

National Audit of Eating Disorders (NAED)

Audit Summary

Who we are

The National Audit of Eating Disorders (NAED) is a new audit commissioned by the Healthcare Quality Improvement Partnerships as part of the National Clinical Audit and Patient Outcomes Programme on behalf of NHS England.

Through collecting, analysing and reporting data on eating disorders access and treatment, **NAED seeks to improve the quality and consistency of eating disorder services for all ages in England.**



Who we work with



We work with range of people to ensure that there is relevant expertise guiding the audit. Clinical leadership includes professional bodies, charities and other disciplines involved in providing care and support for people with an eating disorder. This includes organisations such as the British Psychological Society and the Royal College of Nursing.

We are excited to be partnering with BEAT who will coordinate and facilitate our **Service User and Carer Advisory Group**, which includes individuals with lived experience.

Audit content

The audit will run from August 2024 to July 2027. **Services will be invited to register for the audit from November 2024.**

In the first 2 years, we will map eating disorder services to understand provision and pathways of care. This will require services to complete organisational surveys. **View the service mapping timeline [here](#).**

In years 2 and 3, we will **collect, link and analyse national scale data on specific performance metrics** to report on access and treatment at national, regional, and local levels. Services will be able to view their benchmarked performance via an online dashboard. More information regarding data collection will be provided in the future.



Our quality improvement offer



Services will receive quality improvement (QI) **support from our NAED QI Expert and Coach, with help in project design and QI methods through resources, online training workshops and webinars.** Shared learning workshops will also allow services to share experiences and learning from their own quality improvement initiatives.