ role
- Legal Instructions/Statutory criteria S12 and AC Approval
- Eligibility Criteria for S12 and AC approval
- Documentation required for S12 and AC approval application
- S12 and AC renewal and possible conditions on renewal
S12 and AC Approval

- **S12 /AC Approval** is a statutory function held by the Secretary of State for Health

- DoH on behalf of the SoS for Health in 2014 awarded contracts to 4 **regional Panels** to undertake the approvals function (reduction from 7 regional panels pre- 2011)

- **London** – remained unchanged – (CNWL NHS Trust)

- **North** of England – North East, North West, Yorkshire & Humber (TEWV NHS Trust)

- **Midlands & East** - East & West Midlands, East of England (RDASH NHS Trust)

- **South of England** –(Winterhead Ltd - Independent Provider)

  **You must apply to the appropriate Panel for approval**
London Approvals Panel

- London Approval office is based at Northwick Park Hospital

- Chair – Dr Masum Khwaja
- Vice Chair – Dr Hagen Rampes
- Approvals Lead – Denista Wincey
- Administrators – Philip Thompson

- The Panel consists 30 members from various MH Trusts (at least 12 Trusts) and specialism in Psychiatry
Panels **must** follow the Secretary of State’s **Instructions** with regards to s12/AC Approvals in England (revised January 2016)

The instructions define the eligibility criteria for s12/AC Approval including professional requirements (as well as period of approval, suspension/end approval etc)

The **Instructions** apply in England and Wales but there are some differences

- **Sec 12(2)** approval transferable between England & Wales **but not** AC approval – **you must apply separately for AC in England and in Wales**

Scottland MHA is different from England
What do Panels do?

- **Grant S12/AC Approvals** appropriately on behalf of the Secretary of State

- Upload all approvals information for Sec 12(2), AC, and DoLS status on to the National Database (**NDB**)

- **Approve s12/AC training courses**

- **Ensure sufficient** s12/AC initial and refresher courses are available

- **Promote good practice** s12/AC practice regionally

- **Liaise with GMC** regarding complaints about s12/AC approved doctors – note Panels do not directly investigate complaints
London S12/AC Register
(Areas covered by the London Panel)
Types of Courses

- **AC Induction** - 2 days for initial applicants

- **Section 12(2) Induction** - 2 days for initial applicants

- **AC refresher - 1 day** - This cannot be part of the Induction and has to be run as a separate course

- **S12(2) refresher - 1 day** - This cannot be part of the Induction and has to be run as a separate course
Do we require an approval from the Panel before advertising courses?

- Yes, courses need to be approved by the Regional Approval Panels before advertising internally and externally.

- Approval panels also need to know the exact dates on which approved courses will be run.
The ideal is for medical input from a Consultant Psychiatrist, (who should be s12 approved as a minimum, for s12 courses,

and AC approved for AC courses),

and legal input from a solicitor or barrister.
Other requirements:

- The service user/patient and carer perspective is required and may be given in person, by way of a recording or included in the content delivered (least option).

- An AMHP perspective is required and could be given in person, by way of a recording or included in the content delivered (least option).
Maximum number of attendees

- **40** for refresher, and
- **30** for an introductory course
To ensure that when issuing certificates of attendance, that these accurately reflect:

a) Type of course which the candidate has attended;
b) Date and venue is clearly recorded;
c) Certificate is signed by an authorised course signatory.
Other requirements:

- Delegates are expected to attend the whole course.
- Course certificates should also be issued in a PDF format.
Feedback and Evaluation forms:

- Feedback forms to be provided to the Approving Panel after each course.

- Feedback summary reports provided to Approval Panels must include the total number of delegates that attended the course.

- All course providers are asked to use the standard evaluation form for quality monitoring purpose.
Content of course provider should include:

- a) A copy of the New revised Secretary of States Instructions (2016) for either 12(2) or AC approval.
- b) A copy of the regional contact list of Approval Panels.
I am retired and no longer AC approved but still have a valid S12 approval. Can I still speak on the AC course?

No, as you are now only S12 approved you can only deliver S12 course.
I am S12 approved in England. Can I speak on the S12 course in Wales?

- Yes, Sec 12(2) approval transferable between England & Wales **but not** AC approval – **you must apply separately for AC in England and in Wales**

- Scotland MHA is different from England
I am S12 approved in England. Can I speak on the AC course in England?

- No, you can only speak on the course that you are approved to.
Useful websites links

GOV UK:


RCPsych Website:

https://www.rcpsych.ac.uk/members/england/london/london-division-training-and-events/section-12-ac-approvals

- Instruction for S12 Approvals
- Instruction for AC Approvals
- Guidance for Doctors seeking AC status via the Portfolio route
- Approved Clinician Initial Courses
- Approved Clinician Application Form
- Regional Contact List for Approvals
Any questions

Contact your regional office for further information

- South of England: Email: office@winterhead.co.uk
  Tel: 01249 472393

- London (cover areas within M25): Email: s12acadmin@cnwl@nhs.net
  Tel: 0208 869 3515

- Midland and East of England: Email: rdash.mha.approvals@nhs.net
  Tel: 01302 798154 / 798177

- North of England Approvals Panel: Email: tewv.neap@nhs.net
  Tel: 01325 552388/552387
Section 12 /AC training
National standards
Introduction

- Just to recap
- Who are they?
- What do they do?
- How
  - Train
  - Support
  - Develop
What do Section 12 doctors do?

Clinically recognisable conditions - diagnosis

‘Mental Disorder’ under the Act

Statutory criteria

Exclusions
Qualifications

‘Nature or degree’
Risks (any of the 3)
  - health
  - own safety
  - protection of others

Treatment available, necessary
Cannot be provided informally

Aim of ‘Treatment’
  - alleviate or prevent worsening of the disorder or symptoms

CoP guiding principles
Roles

▪ Section 12 Approved Doctor
Need AC approval to take on RC role

A Section 12 doctor can use approval for the following:-

1. Giving medical recommendations for the compulsory admission of mentally disordered persons to hospital or guardianship.

2. Giving medical evidence to be taken into account by a court before ordering admission of a patient to hospital or guardianship.

3. Giving reports to be considered by the Home Secretary for directing the transfers to hospital or guardianship of prisoners and certain other persons.

These Powers can be used in England and Wales

▪ Approved Clinician
Can take on ‘ResponsibleClinician’ role
Training and Approval

- Mental Health Act
- Secretary of State Instructions
- Approval Panels
- National Standards
Section 12

- Section 12 Initial Application
- Different routes/criteria
  - Psychiatrists (with MRCPsych)
  - Psychiatrists
  - GPs
  - FMEs

- CPD
- Appraisal

- Renewal – 5 years
- CPD
Approved Clinicians (AC)

- AC Approval
- AC role is different
- Can be medical/non medical
- Different routes
Courses

1. Two Day AC Induction Course
2. One Day AC Refresher Course
3. Two Day Section 12 Induction Course
4. One day Section 12 Refresher Course
Course Content

- Prescribed content
- Prescribed faculty

- Learning Objectives
- How different for 4 types of courses
Common problems

- What delegates value
- Suggested improvements
- Recent Editorial in BJPsych Bulletin

**EDITORIAL**

Section 12 approval: fit for purpose?

David Rigby, Lynsey McAlpine

**Summary**

In light of the increasing numbers of detentions of mentally unwell patients in the UK and the recent review of the Mental Health Act, this editorial seeks to analyse the process of Section 12 approval of doctors from a medical educational perspective. We compare the approval mechanisms with assessments in other specialties and suggest evidence-based improvements. We believe that a rethinking of the Royal College of Psychiatrists’ learning objectives for Section 12 approval and the introduction of a summative assessment would improve the knowledge and skills of clinicians performing an important and scrutinised role within our society.

**Declaration of interest**

None.

**Keywords**

Section 12; mental health act; medical education.
Our Programme

Please discuss further during group work

Copies of S12/AC programme available for reference
## Our Programme

### Section 12 Induction Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
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<tbody>
<tr>
<td>9:00</td>
<td>Coffee and registrations</td>
</tr>
<tr>
<td>9:30</td>
<td><strong>Session 1: The Basics</strong>&lt;br&gt;<em>(insert speaker name)</em>&lt;br&gt; - Overview of Act&lt;br&gt; - Guiding principles&lt;br&gt; - Structure of the Act&lt;br&gt; - Definitions</td>
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<td>11:00</td>
<td><strong>Session 2: Role of a Section 12 approved doctor</strong>&lt;br&gt;(group discussion)&lt;br&gt;<em>(insert speaker name)</em>&lt;br&gt; - Other professionals involved&lt;br&gt; - Key roles under the Act</td>
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<tr>
<td>12:30</td>
<td>Lunch</td>
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<td>13:30</td>
<td><strong>Session 3: MHA in action</strong>&lt;br&gt;<em>(insert speaker name)</em>&lt;br&gt; - MHA Assessment process&lt;br&gt; - Section 2&lt;br&gt; - Section 3&lt;br&gt; - Emergency powers</td>
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<td>15:15</td>
<td>Coffee</td>
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<td>15:30</td>
<td><strong>Session 4: Protecting patients' rights and autonomy</strong>&lt;br&gt;(workshop with patient/carer involvement)&lt;br&gt;<em>(insert speaker name)</em>&lt;br&gt; - Experience of patients and carers [what is a good MHA assessment process and what is not so good]</td>
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<td>16:30</td>
<td><strong>Session 5: Plenary</strong>&lt;br&gt; - Quiz&lt;br&gt; - Q&amp;A</td>
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