

The Medicalisation of Sadness as Depression

The Transformation of Spiritual Distress into Mental Disorder

5 April 2019

Royal College of Psychiatrists, London



09:30 – 09:55 <i>Rm 1.1</i>	Registration and refreshments
10:00 – 10:05 <i>Rm 1.7</i>	Welcome and Introductory Comments Dr Ali Gray <i>Chair of SPSIG</i>
Morning Session Chair: Dr Gloria Dura-Vila	
10:05 – 10:50 <i>Rm 1.7</i>	The Medicalization of Grief: The Transformation of Spiritual Distress into Mental Disorder Professor Allan Horwitz - introduced by Dr Gloria Dura-Vila
10:50 – 11:00	Questions
11:00 – 11:20 <i>Rm 1.7</i>	The Dark Night of the Soul. Transcending the Medicalisation of Sadness Dr Gloria Dura-Vila – introduced by Dr Nick Hallett
11:20 – 11:25	Questions
11:25 – 11:45 <i>Rm 1.1</i>	Refreshments
11:50– 12:30 <i>Rm 1.7</i>	21st century epidemic or moral panic? - Social, psychological and spiritual dimensions of loneliness Professor Gerard Leavey - introduced by Dr Gloria Dura-Vila
12:30 – 12:40	Questions
12:40 – 13:25 <i>Rm 1.1</i>	Lunch
Afternoon Session Chair: Dr Nick Hallett	
13:30 – 13:55 <i>Rm 1.7</i>	Judaism and Depression Professor Simon Dein – introduced by Dr Nick Hallett
13:55 – 14:00	Questions
Choice of 3 Concurrent Workshops	
14:05 – 15:00	Workshop 1 – Vedic psychology: the spectrum of distress Dr Chetna Kang <i>Rm 1.2-3</i>

	<p>Workshop 2 – Expressing and managing sadness in Muslim communities Dr Hashim Reza <i>Rm 1.4</i></p>
	<p>Workshop 3 - What's Normal?: Psychiatry's Unanswered Question Professor Allan Horwitz <i>Rm 1.7</i></p>
<p>15:00 – 15:25 <i>Rm 1.1</i></p>	<p>Refreshments</p>
<p>15:30 – 16:15 <i>Rm 1.7</i></p>	<p>Plenary discussion with speakers: How might what we have learned during the day can be translated into our clinical practice? Chair: Dr Nick Hallett</p>
<p>16:15 – 16:30 <i>Rm 1.7</i></p>	<p>Closing remarks Dr Ali Gray, Chair SPSIG</p>