

FACTS AND FIGURES

PARENTAL



Our Time

MENTAL ILLNESS

The impact & the effect of prevention

**IN EXCESS OF
2.9 MILLION
CHILDREN***

**This is the number affected by
parental mental illness**

It is estimated that in excess of 2.9 million children (Children's Commissioner for England report, 2019) and young people in the UK live with a parent with a mental health issue.

**6 CHILDREN IN
AN AVERAGE
CLASSROOM**

**This is the average number in school
affected by parental mental illness**

This equates to 20% of a school population who have a parent with mental health problems.

**20% OF CHILDREN
IN THE UK
SIGNIFICANTLY
IMPACTED**

This is not a small problem

Research indicates that children living with a parent with a mental illness will themselves experience some degree of mental ill health unless they get support early. There is currently no public policy to recognise and support them.

**£17 BILLION
PER YEAR**

The cost of non-intervention

The total cost of late intervention is estimated at £17 billion per year*.

**AS LITTLE
AS £2,000 PER
FAMILY
PER YEAR**

**This is the annual cost of our
monthly KidsTime Workshop**

Our workshops address the needs of the family as a whole, are relatively inexpensive and offer a preventative solution.

*For figures sources visit:

<https://ourtime.org.uk/media-centre/facts-and-figures/>