

NAED Art Competition 2026

Terms and Conditions

Submission Requirements

1. The participant must have lived experience of an eating disorder or caring for someone with one to enter the competition.
2. Artwork can be created from any choice of media (e.g. paint, pencil, digital, photo).
3. Entry into the competition is free, but all materials must be provided by the participant.
4. Only one piece of artwork per participant will be accepted.
5. The competition is open to all age groups, but entries from participants under the age of 16 require the consent of a parent/carer.
6. Artwork must be no bigger than A4 sized, submitted in colour (unless monochrome), with a completed [entry form](#), to be accepted as an entry.
7. Entries must be sent to the NAED team either via:
 - a. **Email** as attachments to naed@rcpsych.ac.uk
 - b. **Post** to: NAED, Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB
8. All artwork submitted for the competition will be reviewed by a panel of judges from the National Audit of Eating Disorders Implementation Group and Service User and Carer Advisory Group. The winners will be decided by this panel who will be looking for originality, aesthetic appeal and relevance to the theme of lived experiences of an eating disorder or caring from someone with one.
9. The decision of the judging panel is final and binding on all entrants. No correspondence to query the decision will be entered into.

Image quality

10. If the artwork is emailed to us as a scanned image or photo, it must be clear, of good quality, with accurate colours, free of shadows and light reflection.



Prize

11. Two winners will be chosen from the entries received to the Art Competition. The first prize winner will receive a gift voucher with a value of £150 and have their artwork displayed on the cover of the National Audit of Eating Disorders' Staffing Report. The second prize winner will receive a gift voucher with a value of £50.
12. Any gift vouchers awarded may represent taxable income. The RCPsych offers no advice to recipients on tax arrangements.
13. No cash alternative to the prize is available and the prize is non-transferable.

Deadline

14. The closing date of the NAED Art Competition is **Sunday 7 June 2026, 23.59**. Entries will be accepted up to and including this point.
15. The panel will endeavour to confirm and notify the winners by **Friday 3 July 2026**.

Consent and copyright

16. By entering the NAED Art Competition, all entrants consent to NAED to use of their full entered artwork, and sections of it, free of charge, in any future publications, including print, digital, and social media. Unless an entrant opts-in to stay anonymous (in the entry form), entrants also consent to being publicly acknowledged by first and last name as provided in the entry form.
17. All artwork must be the original idea of the entrant and not infringe on anyone else's copyright.
18. Copyright will be maintained by the entrant.
19. Please do not send artwork with recognisable faces in them; for confidentiality reasons, we will not be able to accept these entries into the competition.
20. If a parent/carer's signature, name and contact details are included on the entry form, the NAED and RCPsych will consider this as parental consent for a child or young person's entry.
21. All artwork and details provided on entry forms will be held by the NAED on RCPsych servers. If you wish to withdraw your consent, entry and details at any point, please contact naed@rcpsych.ac.uk.

Receipt of artwork

22. The NAED and RCPsych are not responsible for any entries that are late, lost or delayed.

23. If you would like your artwork to be returned, please include a self-addressed envelope of suitable size.