How to prepare for ARCPs in light of COVID-19

Royal College of Psychiatrists Decision Aid – Annual Review of Competency Progression (ARCP) for 2020

Acknowledgements

RCPsych ARCP Working Group

Dr Kate Lovett – Dean, RCPsych
Dr Chris O’Loughlin – Head of School of Psychiatry, HEE East of England
Dr Vivienne Curtis – Head of School of Psychiatry, HEE London
Dr Adrian Lloyd – Head of School of Psychiatry, HEE North East
Dr Seamus McNulty – Chair Specialty Training Board, NHS Education Scotland
Dr Ross Runciman – Chair Psychiatric Trainees Committee, RCPsych
Kathryn Squire – Training Manager, RCPsych

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Dr John Russell – Associate Dean for Curricula, RCPsych
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Pauline Whitelaw – Curricula & Quality Assurance Manager, RCPsych
Liz Boxall – CESR & Training Coordinator, RCPsych
How to prepare for ARCPs in light of COVID-19

WPBAs (pending GMC approval)
- Potential:
  - Reduction in number of WPBAs
  - Flexibility within WPBAs
  - DONCS can be used in CT where appropriate

Supervisor Reports
- Minimum requirement – 2 x PSR, 1x ESR
- Pre-fill PSR form
- Section 4 on PSR:
  - “Do you wish to comment on the effect COVID-19 may have had on trainee performance and/or ability to meet competencies”
  - “Do you wish to comment on the effect COVID-19 may have had on your ability to assess the trainee”
- ESR has the same Section 4

Outcomes
- It is expected that most trainees will receive standard ARCP outcomes
- GG8 has a new outcome in light of COVID-19:
  - Outcome 10.1 and 10.2 (plus C&N codes)
- See Conference of Postgraduate Medical Deans (COPMeD) guidance

Reflective practice
- No changes to previous recommendations
- In England, HEE are also proposing a self-declaration form in addition to the standard Form-R
- However, an optional RCPsych COVID-19 reflective report is going to be available in the portfolio (see appendix b, and see below)
<table>
<thead>
<tr>
<th>Area of skill</th>
<th>How has working within the COVID-19 pandemic enhanced your competencies in the key areas below?</th>
<th>What competencies do you feel you have struggled to develop as a direct result of the COVID-19 pandemic?</th>
<th>Areas you wish to highlight for development in the Psychiatric Supervisors Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Relationships &amp; Standards</td>
<td>ILOs: 1, 3, 4, 5, 6, 7, 8, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19</td>
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<tr>
<td>Communication</td>
<td>ILOs: 1, 2, 3, 4, 5, 6, 7, 13, 16, 19</td>
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<tr>
<td>Clinical Knowledge &amp; Skills</td>
<td>ILOs: 1, 2, 3, 5, 7, 13, 16, 19</td>
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<tr>
<td>Managing Complexity &amp; Uncertainty</td>
<td>ILOs: 1, 2, 3, 4, 11, 16, 19</td>
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<tr>
<td>Knowledge of legal and organisational frameworks</td>
<td>ILOs: 3, 4, 7, 14, 16, 19</td>
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<tr>
<td>Health promotion and illness prevention</td>
<td>ILOs: 3, 7, 18, 19</td>
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<tr>
<td>Teamworking</td>
<td>ILOs: 1, 3, 4, 7, 14, 15, 16, 18, 19</td>
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<tr>
<td>Leadership</td>
<td>ILOs: 1, 3, 4, 7, 14, 15, 16, 18, 19</td>
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<tr>
<td>Patient Safety</td>
<td>ILOs: 4, 9</td>
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## COVID-19 Reflective Report

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<tr>
<td>Quality Improvement ILOs: 10</td>
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<tr>
<td>Safeguarding Vulnerable Groups ILOs: 1, 3, 4, 7, 19</td>
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<td>Education &amp; Training ILOs: 9, 17, 19</td>
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<tr>
<td>Conducting Research &amp; Critical Appraisal ILOs: 8, 9, 10</td>
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</tbody>
</table>

**Additional Comments:**